

PINE LAKE

W.I.

HISTORY

BOOK IV

2000 – Dec.31,2007

PROPERTY OF
**Marion
Brown**

Summary of History Books

PINE LAKE WOMEN'S INSTITUTES

Book I	1956 -- 1975
Book II	1976 -- 1989
Book III	1990 -- 1999
Book IV	2000 -- Dec. 2007

2000 EVENTS AND ACTIVITIES

OFFICERS — President---Kathleen Lawrence	No. of Meetings	10
Vice-President—Marion Brown	No. of Members	14
Secretary—Lillie Clutton	Ave. Attendance	9.9
Treasurer—Irma Lawrence	No. Perfect Att.	5
Directors—Isabelle Beck	Ave. No. Visitors	.6
Sandra Pierce	NEW MEMBERS:	
Marilyn Wattenbarger	Faye (Tom) Nicholson	
Sunshine—Lillie Clutton		
Log Book—Lillie Clutton		
Historian—Marion Brown		

Educational Conveners – Branch Level

Agricultural and Canadian Industries	Marion Brown
Citizenship and Legislation	Vanessa Elliott
Education and Cultural Activities	Marilyn Wattenbarger
Environment and Conservation	Isabelle Beck
Handicraft	Doris Warke
Health	Ella Sawyer
Home Economics	Irma Lawrence
International Affairs	Sandra Pierce
Social Services	Lillie Clutton
Publicity	Lillie Clutton

Educational Conveners – Constituency Level

Constituency Convener	Marilyn Wattenbarger
Handicraft Committee	Doris Warke
Publicity	Kathleen Lawrence

Educational Conveners – Provincial Level

Education and Cultural Activities	Doris Warke
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Educational Conveners – National Level

Legislation and Citizenship	Marion Brown
Executive Director for Alberta	Marion Brown

THEME: CULTURE OF PEACE / TOWARDS A SOCIETY FOR ALL AGES

SPEAKERS and their TOPICS:

Marilyn Wattenbarger – 25 Reeves Cres. Red Deer – Constituency Convener Red Deer Centre Women's Institutes. "Between Dreams", encouraging all members to see a purpose and work toward a common goal.

Marion Brown -- Encourage the reinstating of front licence plates on vehicles, Red Deer Safety City, and Farming in Canada vs Europe

Ken Irmantrout – Central Alberta Waste Management CEO – Blue Boxes and more

WOMEN'S INSTITUTE



PINE LAKE WOMEN'S INSTITUTE

The ladies have been very busy during the first quarter of the year 2000.

We have changed the program to have only two educational convenor reports at each meeting so that there can be a more comprehensive report on different subjects.

The Heart Fund Card Party held at the Pine Lake Hub Centre on February 26 obtained donations totaling \$330 for the Heart & Stroke Association. Everyone enjoyed playing cards and fellowship afterwards over coffee and lunch.

Three members attended the District III workshop held at Ponoka on March 9, 2000, in the Legion Hall. The second portion of the FWIC Literacy program was introduced. Each branch is encouraged to find a way to help those in their own community who have problems with the written word in this technical world we live in. Members learned the responsibilities and duties for branch, district and provincial levels of WI. Entertainment was the Bell Ringers from Ponoka.

Our February meeting

started with a potluck supper. As usual, our members supplied various dishes for a delightful meal. The Constituency Convenor, Marilyn Wattenbarger, was the special guest for the evening. She spoke on "Between Dreams" as presented to the AWI conference at Olds last June. WI has got to find the glue in our global telecommunication world to bind our branches together. We have to find a purpose for WI to continue to exist. Our former members left us with a wonderful legacy; we must continue to grow and flourish or perish.



Doris Warke instructs quilted cushion top course
Back Row L-R: Doreen Vincent, Eileen Lawrence, Doris Warke, Marion Brown
Front Row: Linda Holt, Teresa Greening, Carol Clutton
Missing from photo Kathleen Lawrence

Marion Brown is involved with the Safety City being constructed near 30th Avenue and 55th Street in Red Deer. There is to be a farm safety component in this mini city. This will consist of a hip roof barn style building in which all aspects of operating a farm safely will be taught. We sincerely hope that this will be a benefit to both the urban and rural population.

There was a discussion on the Trans Canada Trails and the implications on our rural property owners. There has to be extensive discussion between government, landowner and the perceived public access to these trails regarding the public usage of it and liabilities that may be incurred by the landowner. At present, it seems the landowner is being held responsible for the construction, maintenance, policing and liabilities of these trails through their properties.

The successful Garden Club will be repeated this year. For children, this is a great way to learn about gardening - planting, hoeing and reaping the rewards of flowers and produce. Please contact Kathleen Lawrence (886-4815) if you have any children who may be interested in this.

The Pine Lake WI will again be canvassing for Cancer this year.



On March 1, Doris presented a quilted cushion top course to members of WI and ladies of the community. There were seven ladies in attendance and everyone learned lots and appreciated Doris's work for the course. In fact, everyone enjoyed themselves so much, there will be another similar course presented on April 7. Ladies, if anyone is interested in this course, please contact Doris at 886-4108.

Our roll call for March was "What is your impression of genetically modified organisms?" There was a lively discussion on the pros and cons of these foods. The conclusion was that everyone should make the effort to learn more about GMOs so that they can make an informed decision.

**Alberta Women's' Institute
District 3 Conference/Workshop
March 9, 2000, Ponoka, Alberta**

4/26

Director: Ada Ashton

403-783-

Marion, Marilyn Davis

Agenda

- 9:30 Registration *96 5 constituencies
dinner partner*
- 10:00 Greetings: Ken Greenwell, Mayor of Ponoka *Rural support*
- 10:10 Call To order
Minutes: District 3 Conference/Workshop, March 9, 1999
Director's Report and Financial Statement
- 10:20 Topic: Literacy Program by Maxean Brigley, AWI President
- 11:00 Topic: Acquiring New members Maxean Brigley & Alice Lowis
- 11:15 A.W.I. Concerns - From Floor *programming
Women in Business*
Announcements *Annex for Friendship 5450
Raffle - Travel Fund*
- 11:30 Introductions Constituency Convenors
View Displays
- 12:00 **A.W.I. Grace - Dinner**
- 1:00 Entertainment - Mary Leighton
Roll Call
- 1:00 Groups - Duties of Executive
Branch Level - Marion Brown *1,2,3,4*
Constituency and District - Marcella Basso -
Provincial Level - Beryl Ballhorn - *CSO*
- 1:45 Memorial Service
Amazing Grace - Donna Luce
- 2:30 Entertainment - Ponoka Seniors' Hand Bell Ringers
- 3:00 Courtesy Report *Marilyn Wattenbarger*
Coffee
- Adjournment

*Angus Ridge
with Marlene Reduc 62*

Chaton 63

Stetler 62

RDC 67

RDW 42



Marcello Basso honoured as past District Director
Gift of a diamond willow walking stick
--her favourite past time

"A.W.I. is where friends meet, plan, and carry out their ideas
because of their love for home and country."

Ada Ashton

**Alberta Women's' Institute District 3
Financial Report
December 31, 1999**

Expense Account	Balance January 1, 2000	\$ 2,593.80 ✓
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Income

District Dues	\$110.00	
Raffle	221.00	
Registration	160.00	
Interest	21.43	
Total Income	\$512.43	

Expenses

Phone	\$ 22.93	
Stamps, Postage	64.53	
Copies & Stationery	17.77	
Mileage	16.64	
Total Expenses	\$ 121.87	

Expense Account	Balance December 31, 1999	\$ 2,984.36
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Travel Account	Balance January 1, 1999	\$ 3,005.30 ✓
<u>Income</u>	\$ 25.36	

<u>Expenses</u>	\$ 0	
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Travel Account	Balance December 31, 1999	\$ 3,030.66
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Grant Account	Balance January 1, 1999	\$ 201.74 ✓
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Income

Grant	\$ 1,500.00	
Interest	2.53	
Total Income	1,502.53	

Expenses

District 3 Workshop	\$264.00	
Returned To A.W.I.	1,236.00	
Total Expenses	\$ 1500.00	

Grant Account	Balance December 31, 1999	\$204.27
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2000 EVENTS (Continued)

SPEAKERS and their TOPICS (Cont'd.)

Ella Sawyer—Video, Seniors Drug Profile—Voluntary program to health providers to access information about drugs seniors use.

Marilyn Wattenbarger—Japanese art of Paper Making

Sandy McGrath—Red Deer Catholic Social Services. Mandate is to improve the quality of life of all people regardless of religion, race, gender, color or creed.

Sandra Pierce—Read Lisa's journal of the tobacco industry in the Copan Calley, Honduras, a gift to her father, Percy, who loves cigars.

Vanessa Elliott—Hilary Diane Rodham Clinton

Connie Morgan—Life Skills Program Instructor, Red Deer. The 15 hour parenting program was outlined.

MINI REPORTS included: GMO versus non GMO/Jane Stewart, Minister of Human Resources Development unaccountable spending/Medicare/Chief Justice Beverly McLachlin/Y2000 British WI in the BUFF calendar/Trans Canada Trails/Literacy film

BRANCH AND COMMUNITY ACTIVITIES:

AWI Membership Dues: \$15.00/member (PLWI members pay \$5.00)

Fun time with one member in charge each month

Secret Sisters names drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for January, two for Feb., etc

Heart Fund Card Party—9 ¾ tables of whist with \$340.00 donations. Evening presented a "FOUNDER'S DAY" display. The branch was also honoured later in the year for 25 years of service and volunteer work for the Heart & Stroke Foundation. An engraved chrome bon bon dish was presented to the branch.

Quilted cushion top course—March 1/00 with Doris Warke as instructor to 7 participants

Road Side Clean Up—April 29 with WI members and families participating.

Cancer Canvas—\$245.00

Children's Garden Club—Twenty one gardens were judged in early August, delayed by the tornado that struck the community July 14, 2000 at seven pm. A special competition for growing the largest pumpkin judged at the community Halloween party proclaimed Melissa Greening as winner with her 14 ¼ lb. pumpkin.

Trans Canada Trails—Branch expressed opposition to the proposal by sending a resolution stating our position to the AWI resolution chairman.

W.I. Corner—The corner was again attractive with the usual flowers and the branch paying for the summer grass cutting.

Coffee Party—Sixty-eight attended the annual event with \$318.90 realized. Leotta Moore and Dorothy Calvert won the door prizes.

Farmers' Market—Sponsored by PLWI at the Pine Lake BiLo for 13 Fridays from June 9 – Sept. 1, 2000. 74 tables were rented for an average of 5.7 tables per market. Branch made a profit of \$320.00. One free stall for 2001 was given by draw to a 2000 market participant.

Westerner Group of Five Competition—Won first prize of \$15.00

Jelly Project—Kathleen Lawrence filled orders as they were received (Sixteen sets of four plus 15 individual jars)

Crossroads Ag. Fair—PLWI sponsored the handicraft section. A prize was presented to Phyllis Mangan

HUB Horse Race Nite—A home made willow basket made by Marion Brown and filled with three jars of jelly was auctioned as the branch contribution.

W.I. Constituencies Combine to Hold Conference

The second Annual Constituency Conference, featuring Red Deer Centre and Red Deer Women's Institutes Constituencies was held on **May 6, 2000**, at the Red Deer and District Museum with the theme "Toward New Horizons." The attendance was disappointingly low. Fay Jennings, Constituency Convenor for Red Deer West, was unable to attend due to illness. Marilyn Wattenbarger, Constituency Convenor for Red Deer Centre, extended warm thoughts and support to her at this time.

Guests present were A.W.I. President Maxine Brigley, President-elect Mildred Luz and District Director Ada Ashton, all of whom centered their presentations around the Conference theme.

Using maps and charts, Maxine Brigley showed the drastic drop in number of branches since the 1960s, yet the number of members on A.W.I. executive and council remains the same. Is this necessary or could the numbers



PINE LAKE WOMEN'S INSTITUTE

The May 9 meeting was held at the Pine Lake "Hub" with 9 members present. The past month has been busy with the Red Deer Centre Constituency Handicraft competition and tea, as well as the Red Deer Centre Constituency Conference.

Marilyn Wattenbarger, constituency convenor, chaired a very busy and informative conference. Handicraft awards were

handed out. Pine Lake W.I. had 2 of their 26 articles judged as outstanding. They were a pair of slacks made by Marion Brown and a handkerchief centerpiece by Lillie Clutton. A tie for the Vi Hay Memorial Needlecraft Award was presented to Marion Younker of Balmoral W.I. and Lillie Clutton of Pine Lake W.I.

Guest speakers at the conference were Gordon Ward of Red Deer who spoke on Hyperbarics oxygen therapy which is an acceptable medical practice for the treatment of numerous physical and neurological injuries and dysfunctions; and Bev McIntosh who enthusiastically shared her first-hand experience on why one

be reduced?

Mildred Luz distributed a questionnaire for consideration, pending decisions to be made at A.W.I. Convention, regarding the future of A.W.I. Serious problems face the provincial organization.

Two speakers addressed the Conference:

(a) Bev McIntosh spoke on "Why should I consider the purchase of a computer for home use. She explained the numerous ways that computers aid in home and business management.

(b) Gordon Ward, whose topic was Hyperbaric Oxygen Therapy. Gordon in on the staff of Canadian Hyperbarics Ltd., whose office is located in Commerce Court, 4915 - 54 Street, in Red Deer. Hyperbaric Oxygen Therapy is a therapy that increases the oxygen content in the body. The result of this therapy is that oxygen can be delivered further and deeper into damaged tissues and cells that

have been deprived of oxygen due to trauma, etc.

(c) Vi Moore and Bea Ganter discussed and gave guidelines for Education Convenors when submitting their reports.

Pine Lake W.I. was responsible for conducting the Memorial Service, at which time four departed members were recognized: Elsie Heilmann, Wooddale W.I.; Anne K. Nagel, Hillsdown W.I.; Pearl Wright, Lacombe Four-Point W.I.; and Louise Pickering, Balmoral W.I.

The results of the Handicraft Competition were given. Two branches had 100 percent participation - Hillsdown W.I. and Ridgewood W.I. Hillsdown W.I. had the highest number of points in the competition, with first-place standing overall. Branch and individual award certificates were given out by the Handicraft Committee.

The Courtesy Report was given by the Wooddale W.I.



These slacks were made from a 4-piece Butterick pattern purchased in 1973 for \$1.35. Changes have been made to the pattern to accommodate the passing of years.

The sewing machine

MEMBER'S

We done a very good job. We got a lot of help using the new tools and techniques. We had a lot of fun and learned a lot. We will be back next year. Thank you for the chance to be on the committee.

ALBERTA WOMEN'S INSTITUTES
CLASS C-1
PLACING
4.75

WOMEN'S

(Submitted by
Lillie Clutton)

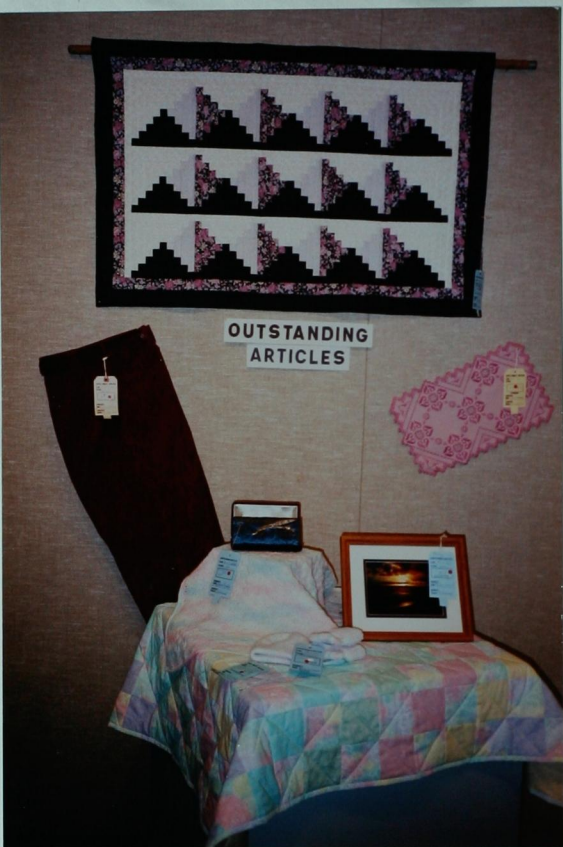


April 11th meeting at the new home of Lillie & Roy Clutton, Red Deer. Branch members L-R Back: Lillie Clutton, Ella Sawyer, Irma Lawrence, Marilyn Watterbarger, Doris Warke, Kathleen Lawrence, Teressa Greening, Seated L-R: Guest Doris May, Marion Brown, Millie Munro, Vera Pierce, Isabelle Beck

Irma presents Lillie with house warming gift

Husbands L-R: John Warke, Roy Brown, Roy Clutton
Bob Lawrence, John Sawyer, Gordon Beck





E. Marion Brown

**Red Deer Centre Women's Institute
Red Deer West Women's Institute
Constituency Conference
May 6, 2000**



**Red Deer & District Museum & Archives
4551-47 A Avenue
Red Deer, Alberta**

Lillie Clutton & Marion Brown receive awards
From Vi Moore, Faye Mayberry
District Director, Ada Ashton looks on



C.C. Marilyn Wattenbarger





Lillie Clutton & Marion Younker tie for the Vi Hay Stitchery Award



Ethel Morrisroe receives award from Beatrice Ganter



Teressa Greening & Marion Brown "spoon" out Garden seeds .

Kathleen Lawrence and Marion "bag" garden seeds



2000 EVENTS (Continued)

BRANCH AND COMMUNITY ACTIVITIES (Cont'd.)

Christmas Family Supper – Attendance of over 50 for the annual turkey supper, visit from Santa and ten games of Bingo. Lucky winners received “loonie” gifts.

Christmas cheer donations: Kay Svederus, a basket of cookies and preserves; Red Deer Aspen Heights School for needy families \$25.00.

Christmas greetings were sent to past members.

Members volunteer hours were tabulated.

CONSTITUENCY ACTIVITIES:

PROJECT 2000 – Scrapbooking Project – Marion Brown helped in project to encourage members to document history or special events.

Annual Constituency Handicraft Tea and Display – April 29, 2000 at the Red Deer Museum. 8/14 members entered 26 articles. Lillie Clutton was recognized for her outstanding hardanger article and Marion Brown for her sewing. Lillie Clutton tied with Marion Yonker for the *Vi Hay* award. Marion Brown won first place in Photography.

Constituency Conference – May 6, 2000 at the Red Deer Museum. Branch member, Marilyn Wattenbarger presided over the meeting now encompassing Red Deer West and Red Deer Centre as ONE Constituency. Marion Brown and Kathleen Lawrence conducted the Memorial Service recognizing four departed members. Lillie Clutton also attended.

Meals on Wheels – 1 ½ dozen cookies donated by each member

ALBERTA WOMEN'S INSTITUTES:

District III Workshop – March 9, 2000 at the Ponoka Legion Hall. Attended by Marion Brown, Kathleen Lawrence, Doris Warke and Marilyn Wattenbarger. Marion Brown facilitated “Duties of Executive at Branch Level”. Marilyn Wattenbarger gave the Courtesy Report.

Delburne W.I. 85th Anniversary – July 19, 2000. Afternoon enjoyed by PLWI members of Lillie Clutton, Kathleen Lawrence, Doris Warke, and Marilyn Wattenbarger. Marion Brown was unable to attend because the Pine Lake tornado had passed through their farm and house repairs were being done.

New AWI Office Official Opening – November 24, 2000 at 5407 – 36 Ave. Wetaskiwin, Alberta T9A 3C7. Marion Brown, Kathleen Lawrence, Faye Nicholson and Marilyn Wattenbarger attended. Office Fund -- \$50.00

Alberta Women's Institutes Provincial Convention 2000 – Olds, Alberta Theme: *FRIENDSHIP* – The Thread Binding Today & Tomorrow. May 26 & 27, 2000. Lt. Gov. Lois Hole opened the convention. Marion Brown moderated the GMO panel and Marilyn Wattenbarger assisted in the convention program. Branch members Kathleen Lawrence and Lillie Clutton also attended.

Branch members supported the annual Hillsdown and Balmoral Teas.

FEDERATED WOMEN'S INSTITUTES OF CANADA:

FWIC TRIENNIAL CONVENTION June 6 – 10, 2000 at Brandon, Manitoba. Marion and Roy Brown enjoyed their fifth-wheel trip to Manitoba to take in the convention. Roy participated in the husbands' tours while the business sessions off FWIC were in progress. Marion Brown was officially installed on the executive of the Federated Women's Institutes of Canada and as the representative for Alberta W. I. She is also the Educational Convener for CITIZENSHIP AND LEGISLATION at federated level. Faye Mayberry from neighbouring Ridgewood W.I. is the new FWIC President.

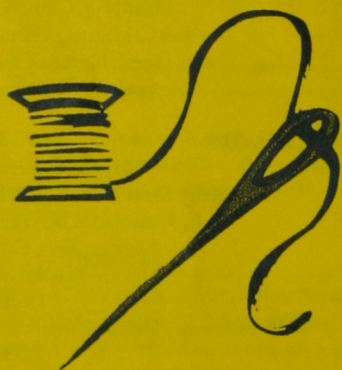
Doris Warke and Marilyn Wattenbarger sent two gifts for the sales table.

December Stocking Fund of \$2.30/member was sent for the FWIC Adelaide Hoodless Homestead Fund.

ALBERTA WOMEN'S
INSTITUTES
CONVENTION 2000

OLDS ALBERTA

Friendship – The Thread
Binding Today & Tomorrow



May 26 & 27, 2000



Official Opening of AWI Convention with
Lt. Gov. Lois Hole



Mae Deans receives parting gift from
Pres. Maxean Brigley



On The Cover

Regal — but folksy

Lois Hole brings her own style to being lieutenant-governor

By Ronaye Ryon

Lois Hole has built her life around growing plants, people, and communities.

Hole started off growing things as a child, gardening with her mother in Buchanan, Saskatchewan, and later helped start her family's St. Albert greenhouse, now one of the largest retail greenhouse operations in western Canada. She is now putting her green thumb to use – nurturing, encouraging and connecting with community – on the wider scene in her role as Alberta's 15th lieutenant-governor.

This position, to which she was recently appointed, and which is traditionally held for not less than five years, has been known for its formal protocol. That, however, is lightening as Hole's trademark good humour and charm work their magic.

Talking to Hole at the studio where this month's *Edmonton Woman* cover photo was taken, her hallmark traits are in evidence. The Lt.-Gov. is casually yet regally perched on the edge of a rather large jacuzzi. In her comfy blouse and flowered skirt, Hole wields her curling iron as skilfully as she has dispensed gardening advice, University degrees, and speeches from the throne.

Hole smiles enthusiastically, commenting on the unusual interview setting: "Well, it's always nice to do something different!" She might be describing her position as the queen's representative, in which she plans to travel the province promoting education as the key to its future.

"Something different" also sums up the unusual path leading to her many accomplishments. In 1950 she fell in love with a young University of Alberta agricultural student, Ted Hole, when she filled in as his last-minute date for a nursing friend who got called into work.

They married, and in 1952 the couple bought a farm in St. Albert, and by 1960, through a process of trial and error, they had diversified into a vegetable and mixed garden business, originally selling produce from their back door when "people went by one day and stopped and asked if we had cucumbers to sell."

Lois Hole has grown into an expert gardener, storyteller, author, volunteer, school



Photo by CONROLAND.COM

trustee, board member, University chancellor, and is a member of the Order of Canada.

When asked how she fits it all in, Hole says, "I take it in stride and I try not to get caught up in the rush." About being lieutenant-governor she jokes that, "What is fascinating is that I have someone who drives me everywhere, that way I never have to worry about parking!"

She dedicated her recent book *I'll Never Marry A Farmer*, to Ted, "Who helped me to discover my talents and who encouraged me to share my strengths." "And he has recognized that in our children – the business has been turned over to the boys."

Hole was a school trustee for 31 years, and a long-time crusader for higher learning. "A good teacher creates self-esteem within young people," she says. "I've always admired people who made us feel good, who understood and showed compassion."

Although her mother was a teacher, Hole said she always told her father she wanted to be a nurse. Hole's father said, "You've got a lot of business ability." But Hole finally realized the true reason her father didn't want her to nurse. "He thought I'd see bare-naked men! It was considered a bit indecent!" Hole laughs heartily.

Hole's life has not been free of challenges and tragedy. One of the toughest was her and Ted losing their first child, who died after three days. They faced crop losses due to lack of experience and two root cellars and a turkey barn burned down.

Lois encouraged Ted by taking the long view, and he would agree with her; "There's always next year." In terms of tips on longevity for a marriage, she says, "I think what you really want to do is talk together a lot."

Hole cherishes her time with husband and family. "I'm a real homebody, I get home as often as I can for a lunch with my family. I'm getting home just about as often as I used to as chancellor."

Hole also loves bringing her folksy touch to high places. Last summer she served her

Continued on page 5

On the cover

Continued from p

the you

home-made rhubarb pie to Japanese Prime Minister Takamado. "He was delightful! And talked about that darned rhubarb pie... said he talked about it in Japan."

In fact, Hole was in Japan herse university chancellor, travelling to Tokyo open an art show.

You might say Hole also opens door tradition. In Calgary at the end of May she hosted a luncheon for the president of the Republic of Yemen. "I wasn't sure comfortable he'd feel with me, as a woman. But he was wonderful," she smiles.

With all the dinners, receptions, interviews and fanfare, part of Lois Hole's appeal is that, astonishingly, she remains the same down-to-earth person.

"Luck and good health are a wonderful combination, but you mustn't be afraid," she states. "Like it never worried me that I would have to go out and clean up the pig pens. I helped Ted, and it meant he got done faster! I never worried about doing the menial kinds of things. As a matter of fact, I kind of liked it! I hate to admit it!"

"I like the practical, that's where my strength is. And that may be part of why I stay the way I am."

While the position is a change, Hole isn't worried about it making a change in her.

"I look at it as just being a wonderful new experience, and of course I so enjoy people. This is a part of what I'm about," she says. "A lieutenant-governor, for goodness sake, that's what we want to do, we want to make people feel a part of this community!"

Hole, in her mid-sixties, looks forward to having more time with her community of friends and grandchildren. "And that's another thing," she laughs, "having lunch with the family every day. I never get a –" she mimes a big head! "That's right!"

In the meantime, Hole is looking forward to sitting down with Queen Elizabeth in London this fall. "I'm really excited about that," she notes. "I'll take some gardening books to her to give to Charles. I'm going to get a special dress, I can tell you! And a good pair of shoes, so I'm comfortable, but that look nice."

Who inspires this woman, a role model to women and men alike? "Enthusiastic people, children, and people who make a difference – I feel so lucky to be associated with such wonderful people!"

Hole is also excited by spring and the chance "to see things come up through the ground." She'll be at the greenhouses this summer "as much as I can!" Clearly this lieutenant-governor is staying close to her roots.



Alberta Women's Institutes



BANQUET PROGRAM

MAY 26, 2000

WELCOME

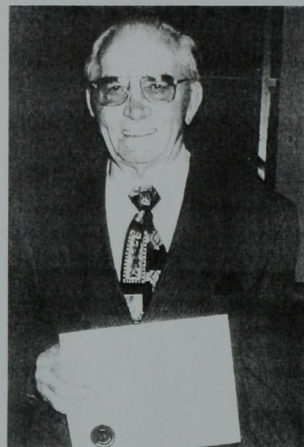
MAXEAN BRIGLEY, PRESIDENT

TABLE GRACE

FLORENCE BERNAKEVITCH, VICE PRESIDENT

Erland Lee Award

Erland Lee made significant contributions in forming the Womens' Institute in Canada over 90 years ago. This award was introduced by the Federated Womens Institutes of Canada in 1991 to recognize those men who have made outstanding contributions to the Womens' Institute movement. Only one award is given in Alberta each year.



This year's winner is **Mr. Harold Fox**, of the Hillsdown area. Over the past 53 years, Harold has been a helper to his wife Ada and other WI members. He has driven them to all sorts of activities in all kinds of weather. He is the Mr. Fix-it in his community, repairing things from coffee pots to chairs. As well, he cuts quilt blocks for the many quilts the Hills down ladies make each year.

Harold was presented this prestigious award at AWI Provincial Convention in Olds in June, 2000 by Diane Smith, District 1 Director. As members of AWI, we are delighted to have this gentleman in our midst. J

*compiled from information in submissions
by Shirley Glover and Diane Smith, Editor*



PINE LAKE WOMEN'S INSTITUTE

Our first meeting after a busy summer was held at Marilyn Wattenberger's home on September 12, 2000, with ten members and one visitor present.

Our guest speaker, Sandy McGrath, from Catholic Social Services, explained the purpose and activities of their social service agency. The mandate of this organization is to improve the quality of life for persons of all faiths and cultures by serving their social, emotional, intellectual, physical and spiritual needs. A staff of 700 persons plus 1500 volunteers offer up to 119 programs to

help as many as 60,000 persons per year in Canada. People in need, regardless of religion, race, gender, ethnic origin, color or creed can receive help.

The children in the W.I. sponsored garden club worked hard and many were recognized at the club's wind up party in September with the receiving of first, second and third place ribbons. Many thanks goes to Rose Douglas who had the task of judging some 21 gardens. A job well done.

The farmer's market operated every Friday afternoon at the Bi-Lo service station during the summer months. Thanks

to everyone for their help and support.

Our Australian pen pals will be remembered once again with a Christmas greeting from all.

Donations for the Christmas shoe box project and for Betty Kilgour of Three Hills who has an ongoing project of sending goods to the missions in Kilangala East Africa are being accepted.

The October 10 meeting will be a pot luck supper in commemoration of World Food Day. Ladies bring an ethnic dish to be shared by all.

*Submitted by
Lillie Clutton*



Vi Moore presents roses to Marion Brown on her new position



FWIC executive was present at the Ottawa unveiling of the Famous Five Below: Pres. Faye Mayberry, Marg Eberle (Ont.), Maxine Routledge (Man.)

PINE LAKE WOMEN'S INSTITUTE

October - On October 10, 2000, ten ladies met at the Pine Lake 'Hub' Centre to celebrate World Food Day. A pot luck supper of ethnic food was enjoyed by all.

Our regular meeting followed. Ladies donated a bountiful variety of goods to be sent to the missions in East Africa.

Those who are busy making jelly reported some orders have already been received. Pine Lake W.I. will donate a basket of jelly to the 'Hub' Horse Racing night which will be held on November 4 beginning at 7 p.m. at the Pine Lake 'Hub' Centre.

Sandra Pierce shared with us a journal written by her daughter, Lisa. She told of the life style of people living in Copan Valley of Honduras and of the tobacco industry which was established by the Spaniards as early as 1765. This thriving cigar industry is done basically by hand. Many long weeks of manual labor go into this industry before the cigars go to market.

Pine Lake W.I. ladies will fill two shoe boxes of goodies for Operation Christmas Child, which is a unique project of Christmas relief. The project gives us an opportunity to reach out to children in desperate situations around the world. A shoe box packed with toys, school supplies, hygiene items and holiday favors helps us to share with thousands of children and their families the true meaning of Christmas.

PINE LAKE WOMEN'S INSTITUTE

Ten members and one



guest welcomed Connie Morgan to their regular **December** meeting. As a certified Life Skills Parenting Program Instructor, Ms. Morgan outlined the 15-hour parenting program that she instructs. The program emphasizes communication skills, problem-

November - The November meeting was called to order at 7:10 p.m. by President Kathleen Lawrence with 12 members present. Sandra Pierce's birthday and Marilyn Wattenbarger's anniversary were recognized.

A tour of the Canadian Waste Management Facility in Red Deer is planned for the new year.

Seven pumpkins, the final phase of the Children's Garden Club Competition, were on display at the Halloween Party. They ranged in size for 5 1/4 lbs. To 14 1/4 lbs. The winners were Melissa Greening 14 1/4 lbs., Mathew Greening 13 3/4 lbs., and Michael Greening 12 3/4 lbs.

The "duties" lists for the Annual Family Christmas Supper on December 1 were given to members by Home Ec Convener Irma Lawrence.

The report of the Nominations Committee was given by Marilyn Wattenbarger as follows: (1) New Director, Ella Sawyer, (2) Secretary, Marion Brown, 1 year, (3) Health and Home Ec Convener, Millie Munro, 3 years, (4) Environment Convener, Teresa Greening, 3 years, (5) International Affairs Convener, Isabelle Beck, 3 years, an (6) Sunshine Convener, Ella Sawyer, 1 year.

A report of the Red Deer Centre Constituency Representatives meeting on October 30 was given by Kathleen Lawrence. At least four members will the Provincial Office Open House in Wetaskiwin on November 24.

solving skills, understanding feelings of stress and the development of self esteem. The cost is \$50 per person or \$75 per couple. The branch will make the decision of sponsoring a parenting program in the new year.

Alberta Women Institute's pins were presented to Vanessa Elliott, Teresa Greening, Faye Nicholson and Sandra Pierce. Marion Brown, Kathleen Lawrence, Marilyn Wattenbarger and Doris Warke were recognized for perfect attendance for 2000.

To brighten the Christmas season, the following donations were made: \$25

The Pine Lake Women's Institute is pleased to be the Host Branch for the District 3 Workshop to be held March 15, 2001, in the Hub Community Hall, Pine Lake.

Our members will each donate 1 1/2 dozen cookies for the annual "Meals on Wheels" project in Red Deer.

Marilyn Wattenbarger and Kathleen Lawrence will attend the annual meeting of the Heart and Stroke Foundation in Red Deer at which time the Pine Lake W.I. will be recognized for holding a Heart and Stroke Card Party for the past 25 years.

Four brief "Fun Time" break, Irma Lawrence had each member reconstruct her dismantled garden. This was in the form of jigsaw puzzles made from large calendar pictures.



to the Red Deer Aspen Heights School for needy families for Christmas and a Christmas basket of cookies and preserves for Kay Svederus who had a tractor accident in the fall. Each member donated 1 1/2 dozen cookies to the Constituency Project, "Meals on Wheels." Other donations included gifts of money to the AWI Office Fund and the FWIC Adelaide Hoodless Homestead Fund.

The annual Family Christmas supper was held earlier in the month with an attendance of over 50 adults and children. A lovely turkey supper was enjoyed followed by a visit

Marilyn Wattenbarger won a pair of garden gloves for having her garden put together first.

For her Citizenship Program, Convener Vanessa Elliott gave a reading based on Hilary Clinton's commitment and belief that "We all have a commitment to given something of ourselves to our community."

As an FWIC member, Marion Brown reported on her recent visit to Ottawa where she had the pleasure of being present at the unveiling of the "Famous Five" statue on the 18th of October which incidentally was the beginning of the week designated as "Canadian Citizenship Week."

from Santa and games of bingo. Each winner calls the next game much to the delight of the children! Christmas greetings were sent to 20 past members of the Pine Lake W.I.

The roll call was answered with "A Christmas Custom from Another Land." An exchange of Christmas gifts and cards brought season wishes to all.

The members are looking forward to a new and challenging 2001. We welcome new members and visitors as we meet the second Tuesday of every month.

(Submitted by E. Marion Brown, Secretary)

10 points

Ex. No.: 264

W.I.

PINE LAKE

PINE LAKE, AB



THE
WESTERNER



Creative
Arts



FIRST



Tornado damage on Brown Farm



thinking
of you...





Matthew Greening and his garden



Phyllis Mangan receives W.I. Prize at Crossroads Ag. Fair



AWI president Maxean Brigley (right) and president-elect, Mildred Luz, (left) hold the ribbon for Mayor Don Montgomery as he officially opens their new office.



AWI Executive Secretary Fern Killeen

AWI office opens

By LISA WOJNA, STAFF WRITER

There was barely a corner of floor-space left as almost 100 women crammed into the new Alberta Women's Institute office in Wetaskiwin for its grand opening, Nov. 24.

The Wetaskiwin location on 36 Ave., just south of Wetaskiwin Mall, was chosen because of its central location to the majority of members in the province.

"Our largest number of WI (Women's Institute) members are in Wetaskiwin, Camrose and the surrounding area," explained president Maxean Brigley.

Another selling feature for the Women's Institute executive in choosing their present location was the fact that the office was large enough to organize an archival area for Women's Institute artifacts.

"This seemed to be the best location because we could have a memory room with 91 years of history of the organization," Brigley said, adding that anyone doing women's studies research can use the facility. "(This information) really reflects the history of women in rural Canada."

Under the direction of Fern Killeen, the Wetaskiwin AWI office will be open every Wednesday, from 9 a.m. to 4 p.m., along with one or two additional days which will change from week to week.

The AWI boasts 11,000 members who operate 87 branches in the province. The first Women's Institute branch in Alberta was started in 1909.

Considered by some to be the precursor of the feminist movement, Women's Institutes everywhere have dedicated themselves to improving conditions within their respective communities and provinces, reaching across the Canada and around the world.

Their mandate includes encouraging women to be progressive and well-informed, enabling them to attack injustice in society and join in a unified voice on issues from pornography and child abuse to environmental and health issues.

The nearest Women's Institute branch is Angus Ridge, with Beryl Ballhorn serving as president.

For more information call Killeen at 312-2440.



Sec.-Treas. Kay McMillan with Past Pres. Bette Ballhorn Martha Bielish, Ethel Morrisroe





^{P.L.W.I.}
Kathleen Lawrence receives 25 year award from the Heart and Stroke Foundation



The Heart and Stroke Foundation of Alberta, NWT & Nunavut offered thanks to key 25-year volunteers in Red Deer and area at its Annual General Meeting held in Red Deer in November. On hand were (l-r) Joyce Williams, Denise Bignold, Johanna Dietrich, Peggy Johnson (HSEA Red Deer Regional Manager), Donna Richard (on behalf of the Order of the Eastern Star), Kathleen Lawrence (on behalf of the Pine Lake Women's Institute) and Marleen Cowan (HSFA Red Deer Regional Administrative Assistant). Mary Morrison was unable to attend the proceedings. ❤️





CHRISTMAS FAMILY SUPPER 2000

Complete with Santa, Marilyn Wattenbarger, Teresa Greening
Children and Grandchildren of members



111, 54 Bell Street
Red Deer
Jan. 12/01

Pine Lake Women's Institutes,
25 Reeves Crescent
Red Deer, Alberta

Dear Ladies,

Thank you for the lovely
plate of "Christmas goodies" brought
by the Red Deer branch of the
Pine Lake Women's Institutes.



Red
Sul

By LEE G
LIFE staff

Fifty years ago, a certain item available to students in the Red Deer Composite High School dormitory had the women of the Burnt Lake Women's Institute all hot and bothered.

Was it condoms? Cigarettes? Beer?

Nope, nothing of the sort.

Members of the then 27-year-old organization were outraged that students were being served — margarine.

They were shocked that pupils would be served the substitute for butter in an agricultural region like Central Alberta.

So, at the urging of Women's Institute member Mrs. Frank Dallaire, the group unanimously agreed to a resolution urging the local public school board to ban margarine from the dormitory's cafeteria.

The resolution, reported in the Advocate in its entirety, is rather long. Suffice it to say the resolution de-

It also outlined the group's concern that butter had been replaced by margarine in a taxpayer-funded facility even though "a good deal of the rural income, which pays the board of our rural high school students, is raised from the dairy industry."

It's not clear from newspaper accounts of the day if the school board paid any heed to the Women's Institute's concerns (there appears to be no further mention of the issue in subsequent reports of the group's activities or school board meetings). It is clear, however, the women were not the only people in Central Alberta concerned about inroads margarine was making.

At a meeting of the Red Deer local of the Farmers' Union of Alberta, held at City Hall, a resolution was passed urging the province to restrict the use of margarine.

It's not hard to understand why dairy producers were concerned 50

sewing in Red Deer while margarine cents.

Margarine was Frenchman from Hippolyte Mège-Mourioux in the 1800s in response to Napoleon III's demand for butter.

To formulate margarine, Mourioux used margarine acid component in Michael Chevreul of the lustrous pearl — margarine.

Margarine was the United States tightly regulated next century.

The U.S. Congress taxed margarine sales that failed to produce because man-

2000 EVENTS (Continued)

ASSOCIATED COUNTRY WOMEN OF THE WORLD

Betty Kilgour Kilangala, East Africa project: Thirty pounds of material was contributed to the project through the Hillsdowns W.I. who served as a collection point for the project. Betty Kigour had been the guest speaker at the Hillsdown W.I. Strawberry Tea.

Masai Book Project – Books were collected and sent to Kenya, Africa via Can West Travel

Iodine Deficiency Project – April stockings were emptied @ one dollar per person

Pennies For Friendship – October stockings @ \$4.50/member for a \$50.72 donation

World Food Day pot luck supper – Ethnic dishes

Christmas Shoe Box Project – Two boxes assembled by the branch, one each for a boy and girl between the ages of 6-8 years of age. Shipping charges covered by a donation of \$5.00 for each box.

INTERESTING ROLL CALLS:

A New Year, New Millennium Goal.

What is your impression of Genetically Foods?

Name an author of a book read and its impact on you.

A tip for making shopping less stressful

AWARDS/SPECIAL OCCASIONS:

Lillie & Roy Clutton now make their home at #313,4805 – 45th St. Red Deer, Medican Sr. Complex condominiums. Lillie hosted the April meeting at her new home.

AWI pins and tartan strips were presented to the following members: Vanessa Elliott, Teresa Greening, Faye Nicholson and Sandra Pierce

The farm of Roy & Marion Brown was in the path of the Pine Lake Tornado that claimed the lives of fourteen at Green Acres Resort July 14, 2000. Land belonging to Eric and Vera Pierce east of the lake was also hit. Although the buildings on the Brown farm were damaged, there was no structural loss. Trees were decimated with loss of privacy and wind protection. The Pierce land rented by Roy & Lillie Clutton, was laid flat by the tornado force. Bob and Irma had wind damage on their pasture land.



Pine Lake Women's Institute January meeting report

submitted by E. Marion Brown

What is the meaning of citizenship to you? That is the question citizenship and legislation educational convener, Kathleen Lawrence, posed to the Pine Lake membership at its regular monthly meeting. All in attendance agreed citizenship means a sense of belonging. Symbols of this belonging can take the form of a flag, tomb of the unknown soldier or as close to living as a home, garden, church or community. Each member traced her ancestral roots by placing a colored thread on a map of the world depicting the multi cultural nature of Canada.

Kathleen Lawrence displayed the engraved chrome bon bon dish appropriately heart shaped from the Heart and Stroke Foundation for 25 years of service to the organization. It will be on display at the regular February Fund card party on Feb. 24.

It was decided not to sponsor the parenting workshop as outlined by Connie Morgan at the December, 2000 meeting. A committee was set up to look into the possibility of promoting a self help parenting session.

PLWI is sponsoring a recycling tour at the Cana-

dian Waste facility at 6207 47 A Ave., Red Deer on January 23 at 11:00 a.m. Anyone interested is welcome to attend.

The roll call was answered by the six members around the citizenship theme. Millie Munro displayed a stamp depicting "The Year of the Snake". Marion Brown told the story of Anna Kroeker, a farmer in Saskatchewan, and her fight with Revenue Canada over Section 31 of the tax act.

The February meeting will feature a pot luck sup-

per at 6:30 p.m. with special guest Constituency Convener Marilyn Wattenbarger.



Why Volunteer?

- * to have fun
- * gain experience
- * meet new people
- * learn new skills
- * use existing skills
- * to help others
- * feel good about yourself
- * obtain good references
- * realize own potential
- * try new things



Vera Pierce enjoys carpet bowling at 93 years of age -Jan. 28/01

New Women's Institute Girl's Club

submitted by Dianne Buys

January 20, 2001, was the founding meeting of a new W.I. Girl's club. It started at 10:00 a.m. in the Cottonwood Gordon Hall and there were 18 members present. The leader and organizer was Wilma Hansen. Executive were nominated and voted for. The results were Susanne Hansen as president, Kirsten Nielsen as vice-president, Katelin Cunningham as secretary, and Maria Hansen as the treasurer. A round table talk was held on the subject of what kind of crafts you would like to do

and why. We did an origami craft and made a Valentine's Day card. For lunch, ham and cheese melts were made. Before eating, we also learned a tiered napkin pattern. Everyone helped clean up after our delicious

lunch. Our meeting was adjourned at 2:00 p.m. It was a fun filled day and hopefully the first of many more to come.

The next meeting will be February 17, 2001.



AWI Council 2001

Back L-R: Phyllis Kosik (District 2), Maxean Brigley (Prov. Pres.)
Darlene Hallett (District 5), Florence Bernakevitch (Vice Pres)
Marion Brown (FWIC Ex. Director)
Seated L-R: Mildred Luz (Pres. Elect), Fern Killeen (Ex. Sec.)
Darlene Wicks (District 4), Ada Ashton (District 3), Diane Smith (District 1)

2001 EVENTS AND ACTIVITIES

OFFICERS — President---Kathleen Lawrence	No. of Meetings	10
Vice-President---Marion Brown	No. of Active Members	11
Secretary---Marion Brown	Life Branch Member	1
Treasurer---Irma Lawrence	Ave. Attendance	7.9
Directors---Faye Nicholson	No. Perfect Att.	2
Ella Sawyer	Ave. No. Visitors	.3
Marilyn Wattenbarger	No. of donated hours	1,936
Sunshine---Ella Sawyer		
Historian---Marion Brown		

Educational Conveners – Branch Level

Agricultural and Canadian Industries	Marion Brown
Citizenship and Legislation	Kathleen Lawrence
Education and Cultural Activities	Irma Lawrence
Environment and Conservation	Teressa Greening
Handicraft	Doris Warke
Health	Millie Munro
Home Economics	Marilyn Wattenbarger
International Affairs	Isabelle Beck
Social Services	Ella Sawyer

Educational Conveners – Constituency Level

Constituency Convener	Marilyn Wattenbarger
Handicraft Committee	Doris Warke
Publicity	Kathleen Lawrence

Educational Conveners – Provincial Level

Education and Cultural Activities	Doris Warke
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Educational Conveners – National Level

Legislation and Citizenship	Marion Brown
Executive Director for Alberta	Marion Brown

THEME: INTERNATIONAL YEAR OF THE VOLUNTEER

SPEAKERS and their TOPICS:

Marilyn Wattenbarger – 25 Reeves Cres. Red Deer – Constituency Convener Red Deer Centre Women's Institutes. "Are Women's Institutes Dinosaurs?" Change is ongoing and it is necessary to communicate the message of education, fellowship, leadership and social services provided by W.I. to our fast paced world.

Kathleen Lawrence --- posed the question, "What is the meaning of CITIZENSHIP to you?"

Marion Brown --- FWIC Executive Officer lead the discussion on REVITALIZATION.

Members were encouraged to answer the document promoted by the Federated Institutes.

Marion Brown --- Foot & Mouth outbreak in Europe/Free trade of Americas Conference

Colleen Preston---Innisfail, Alberta --LIVING WITH DIABETES

Women's Institutes are still relevant

submitted by E. Marion Brown

"Are Women's Institutes dinosaurs?" That was the question Constituency Convener Marilyn Wattenbarger presented to the members of the Pine Lake W.I. at their February meeting. In answer to her question, Mrs. Wattenbarger felt that both rural and urban women face many of the same problems. Women's Institutes can help solve these problems as they have over the past century. The solution may come in different forms or methods but Women's Institutes still provide education, fellowship, leadership and social services in a non-partisan and non-sectarian way. Greater effort must be made to communicate this message to our fast paced living world. One way to revitalize enthusiasm is by attending conferences and workshops. An invitation is extended to all women to attend the District Three Workshop at Pine Lake on

Thursday, March 12, 2001. The morning speaker will be Moriah Boyd from the Central Alberta Women's Emergency Shelter who will address, "Marital Relationships."

The Federated Women's Institutes of Canada also are seeking answers to what women would like to see in a women's organization. In cooperation with the provincial bodies, a revitalization discussion paper is being circulated to all Women's Institutes branch members and to all women who would like to partake in this needs assessment. Completed survey papers are to be returned to FWIC President Faye Mayberry and President-elect Margaret Yetman for evaluation.

Detailed preparation for the Feb. 24 quilted place mat workshop conducted by Doris Warke was finalized. Participants are asked to bring their own noon bag lunch. Further information can be obtained from Doris

Warke at 886-4108.

The annual Heart Fund Card Party will be held at the HUB Community Centre, Pine Lake on Saturday, Feb. 24 at 8 p.m. Receipts will be issued to all donations made to the Heart and Stroke Foundation.

Kathleen Lawrence and Marion Brown reported on the Waste Management Facility Tour on January 23. The ladies were impressed with the unique departmental trucks for hauling various recyclables, baling system of cardboard and papers, reuse of recycled oil as a heating fuel

and the maintenance of the fleet of trucks at the plant.

Thank you letters were received from recipients, Kay Svederus and Marion Hewitt, of Christmas goodies.

Notice was given of a presentation by Roger Epp on the Future of Rural Committees on March 21/01 at the Red Deer College.

The Valentine's meeting was brought to a close as members were invited to take a valentine home to their Valentine.



L-R Kathleen Lawrence, Betty Page, Doris Warke
Teressa Greening, Linda Holt, Carol Clutton
Instructor Doris Warke helps Faye Nicholson (L.)
Doreen Vincent works on place mat



2001 EVENTS (Continued)

SPEAKERS and their TOPICS (Cont'd.)

Teresa Greening—CREATING A BUTTERFLY GARDEN—attracting butterflies add to a more harmonious environment.

Irma Lawrence---Optimism and Moderation Lead to a Longer Life---Education program stimulating interest in taking control of ones daily habits.

Pam Robertson—Red Deer Kiwanis Safety City training instructor --- Gave members a tour of the facility and a brief review of the safety program.

Isabelle Beck -Afghanistan Terrorists and the Sept.11th attack on the World Centre, New York.

Kathleen Lawrence—Granddaughter, Carol Duborg, hosted Japanese friends at Pine Lake.

Doris Warke— Christmas "on Hands" craft session making Christmas boxes and decorations.

Marilyn Wattenbarger -Sharing the simple, free gifts of living.

Teresa Greening - Corsair Exploration Inc's application to remove 80 million/year of water from the North Saskatchewan River..

BRANCH AND COMMUNITY ACTIVITIES:

AWI Membership Dues: \$15.00/member (PLWI members pay \$5.00)

Fun time with one member in charge each month

Secret Sisters names drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for January, two for Feb., etc

Heart Fund Card Party -6 tables of whist with \$388.00 donations.

Place Mat Workshop —February 24/01 with Doris Warke as instructor to 7 participants

Road Side Clean Up - April 28 with WI members and families participating.

Cancer Canvas --\$180.00

Children's Garden Club—Twenty of the twenty-nine registered gardens were judged by Beth Smith. Winners of the four categories were: Morgan MacFadyen, Jackie Clutton, Alex Clutton and Linda Holt. The Special Competition was *Gourds* and judged at the Halloween party.

W.I. Corner - The corner was again attractive with the usual flowers and the branch paying for the summer grass cutting by Les Snider. Volunteers kept the flowers attractive.

Coffee Party - Sixty-eight attended the annual event with \$385.50 realized. Vera Jeffery, Blanche Cunningham and Ella Sawyer were winners of the draws.

FWIC Volunteer by the *Luck of the Draw* was Vera Pierce. Her name was submitted to Constituency level.

Farmers' Market - Sponsored by PLWI at the Pine Lake BiLo for 12 Fridays from June-Sept., 2001. 76 tables were rented for a branch profit of \$380.00 from 92 volunteer hours.

Jelly Project - Kathleen Lawrence filled orders as they were received (Sixteen sets of four plus 15 individual jars)

Crossroads Ag. Fair - PLWI sponsored the handicraft section. A prize was presented to Phyllis Mangan.

Farm Safety Harvest Supper - Marion Brown, Kathleen Lawrence and Marilyn Wattenbarger donated food and helped serve food at the outdoor supper served to workers of the **GROW** project. Proceeds from the "Crystal Wheat" will go towards the construction of the Farm Safety Building.

Tour of Recycling (Waste Management) Plant in Red Deer

HUB Horse Race Nite - A home made willow basket made by Bruce Elliott and filled with three jars of jelly was auctioned as the branch contribution.

**Alberta Women's' Institute
District 3, Conference/Workshop
March 15, 2001, Pine Lake, Alberta**

Agenda

9:00 Registration

9:30 Greetings From Pine lake *Linda Hult*

9:40 Call To order

Minutes: District 3, Conference/Workshop, March 9, 2000
Director's report and Financial Statement

*2000 Red Cross
276 women
284 children
Rm for 21
Aiding 14*

10:00 Memorial Service

*Community Kitchen
Need statque - Donna Russet*

11:00 Speaker: Family Violence (Power & control)

*AWI - Office
Craft Sales from branches
Return old forms
Judging April 30, May 1*

12:00 A. W. I. Grace - Dinner

*Heather Pitt, Carolyn Cormany, Richard (Student)
500,000 children
experienced family abuse*

1:00 Roll Call

*70% females become prostitutes
75% children continue abuse
18 shelters (including 1 man's shelter)
Alberta 11% females*

1:10 F.W.I. Report – Marion Brown

AWI Restructuring –

Conducted by: Gerry Stoddart – Stettler, Constituency Convenor
Alice Lewis – Co-Convenor

3:00 Courtesy report

Coffee

Adjournment



*"AWI is where friends meet, plan, and carry out their ideas
Because of their love for home and country."
Ada Ashton*

MEMORIAL SERVICE

*Heiten
Information
support
10 Health
Care
No*

*Times
Battler
program 15 men*

PINE LAKE W.I.
REVITALIZATION was the topic for discussion for the March Women's Institute branch meeting. Members were encouraged to answer honestly and frankly their thoughts on the needs of women in our changing world. The Federation Women's Institute of Canada will compile the results into a document that will be evaluated by the Executive Board in a meeting in July. Appropriate action can then be taken.

As a Minute Minder for Agriculture, Marion Brown touched upon the concern of the recent outbreak of Foot and Mouth in Europe, the Free Trade of the Americas conference to be held in Quebec City and the implementations that could be forth coming on Canadian Industry. Lillie Clutton and Isabelle Beck were welcomed back after winter holidays in the South. The February Heart Fund Card party and donations resulted in a \$388 donation to the Heart and Stroke Founda-

tion. Doris Warke reported that seven ladies took advantage of the Place Mat Workshop held at the HUB March 3 learning session. Doris Warke volunteered her time and expertise as instructor. One more session may be held to complete the projects.

Marion Brown reported that both the branch and constituency histories were completed. A fourth book has been started on computer beginning 2000 to document the branch activities. These books will be on display at the upcoming District Conference.

Final arrangements were made with the hosting of the District Three Conference at the HUB Community Centre, Pine Lake, March 15, 2001. Branch members will be responsible for registration and manning the ticket sale tables.

The Pine Lake W.I. will sponsor a district children's garden club again this year. Watch for further plans to be finalized by the W.I.

committee.

The Red Deer Centre Women's Institute Handicraft Display and Tea will be held at the Red Deer Museum on April 28, 2001. Final plans are to be made at a special meeting Monday, March 19, 2001.

Lillie Clutton will pick up the Cancer Receipt books in preparation for the April drive. This is another community service carried out by the Pine Lake W.I. The branch also acts as a collection point for used Christmas cards and old calendars to be recycled at "Beaver Hall" in Michener Centre, Red Deer.

The meeting was brought to a close by answering the roll call with helpful hints and a contest by Doris Warke who tested the thinking skill of the members who had to complete the sentence, "A real handy person can" with as many words starting with the letter "h" as possible.

*Submitted by
 E. Marion Brown*



Lillie Clutton & Doris Warke (Registration)
 Isabelle Beck (Ticket Sales)



Mildred Luz, (Pres. Elect), Ada Ashton (District Director 3)
 Eileen Feddersen (Recording Sec.)



Guest Speakers



PINE LAKE W.I.

LIVING WITH DIABETES was the program presented by Colleen Preston of Innisfail to the Pine Lake Women's Institute. Millie Munro, Branch Health Convener, introduced Colleen, sister of member Teresa Greening, who has managed her Type I diabetes for over 30 years to live a very productive life. She explained the three types of diabetes: Type I (under 40 years), Type II (over 40 years), and Gestation diabetes. Diabetes is the third leading cause of death in Canada with approximately 1.5 million Canadians diagnosed with the disease and 750,000 have the disease and don't know it.

Colleen outlined the diabetic symptoms but stressed "knowing your body" and control with education, diet, exercise, medication, monitoring, weight control and coping. Ms. Preston mentioned recent research to better health. The ladies appreciated the very frank and informative presentation.

President Kathleen Lawrence congratulated the branch members for 100% participation in the District III Workshop held at the HUB Community Centre, March 15, 2001 and Marilyn Wattenbarger thanked the members for all their work for a very successful day. Approximately 100 ladies attended the Central Alberta W I Conference.

Marion Brown, Agriculture Convener, handed out posters, garden club rules and regulations for the 2001 Garden Club sponsorship. Four classes from pre-school to open (above 13 yrs.) will grow flowers and various vegetables with Gourds being the special class to be judged at the annual Halloween party. For further information, phone 886-4892.

Plans were finalized for the upcoming Constituency Handicraft Display and Tea on April 28 at the Red Deer Museum 2 - 4 p.m.

The Newsletter from AWI Office gave members information regarding the AWI Convention May 29-31, 2001 at the Camrose

Norseman Hotel, Resolutions, Home & Country and a message from AWI President Maxean Brigley.

Members emptied their stockings to which dimes are contributed each month, and the proceeds will be forwarded to the AWI Office to defray mailing costs.

Pine Lake W.I. will again sponsor the local FARMERS' MARKET June 15 to August 31, 3 p.m. to 5:30 p.m. at the BiLo Service Station. Our market will appear in the COUNTRY REGISTER.

Members were reminded of the annual road side clean up Saturday, April 28, 2001. Also notice of the Balmoral W.I. 75th Anniversary Tea on May 6 and the Hillsdown W.I. Strawberry Tea on May 26, 2001.

Isabelle Beck provided FUN TIME with members participating in the reading of a modern spoonerism, "Little Ride Hooding Red."

*Submitted by
E. Marion Brown*



Charter Members: Marion Brown
Vera Pierce, Doris Warke



Colleen Preston, Marilyn Wattenbarger,
Faye Nicholson



Back L-R: Marion Brown, Isabelle Beck, Irma
Lawrence, Kathleen Lawrence, Faye Nicholson
Seated L-R: Millie Munro, Vera Pierce, Doris Warke,
Marilyn Wattenbarger, Lillie Clutton

PINE LAKE W.I.

CREATING A BUTTERFLY GARDEN was the topic of study presented by Teressa Greening, Environment Convener, at the May 8 meeting of the Pine Lake W.I. Although many species of butterflies migrate south in the winter, many hibernate in Central Alberta if they have adequate shelter in which to over winter. Teressa displayed an attractive manufactured "butterfly house" but protection can be provided with shrubs, foliage etc. By observing what colours attract butterfly species, clumps of flowers can create pathways to encourage their presence. Feeding stations would give further incentive for a

friendly butterfly environment.

Swiss guest, Marina Speck, joined the ten members for their regular meeting. Marina and Peter Speck, world travellers, are guests at the farm of Bob and Irma Lawrence. Marina expressed interest in the educational aspect of Women's Institutes and informed us of laws regulating criminals coming into Switzerland.

Pine Lake W.I. placed third in the branch standings at the Constituency Handicraft Display and Tea. Nine of eleven members participated, entering 22 articles that accumulated 110 points. Lillie Clutton and Marilyn Wattenbarger are to

be congratulated for their outstanding entries - Hardanger and Wedding Sampler Cross Stitch Picture.

Marion Brown reported that 29 participants have registered for the annual garden club. The new open class has eight eager gardeners.

The ninth annual roadside cleanup took place April 29, 2001, under ideal weather conditions. About sixty miles of area roads were freed of debris and volunteers trucked the garbage to the Ridgeview site. Cans and bottles retrieved from the ditches were donated to the HUB playground project. A noon luncheon of wieners and buns, cole slaw,

ice cream and refreshments was enjoyed in picnic style. Appreciation is extended to all the volunteers, ZEP, Dairy World and Red Deer County for their tangible support.

Ella Sawyer, Social Services Convener, reported that \$180 was contributed to the Cancer Society and \$388 to the Heart and Stroke Foundation from the Pine Lake community. Old calendars and used Christmas cards were taken to Beaver Hall, Red Deer, to be used for crafts. Cards of congratulations were sent to Balmoral W.I. on their 75th Branch Anniversary and to Tom and Faye Nicholson on their 40th Wedding Anniversary.

Four branch members attended the Balmoral 75th Branch Anniversary. Two Pine Lake W.I. members assisted in the choral presentation. Balmoral W.I. is to be congratulated on their achievement and their most enjoyable celebration.

Resolutions to be voted upon at the AWI upcoming convention were discussed.

Marion Brown introduced the FWIC Volunteer of the Year by the Luck of the Draw to the members. Each member wrote down her favourite volunteer activity to be included in the draw. When two missing members add their "activity," one name will be forwarded to the Constituency Convener. One winner will be drawn at

each Women's Institute level until the final draw is made by the FWIC president at the Executive Meeting in October. The winner will be announced through Federated News.

Pine Lake W.I. will enter the Group of Five at the July Westerner Event.

Plans were finalized for the Farmers' Market, beautifying the W.I. corner and the annual Coffee party to be held Wednesday, June 6, 2001, 9 - 11 a.m. A trivia quiz on Africa presented by Marilyn Wattenbarger brought the meeting to a close.

*Submitted by
E. Marion Brown*

Certificate of Recognition

presented to:

Pine Lake W.I.

for

3rd place Branch Standing

by The Red Deer Centre Women's Institute



April 28, 2001
DATE

De. Moore
HANDICRAFT CONVENOR



BALMORAL WOMEN'S INSTITUTE
75th ANNIVERSARY
MAY 7, 1926 - MAY 7, 2001



PROGRAM

Welcome

Recognition of Dignitaries - *Deputy Mayor
Sue Mayberry
Ada Ashton
Marilyn Wallen*

Creed: Mary Stewart Collect

Honour Charter Members

Honour Deceased Members

Chorus: Prairie Rose - *Doris Wark
Marilyn Waterhouse
Lore Kutton
Pat Mayne*

Guest Speaker: Michael Dawe, Archivist

History Capsule

Grandmas at Large (G.A.L.S.) Present

Introduction: Members of the Girls' Club

Presentation: Years of Service Pin

Recognition of Disbanded Branches

Recognition of Red Deer Centre Branch

Anniversary Cake

Balmoral WI - 75 Years!

by Doris Northey, AWI Past President

In 1926, the former Ladies Hospital Auxiliary members became charter members of Balmoral WI. Since 1966, they have provided scholarships for students at River Glen - \$50 to top all-around boy and girl; originally to grade nine, and now to grade eight. The services they have provided over the years, to their community and to Home & Country, is extensive and space would not allow the list. Congratulations Balmoral WI! □



Doris Northey presents 55 Year pins to Ev Northey & Leotta Moore

**Balmoral
 Women's Institute**



75th Anniversary

1926 - 2001

ALBERTA WOMEN'S INSTITUTES
CONVENTION 2001

CAMROSE ALBERTA
NORSEMAN HOTEL

Volunteers

the ♥ of the
community



May 29 - 31, 2001



Pres. Maxean Brigley



Diane Wicks Honours Blanche Cunningham



AWI Council & Dignitaries



Marilyn Wattenbarger, Olive Meyer, Fern Killeen

PINE LAKE W.I.

A visit to the Ellis Bird Farm is a must for all Albertans and visitors. It is open to the public during the months of June, July and August. It is a non-profit organization established in 1982 to carry on the work of pioneer conservationists, Charlie and Winnifred Ellis, of Lacombe, Alberta. It is a beautiful farm with natural wooded areas and majestic 60-year-old spruce trees. Pine Lake W.I. visited the Ellis Bird Farm on June 12. A morning meeting in the shelter of the sunny side of the lilacs was followed by exploring the several pathways through the wooded areas and observing the special orchards and flowers all chosen carefully for the birds and butterflies and other wildlife by Winnie Ellis and Charlie Ellis.

The fence lines are all lined with the largest number of functional bluebird nest boxes in any one area. Winnie Ellis, sister of

Charles Ellis, was also a visitor on June 12 and to see their work continuing must have given her great pleasure.

Irma Lawrence presented a program on "The Seven Factors that Contribute to a Longer Life." The factors are: A stable marriage, moderate alcohol use, no smoking, exercise, appropriate weight, having a positive outlook and being free from depressive illness. Only the last is beyond the individual's control. Another factor that improves lifespan was having gained 16 years of education. You can choose your spouse, whether or not you'll smoke, your treatment of alcohol and your general outlook. That includes an outlook that values education.

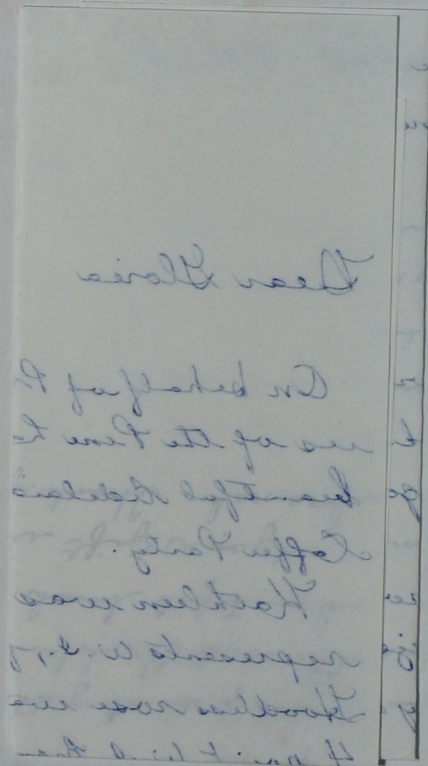
Kathleen Lawrence and Doris Warke groomed the W.I. Corner and set in dusty miller, and red, white and multi-colored petunias.

The "Coffee Party" on June 6 provided a pleasant

morning at the Hub Community Centre with 68 ladies attending. There was a nice display of Pine Lake W.I. handicraft, bake and plant tables and three draws during the morning. The first draw for the Adelaide Hoodless rose, donated by Parkland Nurseries, was won by Vera Jeffery of the Lacombe 4-Point W.I. Second place draw for the dried flower arrangement, donated by Beth Smith, was won by Blanche Cunningham of Cottonwood W.I. Third place draw for a potted patience, donated by Millie Munro, was won by Ella Sawyer.

The F.W.I.C. Volunteer of the Year will be decided by the name chosen from one name drawn from each W.I. branch. The Pine Lake W.I. member drawn was Vera Pierce. The Farmers' Market has begun at the Pine Lake Store and Fas Gas on Fridays from 3 to 5 p.m. and ends August 31.

Submitted by
Isabelle Beck







Thank You

Pine Lake W. I.

Thankyou for the gift certificate.

We are putting it towards a "Golden Elder Tree" or bush, and also for the squares and coming to our party, it was a wonderful celebration and fun time.

Thankyou

Ella & Johnnie



CANADIAN
CANCER
SOCIETY

↓

SOCIÉTÉ
CANADIENNE
DU CANCER

ALBERTA/N.W.T.



Ella & John Sawyer celebrate 50th Anniversary
with Beverly, Dwayne & Chase Cardinal
Doug, Carole, Brittany & Braden Sawyer

FWIC Executive Meets at Pine Lake



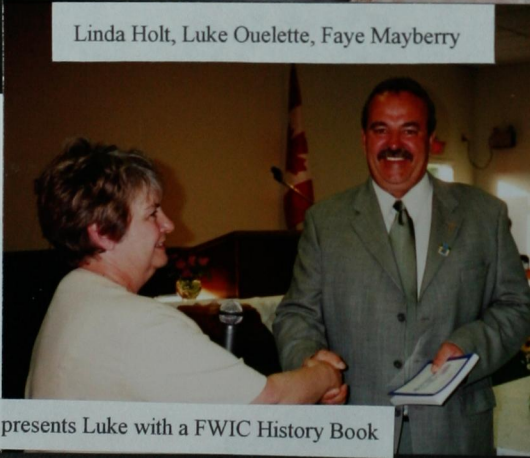
L.-R Back Row: Christine Reaburn (Ont.), Winnie Forbes (NS), Mildred Luz (AB), Marion Brown (AB), Margaret Yetman (NFL), Maxine Routledge (Man.), Faye Mayberry (AB), Patsy Nagel (BC), Doreen Holden (Sask.), Joan McNeill (NFL), Isabel Archibald (NS).
 Middle Row: Reta Ferguson (NB), Ruth Dickie (NB), Marg Eberle (Ont.), Doris Pattison (Sask.)
 Front Row: Reta MacDonald (PEI), Joan Dawson (PEI), Linda Hoy (Que.), Susan Hoszouski (BC), Sheila Needham (Que.), Margaret Munro (Executive Sec.)



Linda Holt, Luke Ouelette, Faye Mayberry



Jamie Lauzon (Safety City) informs



Faye presents Luke with a FWIC History Book

Alberta Hosts FWIC Board

by E. Marion Brown, AWI Executive Officer

Sunny canola crops, green pastures and fields, and blue Alberta skies greeted the FWIC Executive Officers and Provincial Presidents from all across Canada. It was with pride we showed off our beautiful province.

Falun and Angus Ridge branches provided lovely noon lunches and Pine Lake WI hosted a pot luck supper. The group had a Sunday afternoon tour and especially enjoyed their stop at the Red Deer Kiwanis Safety City. At Pine Lake they were greeted by HUB Community President Linda Holt, Country Councillor Penny Archibald, and MLA Luke Ouelette. MP Bob Mills sent greetings. Displays of handicraft and history added to the hall, attractively decorated with wild flowers. Thanks to all the WI members who took time to come and meet their FWIC representatives. A generous donation of \$190.00 was given towards the cost of hall rental and the raffle realized \$87.00 toward FWIC coffers.

Many items of business were discussed and decisions made over the three day FWIC meeting. With grant funding cut or removed, the Federated body is experiencing fiscal restraint. FWIC is urging members across Canada to "use your talents and your gifts to give FWIC a lift." Have fun doing a fund raiser for FWIC. The voluntary \$1.00 per member per year is still in effect. To cover costs of publishing, the **Federated News** individual subscription has been raised to \$5.00 per year, 10 or more copies to one address at \$4.00 per subscription per year.

How much does the preservatin of the Adelaide Hoodless Homestead mean to you? The Federated Womens' Institutes of Canada purchased the founder's childhood home in 1959 and, in 1985, the house was declared a Heritage Home. At one time, a grant was available for the Home upkeep. This has gone by the wayside but the executive is working on obtaining help for major improvements to electrical, plumbing, roofing and windows, etc. Watch for further developments and requests for help! (Note: the Adopt-a-Window idea in Mildred's column on page 2... editor.)

President Faye Mayberry felt the Revitalization Paper had achieved its goal of having members talking and executive listening. The reply papers have been returned to the Provincial Executives and, it is hoped, further direction from the provinces will be forthcoming. This project has also given direction for the Literacy project proposed Phase 3, *Computer Buddies*, for those who wish to improve their computer skills. More information will be available after the FWIC November board meeting.

Alberta has been twinned with Newfoundland in the Canadian Unity project. The project consists of two parts:

1. A short essay titled, "My Part of Canada" in 300 - 350 words, double spaced.
2. Twinning as individuals, branches and/or involving a Grade 6 class in information exchange.

Vice President Florence Bernakevitch has offered to help in Alberta coordination but, first, look for specifics in a provincial mailout.

The FWIC office has improved its efficiency and work place atmosphere with increased storage, printer stand, fax machine and laptop computer. A scanner is still to be purchased.

Please Note: Phone: 1-613-234-1090
Fax: 1-613-234-7633
Email: fwic@magma.ca

On a personal note, Roy and I enjoyed a wonderful six week May-June holiday in Australia as we attended a young friend's wedding. In addition, we toured north in our rented car enjoying the great barrier reef for the first time and then travelling inland through cattle country. Of course we visited our QCWA friends in Haden, near Toowoomba, with whom we have been associated for over 35 years, all because of WI pen pals. It was a welcome rest after a hectic winter of re-establishing our farm after the 2000 tornado.

Yours for Home & Country □



Faye presents Kathleen L. with Volunteer Kit
Kathleen Lawrence visits with Margaret Yetman (below)





L-R: Maxine Routledge, Margaret Munro, Marion & Roy Brown, Joan Dawson, Doris Pattison, Susan Hoszouski, Doreen Holden



Handcraft, Jute and Tea
 Constituency 2001
 BALMORAL
 LACOMBE FOUR-POINT
 PINE LAKE
 HILLSDOWN
 LESLIEVILLE
 RIDGEWOOD
 WOODDALE

PINE LAKE WOMEN'S INSTITUTE

International Affairs Convener, Isabelle Beck, sparked a great deal of interest for the discussion, which followed her presentation on the Afghanistan terrorists. Mrs. Beck reviewed the events that have taken place since September 11, and the retaliation now operational against Osama bin Laden and the Taliban regime. A world coalition is attempting to enforce a net of JUSTICE and assist the Northern

Alliance in victory against the Taliban. As well as initiating bombing raids on Afghanistan, Food Drops are being made to alleviate hunger. The repression of women and girls in Afghanistan was also discussed.

Kathleen Lawrence added to the International theme by telling of a delightful summer evening spent with her granddaughter, Carol Duborg, and her Japanese friends. Carol has been teaching English in Japan since 1992 and hosted

several of her friends here at Pine Lake. Kathleen displayed her Japanese gifts of a folded paper geisha girl, braided ornament and a hand painted dish.

The October meeting held at the HUB Community Centre began with a pot luck supper marking World Food Day (Oct. 16) and the Canadian Thanksgiving weekend. A horn of plenty centerpiece was symbolic of our many blessings.

Marion Brown and Kathleen Lawrence

attended the Farm Safety Harvest Supper on September 26. About forty men and women involved in the harvest - swathers, combiners, truckers - enjoyed the delicious bison meal. The proceeds of the sale of the "Crystal Wheat" will go towards the construction of the Farm Safety Building.

Kathleen Lawrence reported that 16 sets of jelly have been ordered. Since this is our specialty, sets of jelly, jam and/or cranberry sauce will be our contribution to the

HUB Race Nite November 3 and to the silent auction at the upcoming Constituency Conference November 10 at Leslieville.

The 2001 Garden Club gourd award will be presented at the Halloween Party on October 26 by Teresa Greening.

A committee was struck to draw up plans for the annual Christmas Family Supper to be held Friday, December 7.

As the year draws to a close, Citizenship and Legislation reports can be

sent to Vice-President Florence Bernakevitch at provincial level.

Members emptied their little WI stockings and each contributed \$4.50 to ACWW Pennies for Friendship.

Word game associations by Kathleen Lawrence and Doris Warke provided "fun time" for the members.

**Submitted by
E. Marion Brown**



PINE LAKE WOMEN'S INSTITUTE

The Pine Lake Women's Institute Branch chose to hold its regular monthly meeting even after the tragic terrorist attack on the United States of America on this day, **September 11, 2001**. The events of the day will have an impact on the whole world, but women will come together to support each other.

Red Deer Kiwanis Safety City was the venue for the branch meeting. Pam Robertson, Safety Training Instructor, briefed the members on the children's classroom instruction displaying road signs, traffic lights and the seven steps to safety. After a brief tour of the building, the ladies experienced the "Cityscape" of marked streets around the kiosks and the realistic railroad track. The children practise pedestrian safety as well as driving the streets on battery-powered tricycles. Over 2,000 children have experienced Safety City since it opened in April 2001.

The regular meeting resumed in one of the classrooms of Safety City, which doubled as a meeting room for the evening.

Pine Lake WI again sponsored the Needlecraft Section of the Crossroads Agricultural Fair held annually the second weekend of August. Kathleen Lawrence presented a gift to the win-

ner, Phyllis Mangin.

Twenty-nine gardens were registered in the annual PLWI Garden Club. Beth Smith judged the 20 completed gardens and the participants were honoured at the wind-up pot luck supper August 21. Winners: Preschool - Morgan Macfadyen; Ages 6-9 - Jackie Clutton; Ages 10-13 - Alex Clutton; Open - Linda Holt. Each received a tally sheet complete with ribbon and Alberta Wild Rose fabric sticker. Gourd judging will take place at the Halloween party.

PLWI again helped beautify the community with the planting of petunias on the "WI Corner" and paid for the grass to be cut.

The Farmers' Market was again sponsored by the branch. This service was brought to the community on 12 Fridays from June through August with a total of 76 tables. Members volunteered 92 hours to the project.

On July 15, 2001, PLWI hosted 22 members of the Federated Women Institutes of Canada executive body. After a tour of Central Alberta, the women were welcomed to the HUB Community Centre by Community Association President Linda Holt, County Councillor Penny Archibald and M.L.A. Luke Ouellette. M.P. Bob Mills sent greetings. All enjoyed a potluck supper. It

was a unique opportunity to meet the Federated body of which branch member, Marion Brown, is a member. Kathleen Lawrence expressed her thanks to the members who contributed to the success of the evening and presented a Volunteer Kit to all members for all their volunteer hours throughout the year.

Plans were finalized to help with the Kiwanis Farm Safety project Harvest Supper. 320 acres have been donated to grow a crop, the proceeds of which will go to the Farm Safety Project. The WI. branches around Red Deer have been asked to provide a supper to feed the harvester of the crop. Pine Lake WI. will provide the baked potatoes and sour cream for the "bison" supper.

The annual Constituency Conference will be held in the fall for the first time. Leslieville WI. will host the conference on Saturday, November 10, 2001, at the Leslieville Hall.

The meeting approved the continuation of the annual Jelly Project, Shoe Box Program and Christmas Greetings to the Haden District Ladies, Queensland, Australia.

Doris Warke, PLWI Handicraft Convener, urged the members to think about handicraft projects for the upcoming winter.

**Submitted by
E. Marion Brown**



Red Deer Kiwanis Safety City

Program
Information

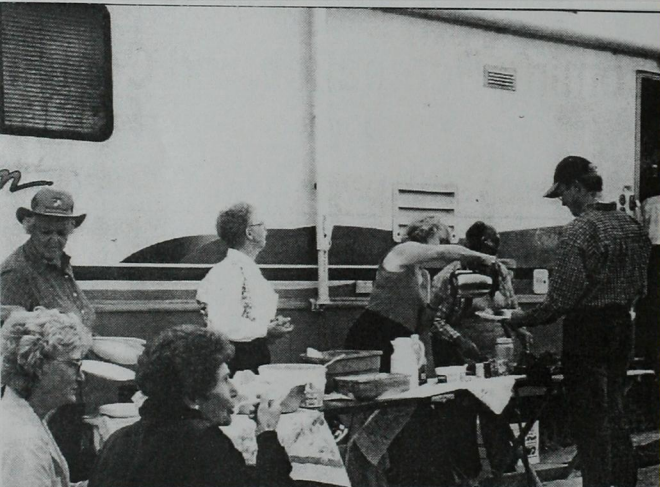


4:00 pm

*Pam
Robertson*

Prevent Serious Injury NOW,
Not When We Have To Mend The
Hurt!

Tel: (403) 314-9914



Kathleen Lawrence, Marion Brown & Marilyn Wattenbarger help serve

Couple celebrates 65 years

65th Wedding Anniversary Celebrated on August 2, 2001. Friends, neighbors and family gathered at the Pine Lake Hub Centre to extend best wishes to Eric and Vera Pierce on the occasion of their 65th Wedding Anniversary (August 5, 1936 - 2001).

This is a unique Anniversary in that Eric was born on the quarter-section that his father homesteaded. He went to school at Pine Lake, his four children went to school at Pine Lake and he still lives on the same quarter section in the home he built for his bride, sixty five years ago.

Vera (Houston) Pierce took her teacher training at the Camrose Normal School. She taught at Louisa and Grassy Lake, where she met Eric.

During the evening Councilor Penny Archibald brought congratulations from the County of Red Deer and presented a framed plaque to Eric and Vera. Ronald Underwood contributed several appropriate musical selections and the following tribute, composed by Rose Douglas, was read.

Now Eric was a whole-some lad, Strong and good looking too! He had a way with women, many he came to woo.

Then came one day a little school marm. Vera Houston was her name. Eric completely lost his heart, for that he had no shame.

Vera was a pretty girl,



photo submitted

Eric and Vera Pierce cut the cake during their 65th wedding anniversary celebration.

with a very special charm. She was always neat and prim, and could play hockey like a darn.

Vera and the word perfection, seem to go hand and hand. Whether it was teaching school or in a race she ran.

This lady is quite an artist, W.I and Guild member too. She is very active, to name just a few.

Besides being an excellent farmer, Eric is a good gardener too. His roses are spectacular, the best you could ever view.

Through 65 years of marriage and devotion, they have raised their family with pride. Eric in his stead-

fast way, and Vera by his side.

As we reflect upon the years, and think of things most treasured. We think of friends and loved ones, and not what life has measured.

So we all wish Eric and Vera, on this very special day, years of health and happiness, and may only good things come their way.

It is interesting to note that seven of Vera's former students were present for the evening.



A black and white photograph of a large, multi-level wooden playground structure. Several children are playing on the structure, including one on a slide on the left. A large, striped, cat-like mascot is standing on the right side of the structure, surrounded by balloons. The background shows trees and a fence.

THANK
YOU
VERY
MUCH

Red Deer Centre Women's Institute

Constituency Conference
November 10, 2001



Leslieville Community Center
Leslieville, Alberta



Marcella Bacso by Cemetery Gates
installed by Leslieville W.I.



L-R: Marcella Bacso, Mary Burrows, Teresa Greening, Lillie Clutton,
Ada Ashton, Marilyn Wattenbarger (Behind)



PINE LAKE WOMEN'S INSTITUTE

Christmas was in the air as Handicraft Convener, Doris Warke, walked the eleven members through a Christmas craft session. Pipe cleaners, netting, ribbon, sunburst beads and smarties turned into an attractive table candy container. Used Christmas cards were folded into boxes and a large used coffee tin became a delightful container waiting to be filled.

Everyone signed a Christmas card to be sent to our sister women's group in Haden, Australia.

Two dozen Christmas cookies donated by each

member will be brought to the December meeting to brighten the lives of shut ins in Red Deer.

All members contributed to the Christmas Shoe Box project. Three boxes were filled for children between the ages 5 and 9 years and will be sent to third world countries through "Operation Christmas Child."

Former members of the last five years will receive Christmas cards from the Pine Lake branch.

Plans were made for the branch Christmas Family Supper to be held the first Friday of December. Approximately 35 adults and 14 children are expected to enjoy a traditional turkey supper and a visit from Santa.

With the November 14 meeting so close to Remembrance Day, each member was asked to bring a picture of a family loved one who had served in any of the

world wars. Stories were told of service to our country. The Flag Salute added to the sombre reverie.

Six branch members attended the Constituency Conference held November 10 in Leslieville. The ladies expressed their thanks to Constituency Convener, Marilyn Wattenbarger, for a well planned, enjoyable day. The highlight of the day was a tour of the Leslieville Cemetery. Leslieville W.I. has made cemetery care part of their community project. They've placed wrought iron gates at the entrance, and iron markers throughout the cemetery for grave identification. A chapel like building has been erected to house the records of grave markings.

A speaker from the Red Deer SPCA spoke on the correlation of cruelty to animals and violence in the home.

Congratulations will be

sent to Jack and Gayle Olson who were named Farm Family of the Year.

The branch recognized the five entries in the Gourd Display Contest at the community Halloween party. Jelly orders have been filled and baskets of jelly were donated to the annual HUB Race nite as well as to the Silent Auction for the Constituency.

The election of the 2002 slate of officers saw Doris Warke as President, Isabelle Beck as Vice-President, Marion Brown as Secretary and Teressa Greening as a new Director.

Irma Lawrence provided "Fun Time" with the presentation of a humorous reading of forces that touch our lives - laws, taxes, licenses, charities, insurances, inspections, etc.

*Submitted by
E. Marion Brown*

A4 Central Alberta LIFE, Monday, Nov. 12, 2001



Photo by RANDY FIEDLER/Advocate staff

Farm family of the year Jack Olson, left, his wife Gayle, their daughter-in-law daughter Janine and grandchildren Tyler and Alyssa

Agri-Trade honours area farm family

Jack and Gayle Olson of Willowdale were named winners of the Agri-Trade Farm Family Award last Wednesday.

"The Olsons are definitely deserving of this award," said Agri-Trade chairman Hugh Kellough. "They are living examples of the benefits of hard work, good business sense and a belief in the free enterprise system."

The Olsons ran one of Central Alberta's earliest feedlots and played an active role in the restructuring of the Crow freight rate in the 1980s. Jack was a founding director of the Alberta Cattle Commission, a charter member and president of the Alberta Cattle Feeders, and agricultural advisor to the Bank of Montreal. He was also a member of the Western Stock Growers.

Gayle was a founding member of the Penhold kindergarten, chaired the Normandeau Cultural and Natural History Society, and is a 35-year member of the Women's Institute and a member of the Festival of Trees committee.

The Olson farm has operated since 1941 when Jack's parents moved to the Willowdale area. Jack and his brother purchased the farm in 1978 and split it into two operations in 1987.

The Agri-Trade Farm Family Award is presented annually to a family that represents the future of farming through its utilization of modern farm techniques, involvement in self-improvement programs, production of quality products, interest in marketing products and contribution to their community. The Olsons were chosen from seven nominations.

2001 EVENTS (Continued)

BRANCH AND COMMUNITY ACTIVITIES (Cont'd.)

Christmas Family Supper – Attendance of over 50 for the annual turkey supper, visit from Santa and ten games of Bingo. Lucky winners received “loonie” gifts.

Christmas greetings were sent to past members.

Branch History kept up to date.

Members volunteer hours were tabulated at 1,936.

CONSTITUENCY ACTIVITIES:

Annual Constituency Handicraft Tea and Display – April 28, 2001 at the Red Deer Museum 9/11 members entered 22 articles. The Pine Lake branch placed THIRD with Lillie Clutton and Marilyn Wattenbarger being recognized for outstanding articles in Hardanger and Cross Stitch.

Constituency Conference – November 10, 2001 at the Leslieville Community Hall. Branch member, Marilyn Wattenbarger presided over the meeting along with five other branch members. Marion Brown was recognized as one of the five executive AWI and FWIC members in attendance. Highlight of the day was the tour of the Leslieville Cemetery, an ongoing project of Leslieville WI in maintaining the grounds.

Meals on Wheels – 2 dozen cookies donated by each member for the 70 plates.

Hillsdown Annual Strawberry Tea – May 26, 2001

ALBERTA WOMEN'S INSTITUTES

District III Workshop – March 15, 2001 at the HUB Community Centre, Pine Lake. Branch members were congratulated for their *volunteer* spirit as 100% membership carried out duties of acting as hostesses, registration clerks, manning ticket tables.

Balmoral W.I. 75th Anniversary Tea – May 6, 2001. Afternoon enjoyed by PLWI members of Lillie Clutton, Kathleen Lawrence, Doris Warke, and Marilyn Wattenbarger. Two of our members lent their voices to the choral group that entertained.

Office Fund -- \$50.00 as well as April Stocking money of \$11.00 towards Provincial Mailing fund.

Alberta Women's Institutes Provincial Convention 2001 – Norseman Hotel, Camrose, Alberta. May 29-31, 2001. Theme. *VOLUNTEERS, THE HEART OF THE COMMUNITY*. Marilyn Wattenbarger assisted in the convention program. Branch members Kathleen Lawrence and Lillie Clutton also attended. Marion Brown was unable to attend as she and Roy were in Australia for the wedding of a special young friend, Joey Stranger to Steve Batterham. Marion sent her message to AWI via video tape.

Branch members supported the annual Hillsdown Tea.

Marion Brown as Executive Officer of FWIC attended the two Council meetings – January 26/27 and September 21/22, 2001 at the AWI Office in Wetaskiwin, Alberta.

FEDERATED WOMEN'S INSTITUTES OF CANADA:

Marion Brown as Executive Officer of FWIC representing Alberta Women's Institute members, attended the FWIC Board meeting July 14-17, 2001 in Wetaskiwin and the November Executive meeting November 24-27, 2001 in Ottawa. The PLWI again showed their *volunteer* spirit as they hosted the FWIC Board at the HUB Community Centre, July 15, 2001 for a pot luck supper. It was an unique opportunity to meet the FWIC executive and provincial presidents from all across Canada. Marion Brown who organized the Central Alberta tour for the FWIC Board, proudly showed off the yellow canola fields and green fields. A tour of the Kiwanis Safety City in Red Deer proved to be a most appreciated stop. President Kathleen Lawrence expressed her thanks to the husbands who helped in the hosting and presented each member with a *Volunteer Kit* to show her appreciation for the volunteerism.

December Stocking Fund of \$2.30/member was sent for the FWIC Adelaide Hoodless Homestead Fund.



PINE LAKE WOMEN'S INSTITUTE

Home Convenor, Marilyn Wattenbarger, brought a different aspect to her convenership by discussing the simple, free gifts of living. She urged the members of the Pine Lake Women's Institute to practise the art of frugality, delight in ordinary things, grasp opportunities that bring you humble pleasures and sew seeds of time and grace. Each member wrote down ten joys in her life that cost nothing and shared them with the group. A great exercise as

we go into a new year!

Teressa Greening, Environment Convenor, brought to the attention of the branch the concern being expressed with Corsair Exploration Inc.'s application to remove 80 million gallons/year of water from the North Saskatchewan River for the use in oil production. There is a concern regarding the recharging of the aquifers in this vast area as well as the interruption of the natural water cycle.

On Friday, December 7, the annual family Christmas turkey supper was enjoyed by 30 adults and 12 children. Santa paid his regular visit to the delight of the children who each received a gift. BINGO provided entertainment for the gathering as the children took turns calling the numbers for the Loonie game prizes.

The Australian Pen Friend Link continues through Lyn Reinke of Haden, Queensland. The branch received a Christmas letter as well as a calendar which was won by draw by Irma Lawrence.

President Kathleen Lawrence presented the outline for the new year. Alberta Women's Institutes are twinned with Women's Institutes of Newfoundland and Labrador for 2002. Studies will center around this twinning as well as "International Year of the Mountains and Ecotourism."

The Adelaide Hoodless Homestead Fund was supported by a donation from each of the members from their "stocking" monthly collection. A donation of \$50 was also sent to the AWI Office Fund. At a local level, each member donated two dozen cookies for the

Constituency project contributing to Meals on Wheels.

As a prelude to the exchange of gifts among the members, Doris Warke imparted personal glimpses of all Santa's Reindeer. She named each reindeer and told of the special attribute each possessed. Each lady received a gift of her choice as well as a card identifying her 2001 secret sister. Fun time in the form of "match" tricks and word synonyms was provided by Kathleen Lawrence.

Kathleen Lawrence pinned the President's ribbon on incoming President Doris Warke as the branch looks toward 2002. The branch will continue to meet the second Tuesday of each month and would be happy to have anyone interested in "Home and Country" to join the group.



FWIC Pres. Faye Mayberry & Marion Brown preparing VOLUNTEER OF THE YEAR Certificates

2001 EVENTS (Continued)

ASSOCIATED WOMEN OF THE WORLD

Pennies For Friendship – October stockings @ \$4.50/member for a \$49.50 donation
World Food Day and Canadian Thanksgiving Pot Luck Supper.

Operation Christmas Child– Three boxes assembled by the branch for a boy or girl between the ages of 6-8 years of age. Shipping charges covered by a donation of \$5.00 for each box.

Continued link with the Haden Women, Queensland, Australia by sending Christmas greetings. Roy and Marion were again able to renew their friendship with the Newton family as they visited Australia in June. They also visited the buried place of former pen pals, Rosalie and Ada Newton.

INTERESTING ROLL CALLS & FUN TIMES:

What makes me feel I BELONG?

News Quiz 2000

"A real person can....." (Answer with a word beginning with *h.*)

Trivia quiz on African animals

AWARDS/SPECIAL OCCASIONS:

Tom and Faye Nicholson celebrated their 40th Wedding Anniversary April 4, 2001

John and Ella Sawyer celebrated their 50th Wedding Anniversary June 25, 2001. W.I. members assisted at their celebration community dance June 23rd.

Eric and Vera Pierce celebrated their 65th Wedding Anniversary August 5, 2001. An afternoon tea was held at the HUB in their honour.

Jack and Gayle Olson and Family were congratulated by PLWI on being named *Farm Family of the Year*.

Bob and Irma Lawrence again became grandparents with the birth of Benjamin Ahren Thomas Mitchell, December 3, 2001.



Cassandra Wattenbarger, Melissa & Jeffery Greening, Brittany Sawyer, Jackie Clutton, Katrina & Grandma Wattenbarger, Ashley Wattenbarger on Santa's knee.

PINE LAKE WOMEN'S INSTITUTE

The Pine Lake Women's Institute Branch members began the New Year with a discussion of the numerous diversification techniques farmers have adopted to remain in the farming industry. Small rural towns have also had to adapt to changing times to provide viable services. Branch Agriculture Convener, Marion Brown, explained the enforcement of the law where livestock must be manifested as the owner's brand is registered or the money will be withheld. With the numerous trips some cattle make to auction marts, brand inspectors are tested of the mettle as expressed in "Rope and Clippers and Old Felt Hat," by Brenda Shantz, as read by

Marion Brown. To conclude her program, Marion showed video pictures of a visit to a cattle station in the Queensland high hill area of Australia that she and Roy had made in June 2001.

"Water for Export" was the second subject that generated interest. Kathleen Lawrence read a brochure from the Council of Canadians itemizing the requests for export of water from Lake Superior, Lake Ontario and Grisbourne Lake in Newfoundland. Both have been denied for the present, but we must be vigilant for if any export took place, NFTA agreements would prevent any cessation. Each member was asked to personally deal with the petition, re Corsair Exploration Inc.'s application for removing water from the North

Saskatchewan River, as presented at the December 2001 meeting.

Faye Nicholson was remembered with an expression of sympathy with the passing of her father, Robert William Campkin, on December 12, 2001.

Branch members, Isabelle Beck, Lillie Clutton and Irma Lawrence, are holidaying in the Southern States.

Members were encouraged to work on handicraft for the 2002 Constituency Handicraft Display and Tea.

The February 12 meeting will take the form of a "Pot Luck" supper and the annual visit from Red Deer Constituency Convener Marilyn Wattenbarger.

*Submitted by
E. Marion Brown*

PINE LAKE W.I.

"Defining Truth" was the topic chosen by Constituency Convener, Marilyn Wattenbarger. Since September 11, 2001, people have perhaps reflected on what matters most in their lives. Universal truth is the best one can do with what one knows. Strive to be honourable, good and true. The state of truth is determined by seven critical choices made in a life time - survival, emotion, love, self esteem, self expression, intellectual fulfillment and spiritual fulfillment. Ms. Wattenbarger asked the

members to take ownership of their decision making to create positive results. If there is a need for change, make positive changes that extend the truth to others.

The evening began with a potluck supper, a fitting change of routine to acknowledge the annual visit of the Constituency Convener and Founder's Day, February 19. In 1897, the first Women's Institute was organized at Stoney Creek, Ontario, by Adelaide Hunter Hoodless. The first branch in Alberta was formed at Lea Park in 1909. Membership in the Alberta Women's

Institutes automatically gives membership in the Federated Women's Institute of Canada and the Associated Country Women of the World.

President Doris Warke welcomed the members with the poem, "Love is a Grandparent" after which the Mary Stewart Collect was repeated.

Three members had replied to the petition, re: Corsair Exploration Inc.'s application for removing water from the North Saskatchewan River. Kathleen Lawrence read a reply from Alberta Energy and

Utilities Board. "The Board has set aside objections filed on the basis that no objector has demonstrated that he or she would be directly and adversely affected by the Board's decision on the applications. The applications have been granted, and approvals respecting the applications will be issued in the near future."

At a recent Constituency Representatives' meeting, plans were made for the upcoming events: District 3 Conference - March 21,

2002, Ponoka; Red Deer Constituency Handicraft Tea - May 4, 2002; Alberta Women's Institutes Convention - May 28, 29 and 30, 2002, at Stony Plain, Alberta.

Local events included preparations for the annual Heart Fund Card Party, February 23, at 8 p.m. and the 75th Anniversary of the Ridgewood W.I. on March 2, 2002.

Doris Warke provided "fun time" with a Look, Think, Record contest.

Members were awarded with chocolate kisses for their effort.

Marion Brown reported that Kathleen Lawrence and Doris Warke had achieved perfect attendance in 2001. Members had contributed 1,936 recorded hours to Alberta Women's Institute activities during this time period.

The meeting came to a close with an exchange of homemade Valentines.

*Submitted by
E. Marion Brown*



C. C. Marilyn Wattenbarger Presents
Faye Nicholson & Millie Munro look on

2002 EVENTS AND ACTIVITIES

OFFICERS — President---Doris Warke	No. of Meetings	10
Vice-President---Isabelle Beck	No. of Active Members	11
Secretary---Marion Brown	Life Branch Member	1
Treasurer---Irma Lawrence	Ave. Attendance	8
Directors---Faye Nicholson	No. Perfect Att.	4
Ella Sawyer	Ave. No. Visitors	.2
Teresa Greening	No. of donated hours	1,738
Sunshine---Ella Sawyer		
Historian---Marion Brown		

Educational Conveners – Branch Level

Agricultural and Canadian Industries	Marion Brown/Faye Nicholson
Citizenship and Legislation	Kathleen Lawrence
Education and Cultural Activities	Irma Lawrence
Environment and Conservation	Teresa Greening
Handicraft	Doris Warke/Teresa Greening
Health	Millie Munro
Home Economics	Marilyn Wattenbarger
International Affairs	Isabelle Beck
Social Services	Ella Sawyer

Educational Conveners – Constituency Level

Constituency Convener	Marilyn Wattenbarger/Marcella Bacso
Handicraft Committee	Doris Warke
Publicity	Kathleen Lawrence

Educational Conveners – Provincial Level

Education and Cultural Activities	Doris Warke
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Educational Conveners – National Level

Legislation and Citizenship	Marion Brown
Executive Director for Alberta	Marion Brown

THEME: INTERNATIONAL YEAR OF THE MOUNTAINS & ECOTOURISM

SPEAKERS and their TOPICS:

- Marilyn Wattenbarger – 25 Reeves Cres. Red Deer – Constituency Convener Red Deer Centre Women's Institutes. "Defining Truth". Change should create positive results that extend truth to others.
- Kathleen Lawrence – "Clean Air and Water, Our Precious Resources Kyoto Protocol
- Marion Brown – Farm Diversification, Livestock Manifests must bear names in which a Brand is Registered, Slides of Australian Cattle Stations, Kiwanis Safety City Farm Project
- Millie Munro – March is Nutrition Month; 2002, Chinese Year of the Horse
- Isabelle Beck – Jack Burns, a former Peace Keeper, is helping to curb famine in Tajikistan through the International Red cross
- Marcella Bacso – New Constituency Convener Red Deer – News from all levels of W.I.
- Carmen Kostiuk – Michener Services Co-ordinator of Volunteers
- Marilyn Wattenbarger – Financial Management, 'Rule of 72'



Back L-R: Trudy Downey, Vi Moore, Lynn Armstrong
Middle: Dorothy Bickley, Evelyn Cressey, Faye Mayberry
Front:: Nellie Moore, Vivian Stickland, Helen McDonald

RIDGEWOOD W.I. 55th ANNIVERSARY

Time March 2, 2002
2-4 P.M.

Place Ridgewood Hall.

Occasion Ridgewood W.I. 55 Anniversary

Pine Lake Women's Institute

March is Nutrition month

submitted by
Marion Brown

March is Nutrition Month, a fitting topic chosen by Millie Munro, Branch Health Convener. Good nutrition helps prevent cancer, diabetes and heart disease. Five servings of vegetables and fruit a day will help keep cholesterol levels manageable. Moderation is the key. Avoid excess salt, alcohol and exercise regularly. Two pamphlets – "Cholesterol" and "Where is the Fat in your Diet?" gave the members more information.

Marion Brown presented a five minute video on the first "gator" draw by the Kiwanis Safety City in mid February. The first winner of six draws was Peavey Industries. They donated the children's gator back to the Safety City Committee. Tickets sell for \$85 (cost of inputs for one acre of land

in the GROW program) of which a receipt is issued for a \$65 donation. All tickets remain in the barrel for the duration of the draws.

President Doris Warke welcomed the members with the reading, *Yes, I'm Tired*, after which the Mary Stewart Collect was repeated. Three members were extended birthday greetings.

The Heart Fund card party attracted six and one half tables of whist. All donations are forwarded to the Heart and Stroke Foundation. Food and prize costs are donated by the Pine Lake Women's Institute.

Marion Brown reported that the Constituency Secretary's Report, Constituency Branch History and the PLWI Branch History have been completed.

Marion Brown and Doris Warke attended the 55th

Ridgewood W.I. Anniversary for a pleasant afternoon. Displays of branch activities and hand crafted quilts drew special interest.

Correspondence included the provincial newsletter with information regarding AWI Changes to Policy and Procedure Manual, Elections, Convention 2002, Registration and Accommodation. Resolutions to be voted upon at the convention were read and briefly discussed.

PLWI will again sponsor a community garden club. A committee of Marion Brown, Kathleen Lawrence, Faye Nicholson and Doris Warke will present plans for 2002 at the next meeting.

Doris Warke will pursue the idea of a Jr. Craft Day.

Alberta W.I. is twinned with Newfoundland and Labrador W.I. Marion Brown presented the name

of Mrs. Martha Butt of Twillingate, Newfoundland as a pen pal link.

Members were reminded of the District III Workshop at Ponoka, March 21; Innisfail WI Constituency Handicraft Display and Tea March 22; Kneehill Valley WI Constituency Meeting April 6 in the Huxley Hall. Members were also encouraged to prepare for the Red Deer WI Constituency Handicraft Display and Tea on May 4 at the Red Deer Museum. The Special Competition will be a four inch by six inch photo of W.I. Volunteers in Action.

For "Fun Time", Kathleen Lawrence asked each member to list from A-Z the qualities admired in a friend.

The roll call, *A Health Issue that Concerns Me*, clippers and reporting of volunteer hours brought the meeting to a close.

**Alberta Women's' Institute
District 3, Conference/Workshop
March 21, 2002, Ponoka, Alberta**

Agenda

- 9:00 Registration
- 9:30 Greetings From Town of Ponoka
- 9:40 Call To order
Minutes: District 3, Conference/Workshop, March 15, 2001
Director's Report and Financial Statement
Motion: Re: District Dues *5-10
- 10:00 Federated Women's Institute – Faye Mayberry
Marion Brown
✓ Safety City – Marion Brown
- 10:30 Refreshment Break
- 10:45 Speaker: Volunteer Services: Lynn Gray: Volunteer Coordinator,
Alberta Hospital Ponoka
- ✓ 11:15 Reports: Constituency Convener's Reports & Resolutions
- 12:00 **A. W. I. Grace - Dinner**
- 1:00 Roll Call
A.C.C.W. Information Elizabeth Rushon, Canada Representative, A.C.C.W.
A.W.I. Archivist
- 1:30 Memorial Service – Halfway Grove Women's Institute
- 2:00 Refreshment Break
- 2:15 Election of District 3 Director
Courtesy Report
- Adjournment

*"AWI is where friends meet, plan, and carry out their ideas
Because of their love for home and country."
Ada Ashton*

submitted by
Marion Brown

Clean air and water, our precious resources, were the subjects chosen by Kathleen Lawrence who presented the thought provoking environmental topics. "Climate change," "green house gas emissions," "Kyoto Protocol" were phrases that stimulated the members to search for a better understanding of our ever changing environment. Do we know enough about the impact of adopting the Kyoto Protocol to risk job loss and an economic turnaround? Are we prepared to divert water to parched land of the south? Mrs. Lawrence challenged each member to keep track of one day's usage of water, for which we take for granted, and asked if each had a water saving project in her home. Don Bester, a Caroline farmer, who has taken a leadership role in the preservation of water will speak at the annual Constituency Conference May 11 in the Red Deer and District Museum.

The study of Newfoundland and Labrador, Alberta's twin province, is continuing. Marion Brown reported that a letter of introduction had been sent to Mrs. Martha Butt, a picture of the branch ladies and a copy of the last issue of the Home and Country. All members are encouraged to bring items of interest to add to the study board at each meeting. The Newfoundland and Labrador board displays a map, flag pin, activity items gleaned from the N.L.W.I.

Newsletter, 2002 NLWI program and personnel pictures. Twillingate W.I. is the chosen branch twin.

The Garden Club will again be sponsored by the PLWI. Four age categories are: Pre-school, 6 to 9 years, 10 to 13 years and 14 to 18 years. Garden club rules and regulations are provided upon a registration of \$2. Registration deadline is April 30. Special feature for this year will be to create a bookmark, card or picture from pressed pansies. All seeds and bedding plants will be provided by the PLWI.

Four members had attended the District III Conference at Ponoka, 21, 2002. Alice Lowis was named to the position of District Director for a three year term.

Final plans were made

for the Handicraft Display and tea, May 4 and the Constituency Conference, May 11, both to be held in the Red Deer & District Museum and the AWI Provincial Convention May 28 to 30 at Stony Plain, Alberta.

Marilyn Wattenbarger will represent Pine Lake Women's Institute as the official delegate. Kathleen Lawrence and Doris Warke will present a history of the Pine Lake garden club from which the convention theme, Seeds of Hope, was formulated.

At this 46th branch anniversary, Marion Brown and Doris Warke sang, "A Few of my Favorite Things" illustrating changes over the years. Faye Nicholson quizzed the members with a Words x 5 and a True and False contest.



Millie Munro honoured



C.C. Marilyn Wattenbarger receives
"Many and Remarkable" from D.D.
Ada Ashton

Red Deer Centre Women's Institute

Constituency Conference
May 11, 2002



Red Deer & District Museum & Archives
4551-47 A Avenue
Red Deer, Alberta



PINE LAKE W.I.

Doing Whatever It Takes, the theme under which volunteers carry out their duties at Michener Services was outlined by Carmen Kostiuik. Ella Sawyer, Pine Lake W.I. branch Social Services convener, introduced Carmen who co-ordinates the volunteer services for the 382 clients at Michener Centre, Red Deer. 250 volunteers help accomplish the extensive activities of recreation and outreach under such programs as Ventures program, Volunteer Friends, Camp L.G. Barnes program, Smiley's Club and First Nation's program. Volunteers aim to help the "community" to achieve their self interests and dreams. An environment of happy independence is fulfilled under home staff who are assisted with workers in physiology, rehabilitation, and pastoral care.

Ms. Kostiuik expressed her thanks to all the Pine Lake members who have supported the Michener Services, especially the craft program of Beaver Hall, by presenting each with a thank-you gift.

The branch purchased a cookbook produced by Michener Services under pastoral care to be used as

a gift for the June Coffee Party.

Twenty-three participants have registered for the Pine Lake Garden Club in the four categories. Seeds and "Joker, Poker" Pansy bedding plants have been distributed to all registrants.

Seven members attended the Constituency Handicraft Display and Tea with Kathleen Lawrence as Tea Pourer. W.I. members from the seven branches supported the annual event and enjoyed the outstanding display of handicraft done by the members.

Five members attended the annual Constituency Conference under the direction of Constituency Convener Marilyn Wattenbarger. The day long conference was highlighted with an address by Don Bester on "Water Usage," a presentation of the "Do's and Don'ts of Photography" by Diane Lewis and an impressive Memorial Service remembering our past members. Marion Brown and Doris Northey gave an update on Safety City and the Farm Safety Program. Ridgewood W.I. placed first in the Handicraft Competition with a standing of 5.4. Pine Lake had three outstanding articles on the

Outstanding Table.

Marcella Basco of Leslieville W.I. was elected as Constituency Convener for the next three-year term. Marion Younker of Balmoral W.I. will serve as Constituency Citizenship and Legislation convener.

AWI Resolutions were discussed for agreement for delegate, Marilyn Wattenbarger's discretion for voting privileges.

Plans were made for the upcoming Coffee Party, on Wednesday, June 5, 2002, from 9 to 11 a.m.

The new season for the Farmers' Market will run from 3:00 to 5:30 p.m. commencing on Friday, June 14, 2002, and closing on August 30, 2002.

Congratulations were extended to Millie Munro who was recently honoured at a community party.

The violent spring snowstorm prompted the members to return to their homes in haste!

Submitted by

May E. Marion Brown



FWIC Board meet in Fredericton

L-R: Margaret Yetman (NFD), Joan MacNeill (NFD), Marion Brown (AB), Iva Mutch (PEI), Joan Dawson (PEI), Nancy Banister (NB), Ruth Dickie (NB), Standing - Patsy Nagel (BC)

2002 EVENTS (Continued)

SPEAKERS and their TOPICS (Cont'd.)

Teressa Greening—corsair Explorations Incs' Application for Water Removal from N. Sask. River. Three members replied to the Petition.

BRANCH AND COMMUNITY ACTIVITIES:

AWI Membership Dues: \$15.00/member (PLWI members pay \$5.00)

Fun time with one member in charge each month

Secret Sisters names drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for January, two for Feb., etc

Heart Fund Card Party – 61/2 tables of whist with \$285.00 donations.

Road Side Clean Up – April 27 with WI members and families participating.

Cancer Canvas --\$205.00

Children's Garden Club—Twenty-one of the twenty-four registered gardens were judged by Doris Warke and Kathleen Lawrence. At the *Garden Party* on August 6th, each participant was given a placement ribbon and the Queen Elizabeth Anniversary 50 cent coin. The special project of creating a bookmark, card, etc from pressed pansies grown from their gardens were recognized at the annual Halloween party.

W.I. Corner – The corner was again attractive with the usual flowers and the branch paying \$78.50 for the summer grass cutting by Les Snider. The very dry summer challenged the members' project.

Coffee Party – Forty-seven attended the annual event with \$306.10 realized. Winnie MacFadyen and Sheila Page were lucky draw winners.

Farmers' Market – Sponsored by PLWI at the Pine Lake BiLo on Fridays from June 14–August 30, 2002. 97 tables were rented for a branch profit of \$485.00 from 80 volunteer hours.

Jelly Project – Kathleen Lawrence filled orders offering five varieties of jam or jelly. Sales totalled \$197.60.

Crossroads Ag. Fair – PLWI sponsored the handicraft section. A prize was presented to Mary Ann Worthington.

Five members and one visitor toured the *Kananaskis Food Processors* owned by a Dixie Hodgson and run from her parents' farm in the Antler Hill District. Dixie and her staff produce Ksana stuffed potatoes and other quality food products.

HUB Horse Race Nite – A home made willow basket made by Bruce Elliott and filled with three jars of jelly was auctioned as the branch contribution.

Kathleen Lawrence knit five afghans from wool donated by Faye Nicholson. Faye received the wool from a friend whose mother had been a member of the Stoney Creek W.I. in Ontario. The afghans were donated to the Red Deer women's Emergency shelter.

Shirley Schalin was remembered with a food gift Christmas basket.

Eight Christmas Mugs filled with "instant" ingredients were donated to the Red Deer Homeless through the Mobile Outreach Program.

Christmas Family Supper – Attendance of over 45 for the annual turkey supper, visit from Santa and ten games of Bingo. Lucky winners received "loonie" gifts.

Christmas greetings were sent to past members.

Branch History kept up to date.

Members' volunteer hours were tabulated at 1738.



PINE LAKE W.I.

Are you interested in your Horoscope according to the Chinese New Year? Each year falls under the



sign of one of 12 different animals and 2002 is the Year of the Horse. Each member chose their particular year according to the year in which they were born and read their predictions for this special year. Financial risks, health situations and love life were all to be heeded. Millie Munro provided this fun time to the delight of the members.

In the absence of an Education program, a lively discussion took place around the theme, "A new innovative educational concept." The members noted the many ways that education is delivered especially with Cyber School via the computer.

The past month was a busy month for members attending conventions. Kathleen Lawrence, Doris Warke and Marilyn Wattenbarger attended the

annual Alberta Women's Institutes meeting held in Stony Plain, Alberta May 28 to 30, 2002. As official delegate, Marilyn Wattenbarger commented on the excellent speakers, two of which were Ela Tuzinska and Jerod Zsombor. Ms. Tuzinska works in the Justice Ministry and spoke on Immigration and Citizenship and Mr. Zsombor of the U. of A. Hospital spoke on the urgent need for skin and organs for transplant. He impressed upon the delegates the need to inform their families of their wishes. It is not enough to sign a donor card!

Phyllis Kosik was elected as President Elect and Marcella Bacso will serve as Resolutions Chairman. Executive Secretary, Fern Killian, and her brother provided the entertainment for Convention 2002 with the theme, Seeds of Hope.

Marion and Roy Brown have just returned from New Brunswick where the Federated Women's Institutes of Canada held their Board Meeting May 25 to 28, 2002 in Fredericton. Marion showed pictures of the stately N.B. homes, City of St. John with its Reversing Falls, Flower Pot Rocks on the Bay of

Fundy and reported on a visit to the New Brunswick W. I. Home for the aged in Woodstock.

The annual Coffee Party was enjoyed by 47 guests who took time to enjoy morning coffee with muffins or coffee cake. Winnie MacFadyen and Sheila Page were lucky door prize winners of plants. Thanks to all the ladies and the four men who supported this fund raising event for the Pine Lake Women's Institute.

Marion Brown reported that purple and white petunias have been planted in the "W.I. Corner" to signify the Year of the Mountains. Lane Nicholson has been added to the roster of garden club participants to make a total of 24.

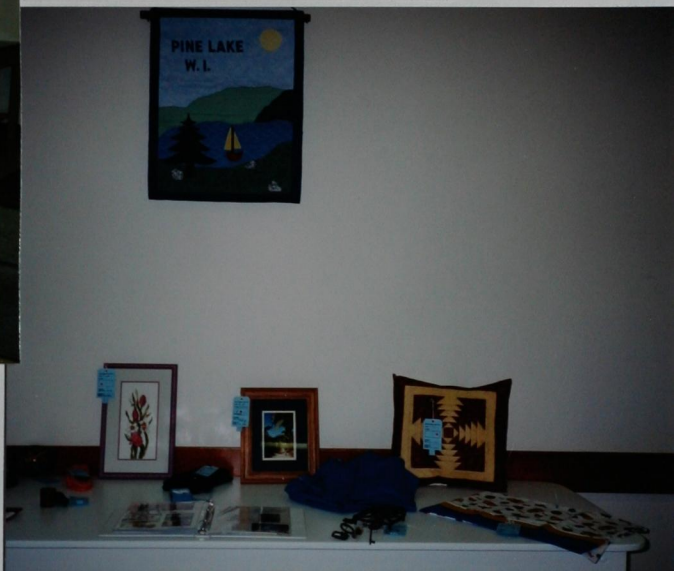
PLWI will again sponsor the Handcraft Section of the Pine Lake Fair 2002 August 9, 10, 11. President Doris Warke will purchase and present the gift.

PLWI members have kindly offered to oversee the serving of the lunch for the 50th Wedding Anniversary Tea for Roy and Marion Brown, Sunday July 14, 2002, 2:00 to 5:00 p.m.

Submitted by
E. Marion Brown



Irma Lawrence, Ella Sawyer & Lillie Clutton
at Coffee Party



Seeds of Hope.

Convention 2002

AGENDA

Tuesday, May 28

- 10:00 am Registration
- 1:00 pm Opening Ceremonies
- Speaker** - Ela Tuzinska
- ~~6:00~~ Education Reports
- ~~5:00~~ pm Supper

Wednesday, May 29

- 8:30 am ✓ Morning Sunshine
- ✓ **Speaker** - Jerod Zsombor
- Election of President Elect
- Noon ✓ Lunch
- 1:00 pm Business Meeting
- 1:30 pm **Guest Speaker**
- Resolutions
- 6:00 pm Banquet/Awards Evening

Thursday, May 30

- 18:30 am Morning Sunshine
- Handicraft - Editor - CAP
- Installation of New Council

Thanks for Coming
Have a Safe Trip Home

Speakers:

Ela Tuzinska: works in the Justice Ministry and will bring a message of how Canada offers *Seeds of Hope* through Immigration and Citizenship.

Jerod Zsombor: works at Comprehensive Tissue Centre, U. of A. Hospital, an agency that brings *Seeds of Hope* by helping improve life for many through use of reclaimed tissues.

Alice May Newton

29.10.1920 to 26.06.2002



Back, L-R: Heidi, Doug, Marion,
Roy (Brown), Alan, Brett,
Chelsea (Simms)
Middle: Ryan, Matthew, Heather
(Brown), Marjorie, Wade,
(Simms), Danny Tensen
Front: Chantal, Serena (Brown),
Deb, Joylenn, Kari (Tensen)
Missing: Harry Tensen

July 23, 2002

Dear W. I. Friends:

Many thanks

for your thoughtfulness.

Thank you for
remembering us with
a beautiful card &
gift certificate from
"Parkland Nurseries".

We will purchase some-
thing special for special
memories. Marion & Roy



Thank You



Vera and Eric Pierce visit with Gordon Beck
Ruth Lund at left

PINE LAKE WOMEN'S INSTITUTE

September report for the Pine Lake

submitted by E. Marion Brown

Alberta Women's Institutes have approved the Helping Hands project. Projects which exemplify this motto will be endorsed by all members as help is given in the local community as well as the community at large. Each branch will determine their "gifts" by their membership. Gifts have been long standing to food banks, schools, clothing banks, women's shelters etc. Pine Lake W.I. will also support the Associated Country Women of the World processing project in Lorgot, Kenya. ACWW has just completed a very successful funded irrigation project with the Lorgot Farmers Group which enabled them to grow their own fruit and vegetables. The new project will enable them to store perishable produce and sell at a later date. Pine Lake W.I. will collect their funds in a "bird feeder" replica of a Kenya building. There will be a building competition at the 2003 AWI convention and then the structures will be auctioned as an additional fund raiser.

Pine Lake W.I. will again give a "helping hand" to the Shoe Box Project. Members will contribute to two boxes, one for each a girl and boy, in the age six to nine year category at the October meeting. Boxes will be assembled for the November deadline.

Isabelle Beck, branch convener for International Affairs, reported how Jack Burns is giving a helping hand in Tajikistan. Mr. Burns, a Red Deer disaster expert, is serving with the International Red Cross helping to curb famine by assisting in feeding 250,00 people. In the country devastated by floods, land slides and earth quakes, three foreign and forty-one local workers are planting trees, cleaning dykes, etc. so the land can again sustain the population. Jack Burns completed 27 years as a peace keeper, last serving in Bosnia, and is now dedicated to making a difference in this Asian country.

Over the summer season members have served the community with the Children's Garden Club, Farmers' Market and Crossroads Ag. Fair. Doris Warke and Kathleen Lawrence judged 21 completed gardens on July 29 and the children were recognized for their efforts at the "Garden

Party" Aug. 6. First place gardens were given a red ribbon, second place a blue ribbon, third place a green ribbon and honourable mention a yellow ribbon.

Each participant received the Queen Elizabeth 50th Anniversary 25-cent coin. Rose Douglas gave a flower pressing demonstration and Faye Nicholson displayed a vase adorned with press flowers. Children are encouraged to create a bookmark, card or picture from the pressed pansies. These will be judged at the Halloween Party.

Ninety seven tables offered various products for sale at the 12 Farmers' Markets from June 14 to Aug 30 held at the Ghostpine Bi Lo, Pine Lake. Scott and Lea Fraser will be recognized for the use of their grounds.

Pine Lake W.I. sponsored the Needlecrafts section of the local Agricultural Fair. Mary Ann Worthington was the recipient of four "fat quarters" fabric quilt squares.

Congratulations to Roy and Marion Brown who celebrated their 50th Anniversary on Sunday, July 14. Roy and Marion expressed their appreciation to the Pine Lake branch who served afternoon lunch and tea to the over two hundred guests in attendance at the Pine Lake HUB.

Branch members and guests honoured Eric and Vera Pierce on their 66th Wedding Anniversary in an August visit to the West Park Lodge, Red Deer where the Pierces

Women's Institute

now make their home. Congratulations were also extended to Eric Pierce on his 93rd birthday.

Jelly orders will again be filled by our faithful "jelly maker," Kathleen Lawrence.

This is another way to enjoy fruits grown over the summer. Millie Munro, health convener, reminded the members to take advantage of fresh fruits and vegetables but to remember canned and frozen are equally nutritious.

Fun time was provided by Marion Brown with an ACWW country quiz.

The group tabulated 361 hours of volunteer service during the summer.

2002 EVENTS (Continued)

CONSTITUENCY ACTIVITIES

Annual Constituency Handicraft Tea and Display –May 4, 2002 at the Red Deer Museum. Kathleen Lawrence and Teresa Greening are to be congratulated for their three outstanding articles.

Constituency Conference –May 11, 2002 at the Red Deer Museum. Five members from the branch attended the annual meeting comprised of seven branches. Marcella Bacso was elected as the new Constituency Convener. Highlights included addresses by Don Bester on *Water Usage* and Diane Lewis on *Photography*.

Meals on Wheels – 2 dozen cookies donated by each member for the 65 plates.

Members supported constituency branches by attending the Leslieville annual Handicraft Sale and Tea, Hillsdown Strawberry Tea and Ridgewood W. I. 55th Branch Anniversary.

ALBERTA WOMEN'S INSTITUTES

District III Workshop – Ponoka, March 21/02 with four members in attendance. Marion Brown assisted in presentations on FWIC as well as the Red Deer Kiwanis Safe City Farm Project.

Office Fund -- \$50.00 as well as April Stocking money of \$11.00 towards Provincial Mailing fund.

Alberta Women's Institutes Provincial Convention 2002 *SEEDS OF HOPE* – May 28-30, 2002 at Stony Plain. Three members attended with Marilyn Wattenbarger as official delegate. Two speakers, Ela Tuzinska and Jerod Zsomer spoke on the Justice Ministry and donations of skin and organs respectively. Phyllis Kosik was elected as President Elect and Marcella Bacso will fill the Resolutions position.

Marion Brown as Executive Officer of FWIC attended the two Council meetings –January 26/27 and September 21/22, 2001 at the AWI Office in Wetaskiwin, Alberta.

FEDERATED WOMEN'S INSTITUTES OF CANADA:

Marion Brown as Executive Officer of FWIC representing Alberta Women's Institute members, with her husband, Roy, attended the FWIC Board meeting May 25-28/02 in Fredericton, N.B. Following the meeting, Marion and Roy spent an additional week touring the eastern province—St. John, Flower Pot Rocks on the Bay of Fundy, St. Andrews etc. Marion attended the FWIC Executive meeting November 8-12/02 in Brantford, Ontario. The decision has been made to move the FWIC Office to the Adelaide Hoodless Homestead building.

December Stocking Fund of \$2.30/member was sent for the FWIC Adelaide Hoodless Homestead Fund.

The Pine Lake W.I. has been twinned with Twillingate, Newfoundland. A display board was constructed on which to assemble Newfoundland *NEWS*.

Volunteer FWIC Health Challenge – *Walk for Peggy* –Peggy Knapp was a former ACWW Area Vice President who can now only walk with a walker because of osteoporosis. Marion Brown has accepted the challenge and at the end of the year completed 45 miles (72km).

ASSOCIATED WOMEN OF THE WORLD

Pennies For Friendship – October stockings @ \$4.50/member for a \$49.50 donation
Operation Christmas Child– Three boxes assembled by the branch for a boy or girl between the ages of 6-8 years of age. Shipping charges covered by a donation of \$5.00 for each box.

Continued link with the Haden Women, Queensland, Australia by sending Christmas greetings to the Haden ladies. Word was received from the Newton family of the death of their mother, Alice Newton, June 26, 2002 at the age of 81 years.



GARDEN PARTY
Back L-R: Doris Warke, Kathleen Lawrence,
Alex Clutton, Marion Brown
Front:: Erik Elliott, Morgan MacFadyen,
Cassandra Wattenbarger, Jackie Clutton,
Joanna Nicholson, Lane Nicholson



Neil MacFadyen, Evan & Eric Koster, Rya Byrties

Pine Lake Women's Institute



October

Constitu-
ency Convener
Marcella Bacso
was the special
guest wel-
comed to the
Pine Lake

Women's Institute by President Doris Warke. Ms. Bacso brought timely information to the members with reminders of the monthly reports to AWI President-Elect Phyllis Kosik and Constituency Convener Marcella Bacso and of special 2003 dates for the upcoming year. The District III Conference will be held March 30, 2003, at Bashaw, Alberta; the Provincial Convention June 2 - 5, 2003, at Camrose, Alberta; the Federated Women's Institutes Convention June 24 - 29, 2003, at Lennoxville, Quebec. Constituency dues will be raised from \$5 to \$10 for the upcoming year.

Pine Lake Women's Institute is supporting the Lorgot, Kenya, project and the Stocking Money of \$4.50 from each member was donated to this cause at the October meeting. The total goal is \$7,000 to be raised by all Associate Members of the Associated Women of the World.

2003 is the International Year of Fresh Water.

Members contributed items to the Shoe Box Project by bringing articles for a boy and a girl between the ages of six and nine years. The boxes will be completed for the November deadline.

Pine Lake W.I. members will again contribute to the Cookie Plates for the Meal on Wheels. Cookies will be brought to the December meeting.

The Garden Club members will have their cards, bookmarks and pictures using pressed pansies displayed at the annual Halloween party. Each participant will be recognized with an award.

The 2003 Pine Lake Farmers' Market will again be managed by the Pine Lake Women's Institute. Scott Fraser has offered to make a new sign.

The branch will support the annual community Race Night by donating four jars of jelly in a willow basket made by Bruce Elliott.

Lillie Clutton and Shirley Schalin will be remembered with a "good cheer" message.

Doris Warke provided the members with fun as they searched for "Ears to Autumn Word Find."

Volunteer hours were tabulated.

November

Pine Lake Women's Institute continues to extend a Helping Hand as the year 2003 draws to a close. Garden club members received participation awards assembled and presented by President Doris Warke; Shoe Boxes were filled and taken to the Innisfail collection depot by Isabelle Beck and Faye Nicholson; Jelly donation basket was assembled by Kathleen Lawrence and donated to the HUB Community Centre; and five afghan blankets knit by Kathleen Lawrence were gratefully received by the Central Alberta Women's Shelter.

This theme will continue as members prepare cookies for the Meals on Wheels program and Fill a Mug that will provide a hot drink for someone who is homeless.

A donation of \$50 will be sent to the Alberta Women's Institutes Office Fund. Pen friends in Haden, Australia will be remembered with a Calendar. Kathleen Lawrence has made five varieties of jams and jellies for sale, much of which has been purchased by regular customers.

Detailed plans were drawn up for the annual Family Christmas supper, Friday, December 6, 2003.

Branch Convener of Citizenship and Legislation, Kathleen Lawrence, presented her minute report in question form as she asked, "Do you know your Canada?" The answers to the 15 questions provided a learning experience.

Fun Time was provided by Marilyn Wattenbarger who presented a "Christmas Bingo." People were matched with action categories.



AWI PROVINCIAL BOARD

L-R: Kay Saastad, Blanche Cunningham, Alice Lewis, Darlene Wicks, Irene Moir (District Directors)

Seated: Phyllis Kosik (Pres. Elect), Mildred Luz (Pres) Marion Brown (FWIC Rep.)



Centre: Dixie Hodgson
L-R: Linda Holt, Ella Sawyer, Doris Warke, Kathleen Lawrence, Marion Brown, Teresa Greening, Joyce Hodgson





FWIC CELEBRATES CHRISTMAS AT ST. GEORGE, ONT.

L-R: Sheila Needham, Doris Pattison, Reta Ferguson, Faye Mayberry, Maxine Routledge, Marg Eberle,

Patsy Nagel, Joan Dawson, Marion Brown, Isabelle Archibald, Margaret Yetman, Margaret Munro



THE STAR,

which they saw in the east,
went before them, till it came
and stood over where
the young child was.

Matthew 2:9



In a message "Oaklands"
stayed 4353
grand children Queensland
I. fairly often Australia
has two girls and
Christmas Greetings to
M. J. Archibald

Pine Lake Women's Institute



Financial Management was the theme of branch Home Economics Convenor Marilyn Wattenbarger. Marilyn traced the history of "homemaking" when in 1890 the first schools taught the values of a happy, comfortable home. This is achieved by skills in providing food, clothing and shelter. Personal growth, family relationships, child development, financial management and consumer education all play a part but financial management is the key to success. Especially at this time of year when consumers are urged to spend, it is pertinent to stay within a budget. Marilyn explained the "Rule of 72" by which one can determine the rate at which savings increase or the rate at which a debt doubles. She urged the members to be aware of the rate of interest charged by credit institutions.

Is the public aware of the Kananaskis Food Processors in the Penhold district? Five members and one visitor visited the potato plant managed by Dixie Hodgson in late November. Dixie and staff produce Ksana stuffed baked potatoes and other quality food products. The potatoes are grown at a local Hutterite Colony and the finished frozen product marketed in Central Alberta.

The annual Christmas Family Supper was held Friday, December 6. Forty-five members and extended family enjoyed the regular turkey supper, Bingo and a visit from Santa.

Two members had supported the Leslieville W.I. in late October as they held their annual craft sale and tea. Of special interest was the display of Lorgot "homes," the ACWW project. Visitors were invited to vote for their favourite structure and the money

generated was to be used for that project.

Members emptied their W.I. stocking for the final time in 2002. \$2.30 per member will be forwarded to FWIC for the Hoodless Homestead Fund.

Plans were made to make up the 2003 Pine Lake Women's Institute programs December 16, 2003, at the HUB Community Centre.

Each member brought two dozen cookies to be used for the Meals on Wheels Christmas Cookie Project. Three members will meet at the home of Pat Mayne to assemble the plates. This project originated with the Highway Women's Institute and was adopted by the Red Deer Centre Women's Institute branches in 1988.

It is interesting to note that the wool used by Kathleen Lawrence to knit five afghans for the Women's Shelter was donated by member Faye Nicholson. The wool in turn had been given to her by a friend whose mother had been a member of the Stoney Creek W.I. in St. Georges, Ontario. (Site of the Adelaide Hoodless Homestead)

The slate of officers for 2003 will be: President, Doris Warke; Vice-President, Isabelle Beck; Secretary, Marion Brown; Treasurer, Kathleen Lawrence; Directors, Teresa Greening, Faye Nicholson, and Ella Sawyer. Educational Conveners will remain the same as in the previous year.

Members were reminded to pay their dues, and complete their educational reports to be sent to their Constituency counterpart.

Members had been greeted with decorated tables bearing the Christmas Mugs to be given to the homeless as well as gifts that were exchanged among the members. The whole Christmas atmosphere had been set as Pres. Doris Warke read, On Rural Route, Christmastime came in Brown Paper and Twine.

Marion Brown





Top Left: Braden Sawyer, Lane & Zackary Nicholson
 Melissa Greening, Conner Wattenbarger
 Middle Right: Grandpa with Luke Wattenbarger
 Julia & Katrina Wattenbarger, Brittany Sawyer,
 Joanna Nicholson, Cassandra Wattenbarger,
 Jackie Clutton, Braden Sawyer
 Below L-R: Zackery Nicholson, Santa with Luke Wattenbarger,
 Teresa Greening standing, Grandpa Lewis &
 Julia Wattenbarger, Joanna Nicholson, Jackie
 Clutton, Brittany Sawyer, Cassandra Wattenbarger





PLWI CHRISTMAS MEETING

L-R: Faye Nicholson, Millie Munro, Isabelle Beck, Marilyn Wattenbarger, Kathleen Lawrence,

Marion Brown, Teresa Greening

Missing: Lillie Clutton, Irma Lawrence, Vera Pierce, Ella Sawyer

2 on View
Place



Dear Womens Institute
Thank you very much
at came with me
children who sang
I like living here nice
have my own apple
tree with neighbor
I am ninety one here
long as I can me.
a lady comes over
two hours on my
face clean.
On Christmas dacter
d son in law at
blackfalds.
May you all h? a
ood year.



2002 EVENTS 9 Continued)

ASSOCIATED WOMEN OF THE WORLD (Cont'd)

Lorogt Project—The branch will participate in the Kenya project of raising \$7,000.00 to build a fruit and vegetable processing and storage plant. Bruce Greening will construct a bird feeder building to represent the building and into which donations will be made.

INTERESTING ROLL CALLS & FUN TIMES:

Chocolate kisses awarded for winner of contest, "Look, Think, Record".
Home made Valentine exchange.
Qualities admired in a FRIEND from A -Z.
A Health Issue that Concerns Me
Innovative Educational Concept
ACWW search within a sentence
Show and Tell - Handicraft Heirloom
Christmas Bingo
Newfoundland Dish

AWARDS/SPECIAL OCCASIONS:

Roy and Marion celebrated their 50th Wedding Anniversary July 14, 2002. W.I. members assisted at their celebration by serving lunch to the over 200 guests.

Eric and Vera Pierce celebrated their 66th Wedding Anniversary August 5, 2002. Branch members and visitors visited Eric and Vera at West Park Manor as a branch outing. Eric was also celebrating his 93rd birthday.

Bob and Irma Lawrence celebrated their 40th Wedding Anniversary in Switzerland along with their European holiday.

Bob and Irma Lawrence again became grandparents July 22, 2002 with the birth of Susanne Donna Mae Sevcik, daughter of Margo and David Sevcik.

John and Ella Sawyer again became grandparents March 24, 2002 with the birth of Colton Samuel Cardinal, a second son for Beverly and Dwayne.

Louis and Marilyn Wattenbarger celebrated the birth of twin girls, July 30, 2002. Tamara Celeste and Evelyn Quinby were born to Phillip and Elizabeth Wattenbarger.



2003 EVENTS AND ACTIVITIES

OFFICERS — President---Doris Warke	No. of Meetings	10
Vice-President—Isabelle Beck	No. of Active Members	10
Secretary—Marion Brown	Life Branch Members	3
Treasurer---Kathleen Lawrence	Ave. Attendance	8
Directors—Faye Nicholson	No. Perfect Att.	3
Ella Sawyer	Ave. No. Visitors	.2
Teresa Greening	No. of donated hours	1,773
Sunshine---Ella Sawyer		
Historian---Marion Brown		

Educational Conveners – Branch Level

Agricultural and Canadian Industries	Marion Brown/Faye Nicholson
Citizenship and Legislation	Kathleen Lawrence
Education and Cultural Activities	
Environment and Conservation	Teresa Greening
Handicraft	Doris Warke/Teresa Greening
Health	Millie Munro
Home Economics	Marilyn Wattenbarger
International Affairs	Isabelle Beck
Social Services	Ella Sawyer

Educational Conveners – Constituency Level

Constituency Convener	Marcella Bacso
Handicraft Committee	Doris Warke

Educational Conveners – Provincial Level

Education and Cultural Activities	Doris Warke/ AWI Director Blanche Cunningham
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Educational Conveners – National Level

Legislation and Citizenship	Marion Brown/Lynn MacLean (N.S.)
Executive Director for Alberta	Marion Brown/Florence Bernakevitch

THEME: INTERNATIONAL YEAR OF FRESH WATER

SPEAKERS and their TOPICS:

Teresa Greening –High tech Junk Recycled, Hydrogen Bus, Lead based Paints, Water for Healthy Bodies.

Kathleen Lawrence – story of Mary Belle Barclay –a teacher and true citizen of Canada..

Marion Brown/Faye Nicholson – Coal Bed Methane, Newfoundland is a “Berry Patch”.

Millie Munro-- Music Therapy

Isabelle Beck Connecting with our twin province, Newfoundland & Labrador. Dianne Vatcher is our e-mail link to Twillingate W.I.

Faye Nicholson –Fusarium, G.M. Crops, Chronic Wasting Disease, Water availability, Farm Safety

MINUTE REPORT TOPICS: Lieutenant Lois Hole, a victim of cancer; Micro wave containers; Vitamin C. Foods; Stem Cells from baby teeth; Pea butter; Reading Blood Pressure; Long Range Forecasts; Conserving Water in your House; Farm Safety (Marion Brown sits in an advisory capacity on this Red Deer board).

Pine Lake Women's Institute

Submitted by E. MARION BROWN

received, and a Christmas greeting from Lynn Renke on behalf of her Haden friends and neighbours.

Members are now directing their efforts to the New Year. They are being encouraged to design their own 2003 program. New Constituency Handicraft lists were circulated to encourage members in their handiwork. The first community project will be the annual W.I. Heart Fund card party, Saturday, February 22, 2003.

Today in History

Feb. 19, 2003

Adelaide Hunter Hoodless of Stoney Creek, Ont., formed the Women's Institute, a group that spread throughout the English-speaking world, 106 years ago today, in 1897. Hoodless was jolted out of her comfortable middle-class existence when her infant son died after drinking impure milk. She became devoted to educating women for motherhood and household management. Hoodless also helped found the National Council of Women, the Victorian Order of Nurses and the national YWCA.



Also on this date in:

1906 — William Kellogg formed the Battle Creek Cornflake Co. to make a breakfast cereal he had created for patients with psychiatric disorders.

1930 — The Quebec legislature rejected a bill to admit women to the practice of law.

The life story of Mary Belle Barclay as written by Evelyn Edgeller exemplifies the life of a true citizen, one who owes allegiance to her country. Born to Canadian parents in Illinois in 1901, she moved with her family to the Lacombe area of Alberta in 1905. In 1913, Mary moved to the Calgary area to teach at Sibbald. She never married but devoted her life to her aging parents and to children through her teaching career. She loved nature and in 1933 with a \$19 tent, set up in Bragg Creek and began the Youth Hostel Organization of Canada. She received the Order of Canada in 1987 and died at the age of 99 years in 2000. The story of Mary Belle Barclay was of personal interest to Kathleen Lawrence, Citizenship and Legislation Education Convener, for she had met her and even stayed at her home in Calgary.

The members of the Pine Lake Women's Institute pledge to fulfill the roles of good citizenship as they lend HELPING HANDS to those in need. Secretary Marion Brown reported 1,735 volunteer hours for 2002 working for the organization. Four members, Kathleen Lawrence, Faye Nicholson, Doris Warke, and Marilyn Wattenbarger attended all ten regular meetings in 2002.

The New Year of 2003 began with whistles and noisemakers as members wished each other the best for the upcoming year. Each member will express a wish or resolution for the New Year to be placed in a time capsule to be opened in December 2003. The new program schedule was presented by the directors and approved as presented. P.L.W.I. calendars printed in 1986 will be brought up to date with 2003 stickers and made available to the public.

Letters and expressions of thanks were received from shut ins receiving cookie plates, Schalin family, Red Deer Helping Hands Mobile Outreach Program for filled mugs



Doris Warke presents Faye Nicholson with Perfect Attendance Certificate



Group learns about environmental concerns, solutions

submitted by E. Marion Brown

Environment Concerns and Solutions was the topic of Teresa Greening's presentation at the regular monthly meeting on Feb. 11. The branch convener for environment, touched upon High Tech Junk, Potable Water used for the extraction of Oil, Hydrogen Bus, Water for Healthy Bodies and Lead based Paints.

Maxus Technology Inc. of Rimbye is recycling "e-waste." In the next five years, 500 million computers will become defunct producing 1.5 billion pounds of lead from the monitors alone. Five employees collect and distribute useable material. A \$10 to \$15 recycling fee is charged to help keep the plant viable, but is of little consequence when it saves the volume that would have to go into landfills.

The Butte Action Committee near Caroline is pressing oil companies to discontinue the use of potable water in the extraction of oil. Media coverage is alerting the public to the problem of using precious water that becomes contaminated.

Winnipeg is using a Hydrogen Bus to transport its citizens. Water is the basic ingredient in the electric hydrogen fuel-cell. This prototype will help eliminate green house gases and help

meet the Kyoto target.

Water is the life given source for healthy bodies. Many humans unknowingly suffer from dehydration, often as much as 75 per cent. Water keeps the body healthy preventing many types of cancer.

Although lead-based paint was banned in 1978, many buildings still contain this substance. Lead can not be absorbed though the skin but is harmful when inhaled or ingested. Lead based paint becomes hazardous with chipping or brushing and "wet cleaning" is the safest method.

Kathleen Lawrence added to the discussion by urging all members to continue with the recycling of the four litre milk jugs which are ground into pellets and in turn can be formed into flower pots, etc.

In a Minute Report, Faye Nicholson gave the long-range agriculture weather report. As of December 2002, the outlook is for a warm, dry winter which will continue the drought cycle.

President Doris Warke contributed to the Valentine theme by telling the story, *Love the Second Time Around*. Members made attractive cards from paper, lace, pictures, and a gold printing pen to give to their "Valentine." Heart

and Stoke receipt books are available to issue receipts for the Heart Fund card party Saturday, Feb. 22. Prizes and food are donated by the local W.I. branch for the annual community event. Marion Brown will assemble a display on Adelaide Hunter Hoodless to honour Founder's Day, Feb. 19.

Information on our twin province, Newfoundland and Labrador, will also be displayed. P.L.W.I. Calendars and Postcards will be available.

Marion Brown reported that the branch history for the Constituency has been submitted and the branch history in being completed.

Information regarding the April 26 Handicraft Tea and the May 10 Constituency Conference was presented by President Doris Warke. Registration was paid for the March 20 District Workshop in Bashaw.

The roll call was answered by bringing containers for the food bank, used Christmas cards for Michener Centre, and suggestions for rising money for the Lorgot ACWW project as well as expressing a personal Kyoto plan. These included: turning down the thermostat at night, banning bath sheets, air drying laundry, eliminating extensive car idling, walking instead of driving and refusing to buy over packaged items.



It's great to know you can count on some people...

To Pine Lake W.I.

To go the extra mile. Thanks for volunteering.

Peggy

Marleen

ALBERTA WOMEN'S INSTITUTE DISTRICT 3 WORKSHOP/CONFERENCE

March 20, 2003

Theme - Facing the Membership Challenge



District Director - Alice Lowis

Kathleen Lawrence addresses District III Workshop
AWI Pres. Mildred Luz, District Sec, & Director Alice Lowis

MARY STEWART COLLECT

Keep us O Lord from pettiness; let us be large in thought,
in word and deed.
Let us be done with faultfinding and leave off self-seeking.
May we put away all pretence and meet each other face to face
without self pity and without prejudice.
May we never be hasty in judgment and always generous.
Let us take time for all things; make us grow calm,
serene, gentle.
Teach us to put into action our better impulses, straight-
forward and unafraid.
Grant that we may realize that it is the little things that
create differences; that in the big things of life, we are one.
And may we strive to touch and to know the great
human heart common to us all, and,
O Lord God, Let us not forget to be kind.

W.I. GRACE

We thank Thee, Father, for Thy care,
Food, friends and kindnesses we share
May we forever mindful be
of Home and Country and for Thee.

O CANADA

O Canada
Our home and native land!
True patriot love
in all thy sons command.
With glowing hearts we see thee rise,
the True North strong and free!
From far and wide, O Canada,
we stand on guard for thee,
God keep our land
glorious and free!
O Canada we stand on guard for thee
O Canada we stand on guard for thee.



Lorgot Project

Build your houses and we will have
An auction, 1 dime=1 vote.

○

MARY STEWART COLLECT

Keep us O Lord from pettiness; let us be
large in thought, in word and deed
Let us be done with fault finding and leave
off self seeking
May we put away all pretence and meet
each other face to face, without self
pity and without prejudice
May we never be hasty in judgement and
always generous
Let us take time for all things; make us grow
calm, serene, gentle
Teach us to put into action our better
impulses straight forward and un-
afraid.
Grant that we may realize that it is the little
things that create differences; that in
the big things of life we are one
And may we strive to touch and know the
great human heart common to us all
and
O Lord God let us not forget to be kind.

FLAG SALUTE

I salute the Flag
The emblem of our Country
And to her I pledge
My love and loyalty.

GRACE

We thank Thee, Father, for Thy care,
Food, friends, and kindnesses we share.
May we forever mindful be
Of Home and Country and of Thee.

INSTITUTE ODE

(Tune—Auld Lang Syne)

A goodly thing it is to meet
In Friendship's circle bright,
Where nothing stains the pleasure sweet
Nor dims the radiant light.
No unkind words our lips shall pass,
No envy sour the mind,
But each shall seek the common weal,
The good of all mankind.



L-E: Director Blanche Cunningham, Co-Convenors Joyce Sibernagel
& Leona Pryor, AWI Pres. Mildred Luz

KNEEHILL VALLEY CONSTITUENCY
50th ANNUAL CONFERENCE
SATURDAY, APRIL 5, 2003
TROCHU COMMUNITY HALL

Marion Brown

Leona Pryor
Joyce Libensgel

8:30 - 9:00 REGISTRATION - Coffee & Muffins

9:00 - 9:15 **OPENING EXERCISES**

"O Canada"

Mary Stewart Collect

Minute of Silence

Flag Salute

Welcome from Trochu Community Association

Greetings from the Mayor of Trochu (Loretta Ling)

Introduction of Head Table

Roll call of members and visitors

Jim Christie of Hall Board
John Moran

9:15 - 9:30 READING OF MINUTES & ADOPTION

Drumheller {Mission
Verdant Valley

9:30 - 10:00 PROVINCIAL REPORT & DISTRICT DIRECTOR REPORT
(Blanche Cunningham)

22 visitors
Rolden

10:00 - 10:15 MEMORIAL SERVICE

10:15 - 10:30 STRETCH BREAK! (Coffee & Muffins)

10:30 - 10:50 CONSTITUENCY CONVENORS' BUSINESS & REPORTS

10:50 - 11:00 SECRETARY REPORTS

11:00 - 11:30 GUEST SPEAKER

Brenda Ransford

443-7099 H
443-8900 W

11:30 - 12:00 PENNIES FOR FRIENDSHIP #88.40
PRESENTATION OF PINS & CERTIFICATES
CUTTING OF THE ANNIVERSARY CAKE

12:00 - 1:00 GRACE WILL BE SAID
LUNCH

(12:40 - Branch Photographs to be taken in this order:
Milnerton, Hogadone, Verdant-Valley Dorcas, Acadia)

1:00 - 1:05 ROLL CALL OF MEMBERS & VISITORS

1:05 - 1:30 ENTERTAINMENT (Pleasant Company)

We Catch A Falling Star, Raindrops Fallin'
On My Head

1:30 - 1:45 STRETCH BREAK!

Evergreen, Everything is Beautiful

1:45 - 2:15 EDUCATION REPORTS

www.agitation.com

2:15 - 2:45 NEW BUSINESS, RESOLUTIONS, & ELECTIONS

2:45 - 3:00 HANDICRAFT, HOME EC. AWARDS, JUDGES' COMMENTS

306 entries (106) from
Ag. Soc.

3:00 **Workshop Wrap-Up**

Courtesy Report

Raffle Prizes

God Save the Queen

Tea - Coffee Silver collection

Hogadone

Agriculture Problems, Issues and Solutions were highlighted by Agriculture and Canadian Industries co-convenor, Faye Nicholson.

Lieutenant Governor, Lois Hole has been diagnosed with abdominal cancer. Mrs. Hole has been inducted into the Agricultural Hall of Fame and had been closely tied to agriculture with her family profession of Gardening. She is the author of three books and many articles.

Fusarium is threatening cereal crops and some legumes all across Canada. With the importation of feed to Alberta from infested areas, farmers have to be more vigilant. Fusarium produces a toxin that is detrimental to animals. All seed stock has to be tested throughout Alberta.

G. M. crops have not been fully accepted in Europe producing a limited market. Organic farmers want a guarantee of no danger from gene flow.

Many farms with fringe production may not be carrying out vaccination for disease control. With the high movement of animals in marketing, the spread of disease may occur.

Chronic Wasting Disease, which affects the brain, is prevalent in elk and

deer, limiting the market for this alternative method of farming. There is a similar problem with scrapie in sheep.

Predators such as coyotes are destroying domesticated cats and dogs.

Wheat production is becoming common in many developing countries limiting the market for Canadian wheat.

Availability of WATER is uppermost in the minds of farmers. Methane is being produced from manure south of Viking in a bio gas system. Seventy percent of the water that is used in the process is recovered to drinking quality. Farmers are encouraged to cut the amount of water used in crop spraying by half.

Later in the program, Teresa Greening stressed the need for conservation of the use of water in the home.

The Prairies are becoming the "Land of Promise." Europeans are relocating to Alberta, Saskatchewan and Manitoba. Central Alberta farmers are moving to the north of the provinces or into Saskatchewan and Manitoba where there is greater availability of land.

Farm Safety—Canadian Agriculture is conducting an Injuries Surveillance Program.

The Pine Lake branch will again sponsor

Pine Lake Women's Institute

Submitted by E. MARION BROWN



March 2, 2003

sor a children's garden club. A bird feeder constructed by Bruce Greening will be entered in the provincial competition for the Longot Project. Funds will be raised by a raffle of the feeder.

Marmalade sales of \$25 will also support this project.

In support of the world community, the branch endorsed the Association for Women's Rights in their struggle to enforce the banning of stoning of women in Iran through the United Nations Human Rights Commission.

Elia Sawyer will receive Cancer donations from the community during the month of April. Thanks is extended to the community in the support of the Heart Fund card party. \$263.00 was forwarded to the Heart and Stroke Foundation. Twenty-one recycled Pine Lake cal-

endars have been sold.

Plans were made to attend the District III Workshop in Bashaw. Thursday, March 22, 2003, as well as the 50th Anniversary of the Kneehill Valley W.I. April 5, 2003, at the Trochu Hall.

The Pine Lake W.I. branch will celebrate its 47th anniversary with a potluck supper to be enjoyed by members and their spouses.

Fun time was provided by Millie Munro who quizzed the members on the provincial primers.

Roll Call offered weed and pest control hints. These included hanging "zest soap" in trees to deter deer, squirrel proof bird feeder, sugar/peroxide spray for plants, pruning pine trees below "burrow" worm hole, do not prune elm trees after March 31.

Pine Lake

Women's Institute

Submitted by E. Marion Brown



ion Brown attended the 50th Anniversary of the Kneehill Valley Constitution on April 5, 2003. A revised criteria was adopted by the branch for the Sunshine

Convenor as well as an update to the price list for value of baking. The branch made their "loonie per member" donation to the Badger Newfoundland fund.

Plans were put in place for the upcoming Handicraft Display and Tea April 26, 2003, and the Red Deer Constituency Conference May 10, 2003. The branch will hold its Annual Coffee Party on Wednesday, May 28 from 9 to 11 a.m. Come and see your neighbours over a friendly cup of coffee and muffins. Balmoral W.I. will

hold their annual Geranium sale and Strawberry Tea May 15, 2003.

The meeting closed with Health Tips which included: use Corning Ware or ceramic containers for heating food in the microwave instead of plastics which may put poisonous toxins into the food; drink plenty of water; an orange a day boosts Vitamin C intake; cranberry juice and pure juices add to your diet; no eating after your evening meal; Lakota gives relief to arthritis. Due to the lateness of the meeting, the Health program will be carried over until next month. Members were reminded to complete their Walkin's order for next month.

The 47th anniversary of the Pine Lake Women's Institute was marked with a evening of celebration on Tuesday, April 8, 2003. Spouses and family members joined the pot luck supper after which Branch Life Memberships were presented to Kathleen May Lawrence and Mildred (Millie) Whinfred Munro, long time dedicated members. Kathleen Lawrence has been a member for 36 years, 25 of which she had perfect attendance. She has served in all educational convenerships at branch level and became Constituency Convenor for Red Deer Centre W.I. from 1973-75. She has enlarged her circle of friends as she attends Constituency, District and Provincial level conventions. She is known at branch level for her perfect jams, jellies and marmalade. Her ideas challenge the branch members to achieve greater goals for Home and Country. Millie Munro has excelled in consistency and true commitment in her 34 years of membership with 13 years of perfect attendance. Millie has continuously served as an educational convenor

at branch level. She has been the keeper of our Log Book and keeps a meticulous program book each year to which referrals are made for historical references. Five members of Millie's family shared the evening in support of their mother and grandmother. It was with respect and love that Kathleen and Millie were presented with branch Life Membership Pins and Certificates.

After the traditional "birthday" cake, Teresa Greening invited the visitors to participate in "Fun Time." Each person was given a pencil and paper and asked to sketch a tree. From the drawing, an analysis was made of the artist's personality from the position placing, size, detail, etc. How well did we know ourselves?

President Doris Wake conducted a regular meeting after the departure of the guests. Five branch members had attended the District III Workshop in Bashaw. Marilyn Wattenbarger presented "Finances for Women," very timely for all age groups. Kathleen Lawrence and Mar-



Kathleen Lawrence & Millie Munro Honoured with Branch Life Memberships



Pine Lake W.I. Members 2003

L-R: Faye Nicholson, Marilyn Wattenbarger, Teresa Greening,
Ella Sawyer, Lillie Clutton, Isabelle Beck

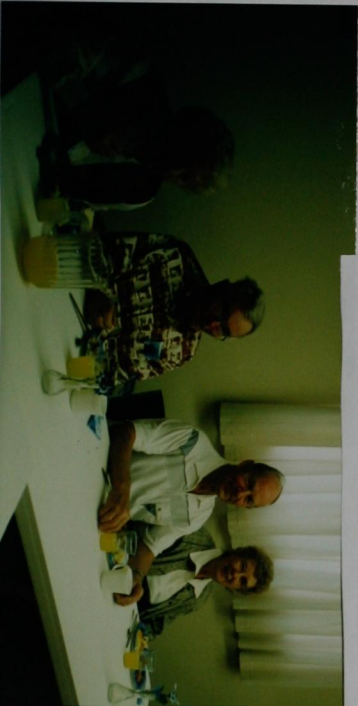
Front: Marion Brown, Millie Munro, Doris Warke, Kathleen Lawrence



L—R: Bruce Greening, Norman Hovey, Wendy Hovey, Jim Hovey,
Cindy Mazur, Deanna Hovey, Millie Munro, Kathleen Lawrence



Roy & Marion Brown
Doris & John Warke



Ella & John Sawyer, Gordon & Isabelle Beck, Lillie & Roy Clurton, Tom & Faye Nicholson, Teresa & Bruce Greening

The forty-seventh anniversary of the Pine Lake Women's Institute was marked with a evening of celebration on Tuesday, April 8, 2003. Spouses and family members joined the pot luck supper after which *Branch Life Memberships* were presented to Kathleen May Lawrence and Mildred (Millie) Winifred Munro, long time dedicated members. Kathleen Lawrence has been a member for thirty-six years, twenty five of which she had perfect attendance. She has served in all educational convenerhips at branch level and became Constituency Convener for Red Deer Centre W.I. from 1973-75. She has enlarged her circle of friends as she attends Constituency, District and Provincial level conventions. She is known at branch level for her perfect jams, jellies and marmalade. Her ideas challenge the branch members to achieve greater goals for *Home and Country*. Millie Munro has excelled in consistency and true commitment in her thirty-four years of membership with thirteen years of perfect attendance. Millie has continuously served as an educational convener at branch level. She has been the keeper of our Log Book and keeps a meticulous program book each year to which referrals are made for historical references. Five members of Millie's family shared the evening in support of their mother and grandmother. It was with respect and love that Kathleen and Millie were presented with branch Life Membership Pins and Certificates.

After the traditional "birthday" cake, Teresa Greening invited the visitors to participate in "Fun Time". Each person was given a pencil and paper and asked to sketch a tree. From the drawing, an analysis was made of the artist's personality from the position placing, size, detail, etc. How well did we know ourselves?

President Doris Warke conducted a regular meeting after the departure of the guests. Five branch members had attended the District III Workshop in Bashaw. Marilyn Wattenbarger presented "Finances for Women", very timely for all age groups. Kathleen Lawrence and Marion Brown attended the 50th Anniversary of the Knee Hill Valley Constituency on April 5, 2003. A revised criteria was adopted by the branch for the Sunshine Convener as well as an update to the price list for value of baking. The branch made their "loonie per member" donation to the Badger, Newfoundland fund.

Plans were put in place for the upcoming Handicraft Display and Tea April 26, 2003 and the Red Deer Constituency Conference May 10, 2003. The branch will hold its annual Coffee Party on Wednesday, May 28th from 9:00 - 11:00 am. Come and see your neighbours over a friendly cup of coffee and muffins. Balmoral W.I. will hold their annual Geranium sale and Strawberry Tea May 15, 2003.

The meeting closed with Health Tips which included: use Corning Ware or ceramic containers for heating food in the microwave instead of plastics which may put poisonous toxins into the food; drink plenty of water; an orange a day boost Vitamin C intake; cranberry juice and pure juices add to your diet; no eating after your evening meal; Lakota gives relief to arthritis. Due to the lateness of the meeting, the Health program will be carried over until next month. Members were reminded to complete their Watkin's order for next month.

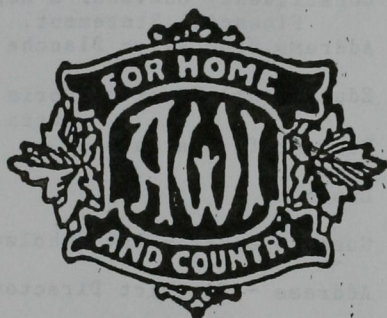
Submitted by
e. Marion Brown

Red Deer Centre Women's Institute

Constituency Conference

May 10, 2003

Constituency Convener - Marcella Bacso
Leslieville



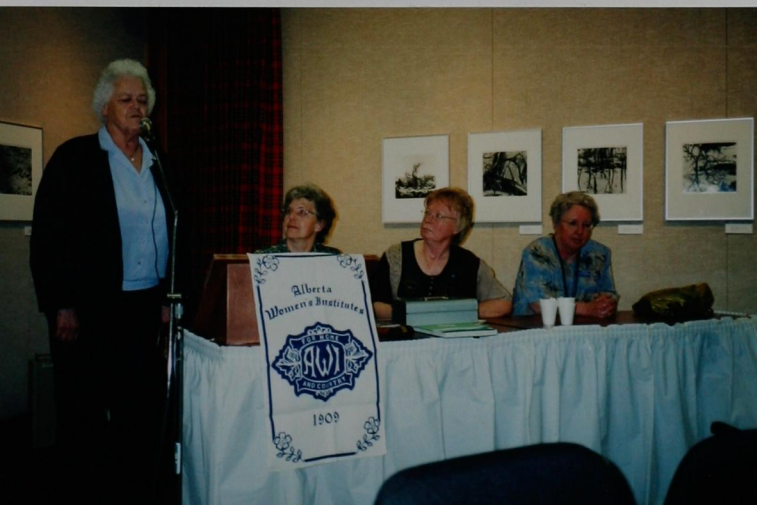
Red Deer & District Museum
4551- 47 A Ave.
Red Deer, AB



FWIC Pres. Faye Mayberry



FWIC Ex. Dir. Marion Brown



Theme: W.I. Present and Future

AGENDA

8:00 Registration (\$6.00)- Ridgewood WI
9:30 Call to Order
Welcome and Introductions.
Morning Thoughts - Hillsdown WI
Minutes.
Appointments of Educational Conveners.

10:00 Guest Speaker - Candace Spurrell
David Thompson Health Region.

Coffee and Calisthenics. *Pine Lake*

10:50 Roll Call. *83 members 40 att*
Constituency Convener's Report and
Financial Statement. *94 members 40 att*
Address from AWI - Blanche Cunningham.

11:20 Educational Reports- Doris Warke,
Jutta Zapletal.

Handicraft Awards.

214 items

Lunch.

1:00 Guest Speaker - Bev Scholze.

Address - District Director- Alice Lewis.

2:00 Memorial - Leslieville WI

Coffee.

2:30 Reports - FWIC - Faye Mayberry.
ACW - Marion Brown.
Conveners - Lubelle Taylor
Marion Younker
Mary Burrows
Roberta Peters

3:00 New Business
Courtesy: Pine Lake WI
Adjourn.

Red Deer Centre Constituency

Financial Report
Sept. 11, 02 to April 30, 03

Opening Balance

\$1429.79

INCOME

Dues *\$30 @ 9 branches* \$210.00

Handicraft tags 7.50

217.50

EXPENSES

District dues 70.00

Engraving *8002* 29.96

Stamps, coping, ads 42.86

Xmas Cookies 10.82

District 3 reg for CC 12.00

AWI reg for CC 75.00

CC mileage 786 km 78.60

Handicraft tags 37.50

District 3 raffle 20.00

Judges (4) 160.00

Lunch judging day 40.56

577.30

CLOSING BALANCE

\$1069.99

Candace Spurrell

Vice Pres David Thompson

Health Region

Community & Continuing Care

17 -> 9 Region (PE/NS area)

Bethany College - partner

from April 2000

1) Bethany Care Society - provider

2) R H College - learning & land

3) David Health Region - funding

Objectives

Meeting needs of changing society

- needs of seniors - homeless

Cross generational

Young enabled / Healthy program

2002 EVENTS (Continued)

BRANCH AND COMMUNITY ACTIVITIES:

AWI Membership Dues: \$15.00/member (PLWI members pay \$5.00)

Fun time with a hostess in charge each month

Secret Sisters names drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for January, two for Feb., etc

The funds are dispersed as: Jan. – April (\$1.00) to AWI; May – Oct. (\$4.50) ACWW; Nov. – Dec. \$2.50) to FWIC.

Heart Fund Card Party – 51/2 tables of whist with \$263.00 donations.

Road Side Clean Up – April 26 with WI members and families participating. Return from bottles & cans netted \$75.40.

Cancer Canvas – \$135.00

Children's Garden Club—Seventeen of the seventeen registered gardens were judged by Doris Warke and Kathleen Lawrence. At the *Garden Party* in August, each participant was given a placement ribbon along with a one dollar McDonald's gift certificate. Garden participants brought cooked veggies from their gardens which were added to the cooked meat to create a delicious stew. The branch was grateful for a \$75.00 grant from the Rec. Br. to help fund the project.

W.I. Corner – The corner was again attractive with the usual flowers and the branch paying for the summer grass cutting by Les Snider.

Coffee Party – 36 adults and 2 children attended the annual event with \$328.65 (gross) realized. Linda Holt won the Michener Centre cook book. Cheryl Collins and Bea Ganter received packages of post cards.

Jelly Project – Kathleen Lawrence filled orders with limited varieties of jam or jelly. Sales totalled \$199.86.

Crossroads Ag. Fair – PLWI sponsored the handicraft section. A prize was presented to Isabell Hogg.

Five branch members and nine visitors toured the Sunnybrook Museum for "Tea and Tour" on August 13 for a delightful afternoon.

HUB Horse Race Nite – A basket filled with three jars of jelly was auctioned as the branch contribution.

Christmas Market – Sponsored by PLWI Saturday, November 29/03. 19 tables were purchased by vendors. The branch had a "Kids" table as well as a poinsettia raffle, 50/50 draw and served a noon lunch. Market profit of 415.50 was realized.

Kathleen Lawrence knit two lap robes from wool donated by Faye Nicholson. The robes was donated to the Red Deer Women's Emergency Shelter.

Eight Christmas Mugs filled with "instant" ingredients were again donated to the Red Deer Homeless through the Mobile Outreach Program.

Christmas Family Supper – The new format of "supper out" attracted thirteen members and spouses to a buffet supper at the Red Deer *Dragon City Café* Dec. 6/03.

Christmas greetings sent to past members

Branch History kept up to date.

Monthly branch meeting reports were sent by e-mail to the Innisfail Province and R.D.

County News.

CONSTITUENCY ACTIVITIES

Annual Constituency Handicraft Tea and Display – April 26, 2003 at the Red Deer Museum. Twenty-nine articles were entered by branch members. No outstanding articles this year.

Constituency Conference – May 10, 2003 at the Red Deer Museum. Four members from the branch attended the annual meeting comprised of seven branches under the direction of Constituency Convener Marcella Bacso. Speakers included Candace Spurrel (Bethany College Side Care Centre); Zutta

CONSTITUENCY ACTIVITIES (Cont'd.)

Zapletal (personal account of immigrating to Canada); and Bev Sholze (Arthritis & Fitness). Blanche Cunningham represented AWI and Faye Mayberry and Marion Brown FWIC. FWIC Convention 2006 will be held in Red Deer.

Meals on Wheels – 21 dozen cookies donated for the 75 plates.

Members supported constituency branches by attending the Leslieville .W.I. 70th Anniversary and Hillsdown Strawberry Tea.

ALBERTA WOMEN'S INSTITUTES

District III Workshop –Bashaw, March 20/03 with five members in attendance. Marilyn Wattenbarger presented, "Finances for Women". Pine Lake W.I. also displayed their Lorgot bird feeder as well as Roy Brown's maple syrup for the display of *husbands' hobbies*.

Kneehill Valley Constituency 50th Annual Conference—Two branch members attended the April 5th day long conference at Trochu. The Kneehill branches were recognized for their service to the community. Motivational speaker, Brenda Ranstad, delivered an inspiring address. A short history, music and photo opportunities contributed to the delightful day.

Office Fund -- \$50.00.

Alberta Women's Institutes Provincial Convention 2003 *HELPING HANDS*– June 3,4 & 5 2003 at Camrose. Three members attended with Doris Warke as official delegate. Speakers included: Lorea Ladner (Leduc Food Processing), Darlene Wicks (A Different Approach), Ashton Sewlal (Helping Others), Barry Knapp (Stars Air Ambulance), Elizabeth Rushton (ACWW), and Faye Mayberry & Marion Brown (FWIC). Roy L. Brown was awarded the Erland Lee Appreciation Award and Marion Brown received a certificate of appreciation for her work as secretary, press reporter and AWI monthly reporter.

Marion Brown as Executive Officer of FWIC attended the January 5-7th and pre-convention AWI meeting in Wetaskiwin. Marion's term of office will be completed as of June 2003, FWIC Convention.

FEDERATED WOMEN'S INSTITUTES OF CANADA:

Marion Brown as Executive Officer of FWIC representing Alberta Women's Institute members, with her husband, Roy, attended the 2003 FWIC Convention in Lennoxville, Quebec. They travelled across Canada accompanied by Henry and Patsy Nagel, B.C. in R.V.s. The theme for the convention was *Participation + Communication = Achievement, A Formula for Success*. Faye Mayberry conducted the national meeting. Marion Brown and Patsy Nagel presented the Conveners' Programs for the last three years in "power point" form. The invitation by Alberta for 2006 was in song supported by a power point display of Alberta's attractions.

On the suggestion of Kathleen Lawrence, PLWI member, Alberta adopted a voluntary Badger Fund to assist the flooded area in Newfoundland. Alberta collected \$1,167.79 and it was presented personally by AWI Pres. Mildred Luz to NFD & Labrador Pres. Joan MacNeill on the TWINNING evening in Lennoxville..

Four PLWI members were guests of Cottonwood W.I. to hear Blanche Cunningham relate her experiences attending her first FWIC convention on July 17/03.

Branch members placed an order of \$142.23 of Watkins products, 18% of which will be forwarded to FWIC as a fund raiser.

PLWI passed a resolution re same sex marriage and forwarded it to FWIC for action. M.P Bob Mills, C.C. Marcella Bacso were notified of the action.

December Stocking Fund of \$2.30/member was sent for the FWIC Adelaide Hoodless Homestead Fund.

The Pine Lake W.I. has been closely connected with their twin Canadian branch of Twillingate, Newfoundland. Marion Brown personally met Dianne Vatcher at the twinning evening during the Lennoxville conference. Marion and Diane are able to exchange messages and pictures via e-mail.

Pine Lake Women's Institute

Submitted by E. Marion Brown

June 2003



Roy L. Brown brought honour to the Pine Lake Branch when he was awarded the Erland Lee Appreciation Award at the annual Provincial Women's Institutes Convention held in Camrose June 3, 4, and 5, 2003.

This award is presented by the Federated Women's Institutes of Canada to a man who exemplifies those qualities of Erland Lee who was instrumental in the founding of the Women's Institutes organization. Each province is eligible to nominate a recipient who will again be honoured at the Federated Convention in Lennoxville, Quebec, June 24 to 28, 2003. Roy will be accompanying his wife, Marion, who is serving as Federated Executive Office for the province of Alberta to the triennial meeting.

Marion Brown also received a certificate of appreciation for her work as secretary, press reporter and monthly reports to the AWI executive. The annual convention was attended by three members of the Pine Lake W.I. Doris Warke gave a full report, highlighting the addresses of the key speakers: Lorea Ladner, Ashton Sewlai and Barry Knapp who spoke on the Leduc Food Processing Development Centre in Leduc, the meaning behind Helping Hands and STARS respectively. It was a privilege to have ACWW Area President Elizabeth Rushton and FWIC President Faye Mayberry address the assembly. Maxine Brigley will become the new editor for the provincial newsletter, Home & Country. The branch displayed its "Lorgot" bird feeder and proceeded to finalize the raffle tickets for drawing November 1, 2003, at the annual Hub Race Nite. Tickets will be available from any W.I. member.

Branch Health Convener, Millie Munro, presented a paper on Music Therapy. Music stimulates wellness giving greater enjoyment to one's life.

Music promotes healing by activating the brain. This can be achieved by listening or actively "making music." It is thought the music of Mozart is especially soothing to unborn infants and their mothers as well as children in their formative years. Millie Munro thought the selection, Power of Song, sung by the Pine Lake Singers exemplified her topic.

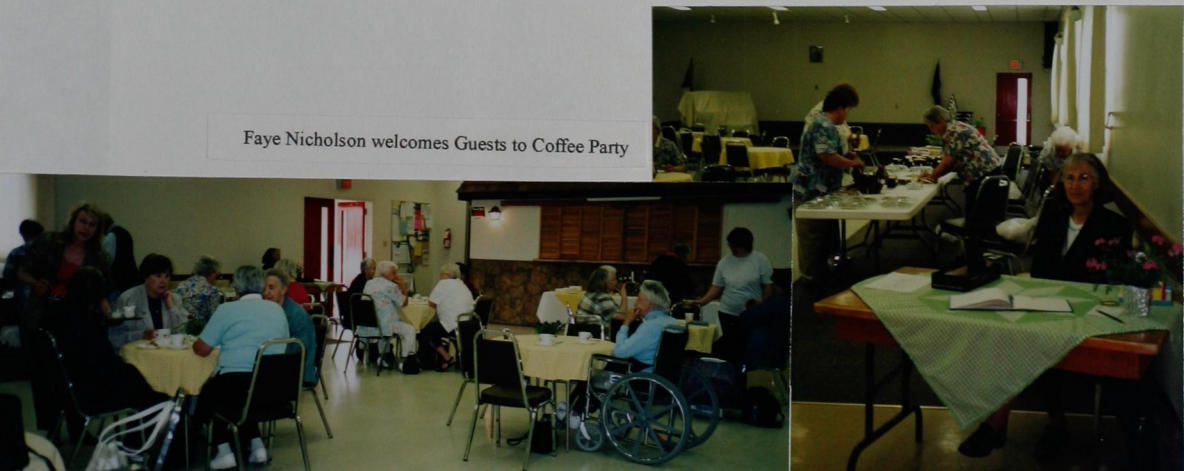
Mrs. Munro also warned the members about the careful use of DEET in this year of the threat of the West Nile virus. Marion Brown contributed a "Mosquito Remedy." Mosquitoes will be attracted to a white dinner plate of water and a few drops of Lemon Fresh Joy dish detergent, which will kill the mosquitoes and make for a more pleasant outdoor experience. SARS is also in the forefront, a concern for travellers and those in areas of outbreaks.

The annual Coffee Party was held Wednesday, May 26, 2003. Although the attendance was down, coffee goers enjoyed muffins, coffee cake and jam. Plants and baking were available as well as table centre pieces. The door prize of a Michener Centre Cookbook was won by Linda Holt.

The W.I. Corner has again been planted with flowers to make our community more attractive. Kathleen Lawrence donated a lap robe and blanket to the Red Deer Women's Shelter who expressed their appreciation for the useful and attractive gift.

The branch plans for an August outing before the regular monthly meetings resume in September. Pea butter developed in the Leduc Food Processing plant was sampled by the members as they enjoyed refreshments at the close of their meeting.

Faye Nicholson welcomes Guests to Coffee Party





Michael Helps Mom Teresa Greening & Marion Brown

Women's Institutes members to attend F.W.I.C. Convention in Quebec

Alberta Women's Institutes Members Blanche Cunningham and Brenda Willsie eagerly anticipate attending the Federated Women's Institutes Convention in Lenoxville, Quebec on June 24 - 28, 2003.

Blanche Cunningham, branch life-member of Cottonwood W.I., and Alberta Women's Institutes District 5 Director, and Brenda Willsie, President of Cottonwood W.I. and Alberta Women's Institutes Classroom Agriculture Program Convener are two of the delegates attending from Alberta. Women's Institutes, now in their 106th year is part of a world wide organization of over 90 million women who strive to better them-

selves through personal growth, education and communication.

Many interesting speakers at the Convention include Ann Medina of CBC Radio fame, guest speaker at the ceremonies, and Ashton Sewlal, wrap up speaker.

The delegates look forward to the many educational workshops and the tour to the Eastern Townships of La Belle Province complete with a Sugar Shack supper and traditional Quebec entertainment.

Highlight of the Alberta delegation will be the formal invitation to all provinces to attend the F.W.I.C. Convention in Red Deer in 2006.

Erland Lee Winner

Alberta Women's Institutes presented Roy Brown of Pine Lake, Alberta the Erland Lee Appreciation Award at their annual convention June 5, 2003 held in Camrose, Alberta. This prestigious award is presented by Federated Women's Institutes of Canada to a man who most exemplifies those qualities of Erland Lee which led the founding of Women's Institutes; an organization which spread across Canada and grew to include millions of women worldwide. Women's Institutes are currently in their 106th year in Canada.

Pictured below is Roy and Mildred Lutz, President of Alberta Women's Institutes making the presentation, and Roy's wife, Marion, Federated Women's Institutes of Canada Executive Officer for Alberta. Marion is also a 47 year charter member of Pine Lake W.I. and it's current secretary. Marion and Roy will be attending Federated Women's Institutes of Canada Convention in Lenoxville, Quebec, June 24 - 28. The Erland Lee Award Winners will be honoured at this time.



AWI Council: Ex. Sec. Fern Killian, Kay Saastad, Darlene Wicks, Irene Moir, Seated: Alice Lewis, Marion Brown, Mildred Luz, Phyllis Kosik, Blanche Cunningham

Queen's Commemorative Medal



Mildred Luz
receives award from
Crowfoot MP, Kevin Sorenson

Awarded to Mildred Luz

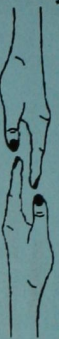


Marion Brown Honoured
by AWI Council

L—R: Doris Warke, Barb Thomson, Kathleen Lawrence, Faye Nicholson, Gloria Gorrell
Marion Brown & Carol Brown



ALBERTA WOMEN'S INSTITUTES



"Helping Hands"

1909 - 2003

AWI 94 YEARS

June 3, 4 & 5, 2003

*Norsemen Inn
Camrose, AB*

Helping Hands Display

Trace your hand on colored
construction paper with your signature. We
will use these to decorate at
convention

PROGRAM

Tuesday, June 3rd, 2003

- 10:00 Registration
- 1:00 Official Opening
- 2:15 Speaker - Lorea Ladner
- 3:15 Coffee
- 3:30 Educational Conveners Reports
- 5:30 Supper
- 6:30 Speaker - Darlene Wicks
- 7:30 Fun Time

Wednesday, June 4th, 2003

- 8:30 Morning Sunshine
- 9:00 Financial - Phyllis Kosik
- 9:30 Keynote Speaker - Ashton Sewlal
- 10:30 Break for Coffee
- 11:50 Pennies for Friendship March
- 12:00 Lunch
- 1:00 ACWW Elizabeth Rushton
- 2:00 Resolutions Marcella Bacao
- 3:00 Coffee
- 3:15 FWIC President Faye Mayberry
- 6:00 Banquet
- 7:00 Entertainment & Awards

Thursday, June 5th, 2003

- 8:30 Morning Sunshine
- 9:00 FWIC - Marton Brown
- Handicraft Convener Shirley Vice
- District Directors
- 10:15 Coffee
- 10:30 Stars Ambulance
- 11:30 Courtesy Report
- AWI Business Session
- Closing Ceremonies

SPEAKERS

Lorea Ladner, from the Food Processing
Development Centre in Leduc on Alberta Made
Products

Darlene Wicks, District 4 Director
Topic: "A Different Approach"

Ashton Sewlal - "The Meaning Behind -
Helping Hands"
In this session there are 10 commandments
Members will explore/discuss each of the
commandments

Elizabeth Rushton, ACWW Area President for
Canada will be speaking on "Societies Around
the World"

Faye Mayberry, FWIC President of
Canada

Marion Brown, Alberta's Representative to the
Federated Women's Institutes of Canada

Stars Air Ambulance - Barry Knapp



WOMEN'S INSTITUTE

July 17/0

Submitted by

E. Marion Brown

Blanche Cunningham, Alberta Women's Institutes District 5 Director related her experiences of attending her first Federated Women's Institutes of Canada conference in Lennoxville, Quebec June 24-29/03 at the Cottonwood Hall. Her captive audience included members from the Olds-Sundre and Innisfail Constituencies -Cottonwood, Gordon, Little Red Deer Dorcas, Mary Riley, Eagle Valley and Coburn as well as four members of the Pine Lake Women's Institute.

Supported by attractively mounted photos and convention artifacts, Ms. Cunningham expressed her thrill of flying across our well defined "patch work quilted" prairies to the forests and lakes and the mighty St. Lawrence of our eastern neighbours. And neighbours and friends we were as we participated in the 16th National Convention with the theme,

Participation + Old Time Music,
Communication = Barbershop, Singer Karen
Achievement, A Formula McKenna, cloggers, step
for Success. dancers and outstanding
fiddle players. Quebec Day

Keynote speakers were: Ann Medina, CBC broadcast journalist; Ashton Sewlal, motivational speaker; Elizabeth Rushton, ACWW Area Pres. for Canada; Rev. Canon Heather Thomson, Bishop's University; and Sharon McCully, Editor of the Sherbrooke Record.

Workshop leaders included: Liliana Padula and Line Guiguere, Brother International Corporation; Genevieve Claver and Rox-Ann Duchesne, students of Champlain College who spent six weeks working in Peru; Dennis Beaudet, Bishop's computer specialist; Tom Fletcher, assistant professor of environmental studies; Julia Annette of the Ontario ROSE program; and Phyllis Kosik, Alberta AWI President Elect presenting Communicate with Confidence.

Quebec hosted a series of entertainment of Irish Dancing, Blue Grass and

Alberta is continuing to be twinned with Newfoundland and Labrador. As the two provinces met, President Mildred Luz of Alberta personally presented President Joan MacNeill of Newfoundland and Labrador with a monetary donation for Badger, Newfoundland -Twinning in Action!

234 registered as full time delegates with 19 from Alberta. Numbers soared to almost 400 as day time

visitors registered. Awards were presented for a variety of competitions and Roy Brown was again honoured as the only "Erland Lee" Award recipient present. Displays were completed for all educational studies and Marion Brown displayed her CELEBRATE CANADA interactive project board. The Alberta display board invited "Canada" to come to Alberta in 2006 where the next Federated Convention will be held. Congratulations to now FWIC Past President Faye Mayberry, her Board and the Conference Committee for such a successful event.

Blanche Cunningham concluded the afternoon presentation by reviewing the three highlights of her trip to the Quebec conference:

- 1) Viewing the mighty St. Lawrence River
- 2) Visiting the Notre Dame Basilique in Montreal
- 3) Joining hands with women across the nation and singing, "This Land is Our Land"



Faye Mayberry Presents Roy Brown with Erland Lee Certificate



Marion Brown meets Twillingate Twin Dianne Vatcher

FWIC CONVENTION 2003

June 24 - 29

Lennoxville (Quebec)



Participation

plus

Communication

equals

Achievement

A Formula for Success



Mildred Luz presents BADGER cheque to
Joan MacNeill





FWIC Board goes to work

L-R: Standing—Maxine Routledge, Diane Hall (Man.); Reta MacDonald, Joan Dawson (PEI); Nancy Bairstein, Reta Ferguson (NB); Elsie Stephenson, Marge Eberle (Ont.); Joan McNeill (NFL); Joan Holthe, Patsy Nagel (B); Mildred Luz (Ab); Virginia Kreklevich, Doris Pattison (Sask); Isabel Archibald, Winnie Forbes (N.S.)
Seated—Sheila Needham, Linda Hoy (Que); Pres. Faye Mayberry (Ab.); Pres. Elect Margaret Yetman (NFL)
Executive Sec. Margaret Muuro (Ont); Marion Brown (Ab)

HAPPY ! ♥

! BirthDay !

"Marian Brown" J



Pine Lake Women's Institute endorsed the following resolution, "Resolved that the Government of Canada uphold its promise to recognize marriage in its traditional form." Milnerton W.I. seconded the motion, which will be forward to the Federated Women's Institutes of Canada. The federal body will take action if it is ratified.

Marion Brown introduced Dianne Vatcher by proxy to the branch membership. Marion had met Dianne in person at the convention in Lennoxville, Quebec and was delighted to meet a member from Twillingate, Newfoundland, which is the Pine Lake's branch twin. Dianne has been a member of her branch for 22 years, is a computer technician, owns a drug store with her husband and is the mother of three sons. They hope to keep in close contact via e-mail.

Branch members have had a busy summer. Roy and Marion Brown motored to Quebec in the company of W. I. friends, Henry and Patsy Nagel from British Columbia. The six-day convention was filled with timely speakers, interesting workshops, reports of accomplishments, friendship



Pine Lake Women's Institute

Submitted by
E. MARION BROWN

Sept. 2003

and fun. One day is always taken to travel the area near the conference centre and the Quebec membership extended its hand of friendship in dance, song and wonderful food. In mid July, four members of the branch were guests of Cottonwood W.I. as Blanche Cunningham related her FWIC Convention experiences.

Branch members and visitors also enjoyed the Sunnybrook Farm Museum Tea and Tour as another special summer outing. The enjoyable afternoon was made possible by the many volunteers.

All 17 registered children gar-

den participants completed their garden projects.

Kathleen Lawrence and Doris Warke toured and judged the gardens and recognized the children for their work at the "garden party" on August 19, 2003. Children were given an evaluation sheet, ribbons and a \$1 gift certificate from McDonald's. The children brought cooked veggies from their gardens, which were added to the cooked meat to create a delicious stew. Ice cream cones topped off the evening meal.

Thanks is extended to the Pine-Glen Recreation Board for the donation to carry out this project.

The branch continued to help beautify the district with their flowers and grass cutting of the W.I. Corner as well as sponsoring the Needlecraft Section of the Agricultural Fair. Doris Warke was one of the winners of the three-way tie.

Upcoming Fall projects include:

Raffle of a bird feeder

Sponsoring a Christmas Market

Participating in the Shoe Box program

Garden of Katrina Wattenbarger



Jeffery & Melissa Greening





Alexandra Fraser



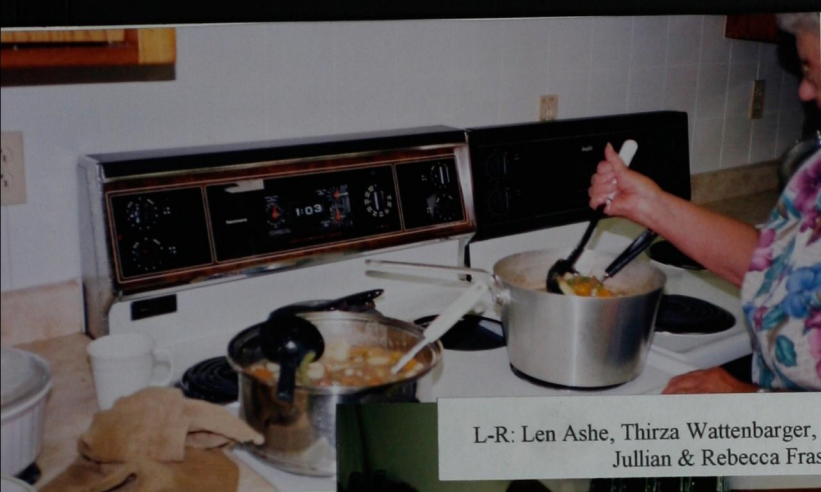
Evan Koster



Alex Clutton



Zachary Nicholson



L-R: Len Ashe, Thirza Wattenbarger, Lea Fraser, Tara, Kaden & Rya Bytrus
Jullian & Rebecca Fraser, Katrina Wattenbarger



Vanessa, Erik & Bruce Elliott with Doris Warke

Thank You

Ag Prize

Connecting with our Twin Province, Newfoundland and Labrador, was the theme of Isabelle Beck's presentation to the Pine Lake Women's Institute's regular meeting.

Isabelle and Gordon along with Ruby and Lorne Olmstead went on a month's long travel in the Maritimes. Isabelle and Gordon expressed their delight as they delved into history at museums and places of interest especially in Gros Morne National Park and the Viking History at L'Anse aux Meadows.

They interacted with the people as they enjoyed the hospitality at their many Bed and Breakfasts.

Millie Munro, Health Convenor, gave a minute minder on healthy blood pressure. Life style, exercise, nutrition and stress all effect blood pressure. She urged members to have a regular blood pressure reading taken.

Members each contributed \$4.50 for Pennies for Friendship which is the life blood of the world body, Associated Women of the World.

Coal Bed Methane (CBM) was the subject of Agriculture and Canadian Industries Co-chairmen, E. Marion Brown and Faye Nicholson at the Pine Lake Women's Institute November meeting.

Methane gas is extracted from coal beds by pumping all the water from the coal seam thus reducing the pressure that binds the gas to the coal. The methane is then free to flow from the coal through the well to the surface. It can take one to two years of pumping water before maximum gas production is reached.

Test holes are becoming common in the Central Alberta area and only when there is sufficient producing wells for a pipeline network will the wells be in production. Farmers are urged to take precautions to protect

Pine Lake Women's Institute

Oct-Nov 2003

Submitted by E. MARION BROWN



their farm operations and environment.

Faye Nicholson presented additional information of our twin province, Newfoundland and Labrador. All the province is a "berry patch". Jellies, jams, sauces and vinegars are created from bakeapples, partridgeberries, crowberries, blueberries and squashberries.

Festivals celebrate the culture of berries. Isabelle Beck noted they viewed roadside gardens developed from the protected sites as the northern peninsula highway was built in the 1960's. Potatoes seemed to be the predominant crop.

Three branch members attended the 70th anniversary of the Leslieville Women's Institute on October 22. A very delightful afternoon included the branch history pantomime set to appropriate music, craft and bake sales, silent auction and afternoon tea and fellowship.

The HUB Community Centre Association held its annual RACE NITE November 8, 2003 at which draws were made for the "Lorgot" raffle. Winner of the bird feeder was Denis Tremblay and gift certificates of \$25.00 and \$15.00 respectively from Parkland Nurseries went to Gwen Renouf and Teressa Greening. Our thanks and appreciation to Bruce Greening for constructing and donating the attractive bird feeder. The branch also donated a basket containing three jars of home made jelly.

Kathleen Lawrence reported that 14 sets of jelly/jam plus individual jars have been completed and distributed.

Everyone appreciates the special product produced by a this very dedicated member.

Three Christmas Boxes were assembled by Isabelle Beck and Faye Nicholson for children six-nine years. They are shipped to underprivileged children in third world countries as a special gift for Christmas through "Samaritans Purse".

Upcoming plans for the organization were presented to the branch through the AWI provincial newsletter and representation at the constituency meeting.

The constituency will again be participating in the "Meals on Wheels" program by contributing cookies plates for Christmas. Each member also donated a mug of goodies for distribution to the homeless in Red Deer.

Our Australian pen friend will be remembered at Christmas as we prepare for the Holiday Season with a Family Supper on December 5, 2003 in Red Deer.

Members are looking forward to serving their community with the CHRISTMAS MARKET, Saturday November 29, 11:00am - 3:00 pm. All available tables have been spoken for.

Appropriate readings, Christmas Behind the Wire (by Ray Heard) and Salute to Our Canadian Soldiers brought the November 11th meeting to a close.

*Thank you so much
for attending our
70th Anniversary. Your
attendance was greatly
appreciated.
Sincerely,
Rae Speta Sec.*

LESLIEVILLE WOMEN'S INSTITUTE

BOX 75, LESLIEVILLE, AB. T0M 1H0
403-729-3511

Pine Lake Women's Institute,
Doris Warke,
Box 36,
Pine Lake, Ab. T0M 1S0

Dear Doris,

We cordially invite you and your branch to our 70th Anniversary celebration to be held October 22, 2003 at the Leslieville Community Centre at 2:00 p.m.

Our Annual Bazaar and Bake Sale will be held at the same time.

We look forward to seeing you on the 22nd.

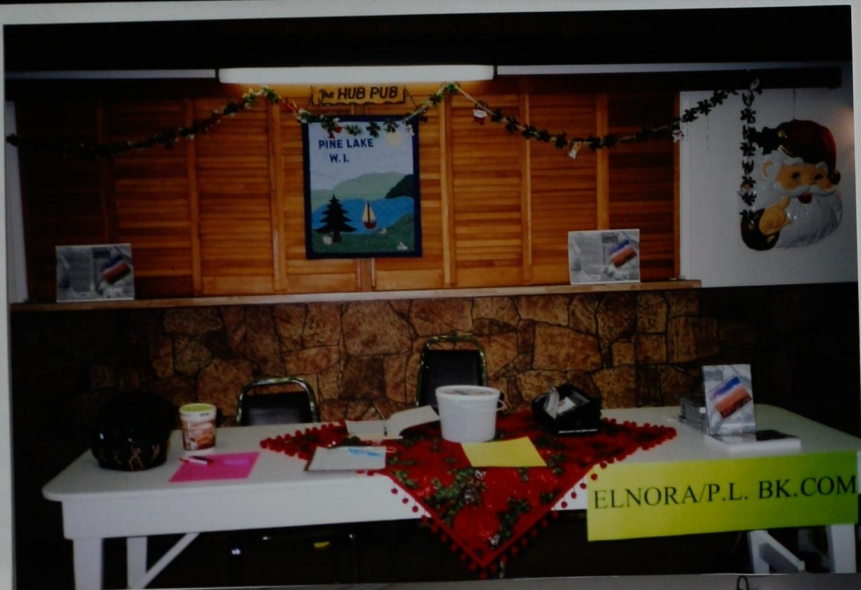
Sincerely,

Rae Speta

Rae Speta, Secretary.

AWI Pres. Mildred Luz, CC Marcella Bacso, Dir. Alice Lowis







Faye Nicholson & Marilyn Wattenbarger



Gwen Renouf wins again!



Isabelle Beck, Faye Nicholson
Doris Warke, Kathleen Lawrence

Thanks very much for
the gift certificate at
Parkland Nurseries.

That's a great prize!

Sincerely,
Gwen Renouf



5349-42 ave
Red Deer
Alberta
Jan 71

Dear Ladies
of Pinchako WI,

I thank all of you
very much for the
Christmas dinner - "through
meat on wheels" you
gave me for Christmas.
It was a great surprise
and the meal was
enjoyed!

Merry New Year to
all!
Sincerely
Diana McElane

You're
very good
at this
kindness
thing!

Thanks for the cookies
God Bless
Alma Adams



NORMAN/NORAH STREIGHT
45 BAIRD ST
RED DEER ALBERTA
CANADA T4R 1K5

Dec. 19/53

Dear Ladies,

Your thoughtfulness means so very much

Thank you so much for the
delicious plates of goodies. What
a lovely surprise.

God bless you all
Christmas season.

In our loving
Prayer, Norman & Nora



...you very
much for the lovely
plate of cookies & candy
you delivered to my
door last Christmas.

Sincerely

Marilyn Kerchinsky
Rm 394
Canyon View Place



Pine Lake W.I.

Submitted by

E. Marion Brown

CHRISTMAS was in the air as eight members of the Pine Lake branch met for their regular monthly meeting. Christmas gifts were exchanged as well as identifying their secret sister of the year by the exchange of Christmas cards. Doris Warke circulated "Stress Buster Tips" for the month of December notably, "Schedule fun times. Christmas will come-ready or not" Faye Nicholson displayed a hand knitted bedspread on which the floral emblems of each Canadian province was pictured. Members were tested on their knowledge of our country.

Faye Nicholson reported that three Samaritan's Purse Christmas boxes had been delivered to the Innisfail Alliance church for shipment to Calgary by Greyhound. Isabelle Beck had purchased a calendar and mailed it to our Haden, Australia pen friends. Members brought cookies

and the branch donation of twenty-one dozen will be put on cookie plates for Meals on Wheels. This constituency project has been carried out for several years.

The Christmas family supper was met with great pleasure as thirteen members and their spouses enjoyed a meal at the Dragon City Café, Red Deer on Friday, Dec.5/03.

The November 29th Christmas Market was a success with nineteen vendors displaying their wares. Each vendor was thanked in writing for their participation. It is planned to stage a second Christmas Market this year on Saturday, November 27, 2004. Winner of the pointsettia was Gwen Renouf. 50/50 winners were Isabelle Holt and Carol Van Steinburg.

Members are already planning for the upcoming year. 2004 executive will be as follows: President, Doris Warke; Vice-President, Isabelle Beck; Secretary, Marion Brown; Treasurer, Kathleen Lawrence; Directors, Teresa Greening and two more to be named. Each member will assume an educational convenorship. Annual dues will be paid as well as a donation to the AWI Office fund and \$50.00 to FWIC Convention 2006. PLWI "stockings" were emptied and \$23.00 will be forwarded to the FWIC Adelaide Hoodless Project. The January meeting will welcome guests for the meeting and tea.

Until then, Merry Christmas everyone.

MR. PAUL BROWN

To
PINE LAKE W.I.
Box 36.
PINE LAKE, ALTA
TOM. 150

A sincere Thank You
for the "Goodies" that
you supplied to
"Meals on Wheels".

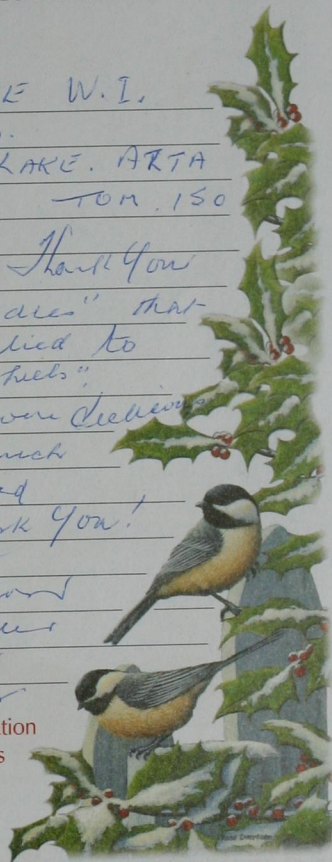
They were delicious
and very much
appreciated

Thank You!

Paul Brown
Reader
Re Brown
Reader

Alberta Cancer Foundation
Caring for Albertans
with Cancer

S9543



Dear One.

"With Best Wishes
for Christmas and
the New Year"

Thank you for your
kindness to us in sending
a lovely plate of goodies
they are delicious

We wish you all a happy
Christmas and a good
new year

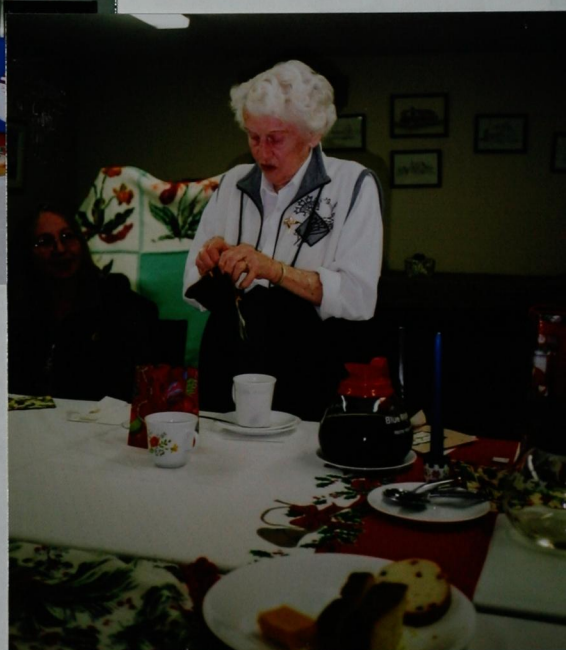
Beth & David Anderson



L-R: Marion Brown, Doris Warke, Kathleen Lawrence, Isabelle Beck, Millie Munro, Faye Nicholson



Kathleen Lawrence & Millie Munro
open gifts as Doris Warke & Teresa
Greening look on



From: "Dianne Vatcher" <dvatcher@nwipharma.nf.ca>
To: "bvhill" <bvhill@myexcel.ca>
Sent: December 19, 2003 7:23 PM
Attach: 136-3644_IMG.JPG; 136-3645_IMG.JPG; 136-3646_IMG.JPG
Subject: wi

Greetings from Twillingate

Merry Christmas and a Happy New Year to everyone in your branch. Attached are 3 pictures that we had taken at our Christmas party. We went to a local restaurant first for dinner and then back to a member's house for dessert and to exchange gifts with our Secret Pals. It was lots of fun. Unfortunately, there are 5 members missing from the picture, but you do get a chance to see some of our faces.

I imagine you are all busy at this time of the year. Its hard to believe that Christmas is only 6 days away. Between the shopping, wrapping, baking and parties and concerts, we will all be tired before Christmas gets here. We only have a sprinkling of snow here in Twillingate, and with the mild weather, that will probably be gone in a day or two. No white christmas for us!

Hope your holidays are great. Go easy on the eggnog!



Dear Friends of Pine Lake W.I.,

Christmas Greetings from Australia, We trust that all is well with you. We are fine, getting older and slower, but O K!

We have experienced another very dry year on the farm, the droughts just seem to follow on year after year. It tends to make us think, "how much longer can we last out". But we always have the hope that good rain will fall soon, to fill the dams and make the creeks run again, they have been bone dry for years.

The world scene is not very good, is it. There is not much joy in listening to the news any more, We trust that things will settle down in the new year. Wouldn't it be great if the Christmas message had an effect on more people.

My son: Andrew and wife Christine have sold their home and are living in a rented house for a few months, while their new home is being built. They have purchased a block of ground in Clifton, and are waiting on the builders.

And daughter: Chris and Michael and girls are fine and are currently holidaying at the coast.

My elderly father passed away early in May, he was 96 years of age. We miss him, but we give thanks for his long and happy life. It was only over the last couple of years that his health slipped. My Mum had moved into the Nursing Home to be with him at the last, she has remained there to be cared for. She has just had cataract surgery and it seems to be successful.

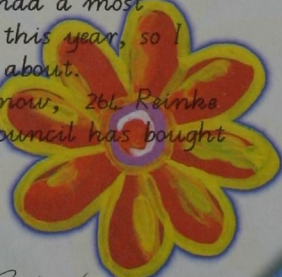
During the year I went to the Needlework and Quilting Show in Brisbane, there are so many beautiful things to do and so many gifted and talented people. Graham and I also went on a bus trip to the Gatton area and had a most enjoyable day. I celebrated my 60th Birthday this year, so I think it's a good time to do a little tripping about.

Please note our change of address: it is now, 261 Reinke Rd. Haden, 4353. We haven't moved! The council has bought in a new rural addressing system.

Best Wishes for the New Year,

Sincerely,

Lyn Reinke



ASSOCIATED WOMEN OF THE WORLD

Lorgot Project –The branch raised money for the Kenya women who are constructing a storage building to preserve and dry vegetable and fruit produce. Pine Lake W.I. decided to raffle a bird feeder in the design of a Kenya hut. Bruce Greening donated his time and material in the construction of the hut. A raffle licence was obtained through the Gaming Commission with the sum of \$¹⁵² toward the project. Winners of the November draw were Denis Tremblay (Bird Feeder); Gwen Renouf (\$25.00 gift certificate); Teresa Greening (\$15.00 gift certificate). Branch donation was \$153.000 (raffle) + \$25.00 (Marmalade sale) = \$178.00

Pennies For Friendship – October stockings @ \$4.50/member for a \$49.50 donation

Operation Christmas Child– Three boxes assembled by the branch for a boy or girl between the ages of 6-9 years of age. Shipping charges covered by a donation of \$5.00 for each box.

Continued link with the Haden Women, Queensland, Australia by sending Christmas greetings to the Haden ladies through Lyn Reinke. The Australian calendar was won by Millie Munro as a lucky draw.

INTERESTING ROLL CALLS & FUN TIMES:

Fill a "time Capsule" with a wish or resolution for 2003

Assemble a Valentine for your special person

Name the provincial premiers

Mosquito Remedy for this year of "West Nile".

Personal Kyoto plan

Garden Weed & Pest Control

Know your Provincial Floral Emblems

Name a FWIC Executive Member

ACWW Leader and/or Project

Health tips

AWARDS/SPECIAL OCCASIONS:

The highlight of the branch year was the presentation of BRANCH LIFE MEMBERSHIPS to Kathleen Lawrence and Millie Munro, long time dedicated members. Kathleen Lawrence has been a member for 36 years, 25 of which she has had perfect attendance. She has served in all branch offices as well as at the three levels of provincial offices. Millie Munro has been a member for 34 years, 13 of which she has had perfect attendance. Her special contribution has been at branch level where she has served continuously as an educational convener and keeper of the Log Book. Five members of Millie's family joined members and spouses for the celebration tea.

John and Ella Sawyer again became grandparents December 21, 2003 with the birth of Emitt Charles Cardinal, a third son for Beverly and Dwayne.

2004 EVENTS AND ACTIVITIES

OFFICERS — President---Doris Warke	No. of Meetings	9
Vice-President—Isabelle Beck	No. of Active Members	10
Secretary—Marion Brown	Life Branch Members	3
Treasurer---Kathleen Lawrence	Ave. Attendance	8.5
Directors— Teresa Greening	No. Perfect Att.	3
	Ave. No. Visitors	2.1
No. of donated hours 1,553		
Sunshine---Kathleen Lawrence		
Historian---Marion Brown		
Educational Conveners – Branch Level		
Agricultural and Environment	Faye Nicholson	
Citizenship and Education	Ella Sawyer	
Handicraft	Doris Warke/Teresa Greening	
Health	Isabelle Beck	
Home Economics & Social Services	Kathleen Lawrence	
International Affairs	Marion Brown	
Educational Conveners – Constituency Level		
Constituency Convener	Marcella Bacso	

MEMBERS

Isabelle Beck (G.)	Faye Nicholson (T.)
Marion Brown (R.)	Ella Sawyer (J.)
Lillie Clutton (R.)	Doris Warke (J.)
Teresa Greening (B.)	Marilyn Wattenbarger (L.)
Branch Life Members :	Kathleen Lawrence
	Millie Munro
	Vera Pierce (E.)

THEME: INTERNATIONAL YEAR OF RICE

SPEAKERS and their TOPICS:

Dwayne Hillman – Operation Christmas Child volunteer distributing boxes in Nicaragua.

Marion Brown – International Women's Day, March 8, 1989 in Nicaragua

Isabelle Beck – Health Convener – What your Doctor Wants to Tell You

Faye Mayberry – Past Pres. FWIC – ACWW Conference in Hobart, Tasmania

Faye Nicholson – Agriculture Convener – BSE, Avian Flu, Methane Gas Wells, Honey Bees Find Land Mines

MINUTE REPORT TOPICS: Wellness Boosters (Exercise, Diet, Humour); Institute of Media, Policy and Civil Society (IMPACTS), a Canadian Company opening two radio stations for Women Journalists in Afghanistan; New Red Deer Medical clinic run by eight female physicians; Rice, a staple world food; History of Mary Stewart Collect.

BRANCH AND COMMUNITY ACTIVITIES:

AWI Membership Dues: \$25.00 /member (PLWI members pay \$5.00)

Fun time with a hostess in charge each month

Secret Sisters names drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for January, two for Feb., etc.

Pine Lake Women Institute members are ready to start a new year with interesting studies, program projects and fun.

The first item of business was the opening of the "time capsule" of January 2003 in which hopes for 2003 had been placed. Although the world is still not a peaceful place, many members had achieved individual goals of more exercise, and a tidier environment. When asked for suggestions for "pick me ups" in the dull days of winter, members replied with menu brighteners of avocado, asparagus and "greens plus". President Doris Warke then presented ten Wellness Boosters which included hints on diet, exercise and the opportunity to laugh.

A 2004 calendar and letter were received from Lyn Reinke, Haden, Australia telling of the continued drought in the Haden farm district and through much of Queensland. Millie Munro was the lucky winner of the calendar draw.

Greetings were also received from Dianne Vatcher of our twin branch from Twillingate, Newfoundland. Dianne included three Christmas party pictures received via e-mail. Three thank you notes were received from recipients of the Constituency Project of cookie plates. Kathleen Lawrence presented the 2004

Pine Lake Women's Institute



Submitted by E. MARION BROWN

branch program outline. 2004 is the International Year of Rice so many programs will hinge around this theme.

The branch is eager to begin 2004 projects. The first project will be the construction of an AWI quilt block celebrating the provinces 100th birthday of 2005 and/or quilt pockets for the FWIC 2006 registrants. Ideas for the 2006 "goodie bags" were pot scratchers knit from baler twine (each member was given the instructions and a ball of twine), an "empty" box of love and a magnet book mark.

Kathleen Lawrence has just completed another lap robe to be given to the women's shelter. Marilyn Watenbarger reported from the Shining Mountain Mobile Society who had expressed the delight in receiving

the mugs full of goodies. This project will be carried out again this year.

International Affairs branch chairman, Marion Brown, informed the meeting of the Institute of Media, Policy and Civil Society (IMPACTS), which has opened two radio stations for women journalists in Afghanistan educating women in this field and aiding in the peace-building process. This Canadian organization is hoping to change the view of women in a society that has traditionally held women in low esteem and help restore women's rights in the new constitution.

There will be a change in meeting times. All branch meetings will be held at 7:30 pm beginning next month. Come and join us for an interesting time.



Dwayne Hillman



Kathleen Lawrence, Marion Brown, Doris Warke
With completed quilt pockets



Photo by CANADIAN PRESS

Galai Nayab reads on radio in Kabul, Sunday. A Canadian organization is reaching out to women in Afghanistan, challenging the view of women in a society that has traditionally held them in low esteem.

Pine Lake Women's Institute

Submitted by

E. Marion Brown

Pine Lake Women's Institute members marked International Women's Day at their March 9th meeting. Marion Brown illustrated the meaning of this special day for the women of Nicaragua as she saw it first hand on her visit to that Central American country on March 8th, 1989. Supported by slides Ms. Brown showed the life of women in Nicaragua and their plea for greater privileges as they met with their president, Daniel Ortega, at that time.

Ironically the guest speaker for the evening was Dwayne Hillman, a volunteer who had spent seven days on the eastern coast of Nicaragua in late January 2004 distributing Christmas boxes to children. Kathleen Lawrence, educational convener for Social Services introduced Mr. Hillman who joined twenty-two other participants in panga boats delivering the precious boxes to nine villages. A survey is done by local churches to assess the needs and ages of children in each village. Mr. Hillman said they were able to give every child a box because of the generosity of Canadians. Over six and one half million were prepared in Canada with over 300,000 boxes coming out of the Calgary depot. The group which included a medical team were able to bring love, hope and encouragement to an under privileged country.

Although the February meeting was cancelled because of a snow storm, members have

been busy. Five ladies met on March fourth to assemble twenty-two "quilt pockets" readied by Doris Warke. These will be used at the FWIC 2006 Convention to carry name tags, meal tickets etc.

The annual Heart Fund card party was held February 28 with seven tables enjoying whist. \$325.00 was donated to the heart fund. Prizes and lunch were donated by the Pine Lake Women's Institute. The public was also privileged to buy marmalade which had been made

by Kathleen Lawrence. Sales amounted to \$70.00 for the branch.

Marion Brown reported that all levels of history had been completed and submitted.

Preparations were made for attendance at the District III Workshop in Bashaw, March 18/04 and the Kneehill Valley Constituency Conference, April 3/04 at Trochu.

A garden club will again be sponsored by the Pine Lake Women's Institute for the district children this summer.

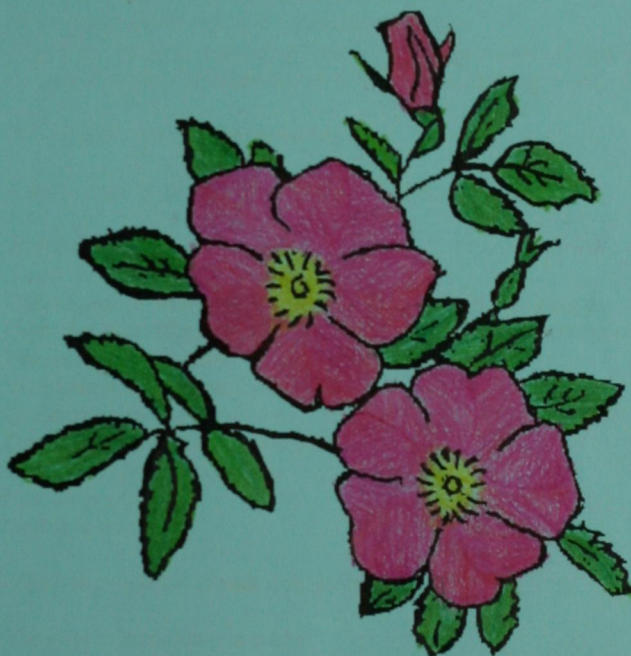


Blanche Cunningham, representing AWI, for Alice Lewis' District III Workshop
Below—Balmoral conducts Memorial Service
"Hank the Cowboy" stages holdup for FWIC



**ALBERTA WOMEN'S INSTITUTE
DISTRICT 3 WORKSHOP/CONFERENCE
March 18, 2004**

Theme - Leadership - The key to success



District Director - Alice Lowis



WOMEN'S INSTITUTES (W.I.) is:

W.I. is educational, social, non-party political and non-sectarian organization. It turns women's interests into achievements and concerns into campaigns.

The Alberta Women's Institutes form an educational organization for rural and urban women. Our aims are to promote leadership among women, to encourage local community development, and to assist women both locally and globally.

The Alberta Women's Institutes are affiliated with Federated Women's Institutes of Canada (FWIC) and Associated Country Women of the World (ACWW)

Alberta will be hosting the Federated Women's Institutes of Canada convention in Red Deer in the year 2006. The date is June 14 – 17, 2006 at the Red Deer Lodge.



Marion

**KNEEHILL VALLEY CONSTITUENCY
51st ANNUAL CONFERENCE
SATURDAY APRIL 3, 2004
TROCHU COMMUNITY HALL**

- 8:30 – 9:00 **REGISTRATION** – Coffee and Muffins
- 9:00 – 9:15 **OPENING EXERCISES**
 “O CANADA”
 Mary Stewart Collect
 Minute of silence
 Flag salute
 Welcome from Trochu Community Association *Jim Kristy*
 Greetings from the Mayor of Trochu (Loretta Ling)
 Introduction of Head Table
- 9:15 - 9:20 **READING OF MINUTES AND ADOPTION**
- 9:20 – 9:40 **PROVINCAL REPORT** (Alice Lowis)
- ✓ 9:40 – 9:50 **DISTRICT DIRECTOR REPORT** (Blanche Cunningham)
- 9:50 – 10:00 **CONSTITUENCY CONVENORS' BUSINESS & REPORTS**
- ✓ 10:00 - 10:00 **MEMORIAL SERVICE**
- 10:10 – 10:30 **STRETCH BREAK !** (Coffee and Muffins)
- 10:30 – 10:50 **ROLL CALL OF MEMBERS AND VISITORS** *Acadia 13 - 13*
 W.I. IS; *Hogadone 9 - 8*
 RECOGNIZE THE YEARS OF MEMBERSHIP *Malvern 5 - 5*
 RECOGNIZE THE LADIES THAT WORKED ON THE *Dorcas 4 - 4*
 SCRAPBOOK *Visitors 62 - 20*
 PENNIES FOR FRIENDSHIP
- 10:50 - 11:00 **PROTOCOL** *Luiz / Don't sing* *Your Honor*
- 11:00 – 11:30 **LIEUTENANT GOVERNOR OF ALBERTA – LOIS HOLE**
- 11:30 – 11:45 **ENTERTAINMENT**
- 11:45 **GRACE WILL BE SAID**
 LUNCH



Co-conveners Joyce Silbermagel and Leona Prior thank Lt. Gov. Lois Hole

A party atmosphere was in the air as the Pine Lake Women's Institute members marked forty-eight years from the founding of the branch. Hostess Marion Brown reminisced with the reading of Noreen Olson's article, Getting Ready for W.I. W.I Day was an important annual event as members welcomed members to their homes. Birthday cake and ice cream were enjoyed.

Health Convener, Isabelle Beck, presented What Your Doctor Wants to Tell You emphasizing the necessity of giving your doctor direct and accurate information. It is pertinent that the use of prescription drugs be clearly understood and taken as prescribed. Be cautious about herbal supplements and internet information unless devolved from a reputable source.

Other health related activities included Cancer Canvas and ticket sales for the Parade of Playhouses to help the Central Alberta Women's Emergency Shelter. Kathleen Lawrence represented the branch by offering her time. A thank you was received from Operation Christmas Child for the boxes sent at Christmas.

Branch members had recently attended the District III Workshop in Bashaw and the Kneehill Valley Constituency Conference in Trochu. As well as good food, fun and fellowship, the members were impressed with the work accomplished by small, dedicated branches. The Kneehill Valley conference displayed 352 articles in handicrafts, home baking and canning, plants and photography from 43 members. Guest speakers at the Bashaw meeting included Mark MacNaughton, Stettler Agi Info Centre and District V Director, Blanche Cunningham. Blanche delighted her audience at both



Pine Lake Women's Institute

Submitted by E. MARION BROWN

meetings with memories of the 2001 FWIC Convention in Lennoxville, Quebec. Highlighting the Trochu meeting was the presence and address given by Lieutenant Governor of Alberta, Lois Hole. Sixty-two visitors and W.I. members enjoyed the presentation stressing the vital role of the arts (music and libraries) as well as the public school education which builds tolerance, curiosity and creativity for our society. Her honour touched on her love of gardening. She has written seventeen gardening books and has recently presented a set to 300 of Alberta's libraries.

The Pine Lake branch will support the Farmers' Resolution to exempt water from the NAFTA agreement. The resolution will be forwarded to Wendy Holm, Bowen Is., BC.

Plans were made for the upcoming Red Deer Constituency Handicraft Display and Tea Saturday, April 24/04 2:00-4:00 pm.



The Honourable Dr. Lois E. Hole, C.M., A.O.E.

Lieutenant Governor of Alberta
Member, Order of Canada
Chancellor, Alberta Order of Excellence
Dame of Justice, Most Venerable Order
Of the Hospital of St. John of Jerusalem
Honourary Doctorate of Laws, University of Alberta
Honourary Doctorate, Athabasca University
Honourary Degree in Horticulture, Olds College

On December 9th, 1999, Prime Minister Jean Chretien, appointed successful businesswoman, best selling author, education advocate and community supporter, Lois Elsa Hole as Alberta's 15th Lieutenant Governor. She is the second woman in Alberta's history to serve as Lieutenant Governor.

Born and raised in Buchanan, Saskatchewan, Her Honour moved to Edmonton in her early teens and completed her secondary education at Strathcona Composite High School.

Widow of the late, Ted Hole, she has two sons: Bill and Jim and three grandchildren.

She and her husband, Ted bought a mixed farm in St. Albert which they diversified into a vegetable and mixed garden business. In 1979 the farm was incorporated as Hole's Greenhouses & Gardens Ltd. and their sons joined the business full-time. It has since grown into one of the largest retail greenhouse operations in western Canada.

Her Honour served as a school trustee for the St. Albert School District #6 from 1981 to the fall of 1998. She previously served, for fourteen years, as a trustee and chairperson for the Sturgeon School Division and, for eleven years, as a member of the Athabasca University Governing Council. Her Honour has served as a director of the Farm Credit Corporation and as Honourary Chair for the 27th Canadian Congress on Criminal Justice and for the Children's Millennium Fund. She also served as a board member of the Canadian Heritage Garden Foundation, the Child & Adolescent Services Association and the Quality of Life Commission.

As Chancellor of the University of Alberta, Her Honour served as the titular head of the University, chairing all Senate meetings, serving as a member of the Board of Governors, representing the University at all ceremonial occasions and presiding over convocation to confer all degrees.

Her Honour is the author of six gardening books (all Canadian bestsellers) and a collection of life stories, photographs and growing information entitled "I'll Never Marry a Farmer". In the past, she has been a regular contributor to the Globe and Mail, Edmonton Journal, and the Edmonton Sun, and was the writer of the Canadian portion of the 1999 Old Farmer's Almanac Gardening Companion. She has appeared regularly on the "Grapevine" segment of CBC TV's Canadian Gardener.

In 1983, Her Honour was awarded an honorary doctorate from Athabasca University and in 1997 received a Distinguished Citizen Honourary Diploma in Business from Grant MacEwan Community College. In 1995 she was named as both Edmonton Business and Professional Woman of the Year and as St. Albert's Citizen of the Year. In 1999 she was appointed a Member of the Order of Canada. The University of Alberta awarded her a Honourary Doctorate of Laws in the year 2000. She was recently awarded the Gandhi, King, Ikeda Humanitarian Award (2003). She has been recognized by the military and most recently was bestowed an "Honourary Patricia" by the 1st Battalion Princess Patricia's Canadian Light Infantry.

The Lieutenant Governor has been recognized for her ongoing contributions to libraries, education and the arts by the establishment of The Lois Hole Library Legacy Program (2002), The Alberta School Boards "Lois Hole Lecture Series" (2003) and the Lieutenant Governor of Alberta Arts Awards Program (2003).

Her Honour serves as Honourary Patron to numerous organizations. She was installed as Alberta's Lieutenant Governor on February 10th, 2000.

Died Jan. 6, 2005 at 71yrs



Pine Lake Women's Institute

Submitted by

E. Marion Brown

Pine Lake Women's Institute launched the 2004 Children's Garden Club under the direction of Agricultural Convener Faye Nicholson. Seeds were packaged ready for the 14 perspective participants on payment of the \$1.00 registration fee. Preschool children will grow three veggies and one dwarf sunflower in a plant pot, planter or small garden plot. School age children will grow a variety of five veggies and sunflowers in a garden plot of 12"x12", maximum size. Gardens will be judged in early August followed by a round up "garden party" where children

contribute to a stew with items from their gardens. Awards are given to the garden growers. The children are also encouraged to enter the Crossroads Agricultural Fair in August.

The branch entered twenty-seven articles, twenty-one of which placed first in the annual Red Deer Constituency Handicraft Show and Tea. The handicraft articles of which there were a similar number as 2003 were displayed at the Red Deer and District Museum for a one week period. Thanks to all the ladies who contributed to the display of their unique talents.

Plans were made for the annual Coffee Party at the

HUB Community Centre, Wednesday, June 2, 2004. The public is invited for 9-11 am morning coffee, muffins and coffee cake. Baking and plants will be available for purchase. The branch will also display its handicrafts and completed history.

Marilyn Wattenbarger will be delegate to the annual Alberta Women's Institutes Convention held June 8, 9 and 10th 2004 at the Red Deer Lodge. The meeting will address the theme, Families Around the World. Resolutions on Elder Abuse and the policy of Moving Nurses will be voted upon.

Notice of upcoming teas at Crossroads Community

Hall May 26, and Hillsdown Community Centre May 29 were brought to the attention of the meeting.

Members answered the roll with their number of volunteer hours as well as timely clippers or readings. These included information re the New Medical Clinic for Women and Children run by eight female physicians that will open on the former Red Deer Conquest UFA grounds; the importance of RICE a staple food in much of the world; a reading, Have Fun, Don't Get Old. Pot scrappers knit from plastic baler twine and "boxes of love" were handed in for contributions to the 2006 FWIC goodie bags.

Pine Lake Women's Institute

submitted by
E. Marion Brown

Pine Lake Women's Institute held the June meeting following a very successful coffee party. Sixty five, including nine men, enjoyed coffee cake and muffins with their morning coffee. Special thanks who supported the annual fundraiser for the branch and appreciation to all out-

side W. I. members who showed the strong spirit of support for which our organization exemplifies. Carol Clutton was the lucky lady who won the door prize, a pot of petunias. Visitors enjoyed the display of handicrafts and the latest Pine Lake History book.

Seventeen children's gardens are being planted. The participants are encour-

aged to enter their produce from their gardens at the Pine Lake Country Fair and Sports Days August 13, 14 and 15, 2004. The branch will again sponsor the "Needlecrafts" class and provide a gift for the winner. Members volunteered to supervise the displays on Saturday, Aug. 14. The theme for the 2004 Fair is A Salute to Fresh Water or

The Wonder of Water.

The long standing "jelly project" will again be carried out providing that juice is available.

Members are looking forward to the annual Alberta Women's Institutes Convention to be held June 8, 9 and 10, 2004 at the Red Deer Lodge. Four members plan to attend full time.

Plans were made for a

summer outing Tuesday, August 10. Members and visitors will meet at the home of Marilyn Wattenbarger for a pot luck noon lunch before touring the College Side-Bethany Care facility and the Sports Hall of Fame. Anyone interested is welcome to join the group. Please contact any Pine Lake W.I. member.

The first fall meeting will be held September 14, 2004 at the Hub Community Centre at 7:30 pm. The program will be International Affairs, at which time Faye Mayberry will present highlights of the ACWW Conference in Tasmania, Australia.

Have a pleasant summer.



Alberta Women's Institutes get fund—

By PENNY CASTER
Advocate staff WEDNESDAY, JUNE 9, 2004

A recent provincewide fundraising project has helped build interest in one of oldest women's organizations in Alberta.

"Yes, membership is declining, unfortunately," said Blanche Cunningham, at the opening of the Alberta Women's Institutes annual convention at the Red Deer Lodge on Tuesday.

"The quilt project was a great booster, because it got people working and doing things," she added.

Cunningham, of the Cottonwood Women's Institute west of Innisfail, and District 5 Director of the Alberta Women's Institutes, said each member of the province's various WI branches was challenged to create a quilt block to be used in building quilts to be sold.

The resulting income is to help fund the 2006 national convention, which is also to be held in Red Deer.

There are about 72 branches in Alberta.

"I was expecting about 100," said Cunningham of the quilt blocks.

Instead, 395 were produced, enough to make about dozen quilts.

It meant a steep learning curve for many of the women who answered the challenge.



Photo by JERRY GERLING/Advocate staff

Women's Institute members march with a Canadian flag while other members stand and clap at their tables to the song *It's a Small World After All*.

"Many have made quilt blocks for the very first time," said Cunningham.

"So when WI ladies decide to do something..."

The quilt blocks were displayed prominently in a large conference room at the hotel.

This is the 95th year for the WI in Alberta.

raising boost

The worldwide organization began in 1897 in Stoney Creek, Ont.

It is now represented in about 66 countries, said Faye Mayberry, past-president of the Federated Women's Institutes of Canada.

At Tuesday's opening ceremonies, about 180 members were welcomed by local dignitaries and also heard Red Deer North MLA Mary Anne Jablonski speak to them about various issues.

She talked about the province's insurance legislation where the payout for minor injuries, defined by Jablonski as strains, sprains and soft-tissue injuries, including whiplash, has been capped at \$4,000.

Jablonski discussed the province's efforts to defeat family violence and described a project running in Calgary where all those affected, including spouses, children, lawyers and a judge, meet at a table rather than a courtroom in an attempt to work things out.

Jablonski also handed out a little advice to the assembly, some of whom kept busy knitting while she talked.

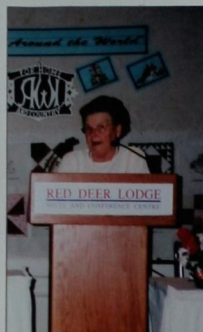
"It's not selfish to look after yourself, it's an absolute necessity," she said.

If you ignore your own needs you could find yourself unable to care for your family, she added.

Other speakers at the convention included Darlene Hallett, Linda Finstad, and Noreen Olson. Darlene spoke of a two-month farm exchange with a family from New Zealand. Linda demonstrated how recycled articles could be used to make clothing. She owns "Hats by Emmanuel" a business that makes and sells hats for cancer patients who have undergone chemotherapy. Closing speaker was Noreen Olson local author who read from her new book "The School Bus Doesn't Stop Here Anymore."

One of the highlights of the sessions was the banquet on Wednesday night where awards were given out for Creative Writing and Handicraft. Everyone enjoyed the entertainment provided by Chatelaine of Innisfail and Chelsea Simms local pianist.





Clockwise from upper left:
MLA Mary Anne Jobloonski,
AWI Pres. Mildred Luz
Michael Dawe & Doris Northey
Linda Finstad and daughter in clothes
of recycled articles

AWI Executive Reports:

Irene Moir (2), Blanche Cunningham (5), Phyllis Kosik (Vice. Pres),
Kay Saastad (1), Florence Bernakevitch (FWIC), Alice Lewis (3),
Darlene Wicks (4)

2004 EVENTS (Continued)

BRANCH & COMMUNITY ACTIVITIES Cont'd.

- Heart Fund card party—7 tables, \$325.00 donated
- Cancer Canvas--\$200.00 collected at organizational events
- Road side clean up supported with Marion Brown at Chair
- W.I. Corner grass cutting funded and flowers planted
- Children's Garden Club – 15/17 gardens completed. Gardens were judged by Doris Warke and Kathleen Lawrence. August 18th wind up "Garden Party" with each child contributing vegetables for the stew. Each child received a picture of his/her garden along with a sheet bearing the judges comments to which was attached a blue and white ribbon and Alberta fabric rose.
- Coffee Party – June 2nd annual event-- 65 morning coffee participants including 9 men.
- Jelly Project – Kathleen Lawrence filled orders with limited supply of juice
- Notes of Support – Sent to three past members, Irma and Eileen Lawrence and Frieda Bragg who are cancer victims.
- Crossroads Ag Fair – Sponsored Needlecraft Section with Phyllis Mangan as winner.
- HUB Race Nite – Donated basket of Jelly for Auction
- Tour of College Side Bethany Care Centre & Sports Hall of Fame made especially enjoyable with a pot luck lunch at the home Marilyn Wattenbarger preceding the tour.
- Christmas Market – Sold 17 1/2 tables to vendors, 50/50 draw, sold noon lunch. Lynn Kadar won the door prize of a fabric basket made by Doris Warke. Almost \$500.00 profit made.
- Christmas Family Pot Luck Supper – Returned to HUB Hall for the successful event with candy bags presented by Santa Clause.
- Christmas greetings sent to past members
- Seven Christmas Mugs donated to Red Deer Mobile Outreach Program
- Monthly meeting reports sent to Innisfail Province and the R.D. County News
- Branch History for branch and constituency kept up to date.

CONSTITUENCY ACTIVITIES

- Constituency Handicraft Tea and Display – April 24/04 at the Red Deer Museum.
- 9/10 members entered 27 articles. Twenty one received first placing – 111 points.
- Constituency Conference – October 16, 2004 at the Red Deer Museum. Theme, *International Affairs* with Heather Jones, nurse in training, speaking of her volunteer work experience in Calcutta, India under the "Mother Teresa Foundation". Marion Brown spoke on the upcoming election candidates in Afghanistan.
- Two members attended the Balmoral Geranium Tea and the three members enjoyed the Hillsdown Strawberry Tea.

ALBERTA WOMEN'S INSTITUTES

- District III Workshop – March 18/04 in Bashaw with three members in attendance.
- Seventy ladies attended from Ohaton, Mameo-Leduc, Red Deer and Stettler Constituencies.
- Knee Hill Valley C. C. – April 03/04 attended by five members. Lt. Lois Hole was guest speaker who emphasized the importance of public school education and the vital role of the arts.
- AWI Convention – June 8, 9 & 10, 2004 at the Red Deer Lodge. Theme, *Families Around the World*. Four members attended. The convention hall was decorated with hundreds of quilt blocks that will be made into quilts which will be raffled as a fund raiser for FWIC Convention 2006.
- \$50.00 donated to Office Fund.
- Branch supported taking WATER out of the NAFTA Agreement.



Convention 2004

Red Deer

"Families around the world"



Welcome - Mildred Luz

Grace - Florence Bernakevitch

"Banquet"

Irene Moir - Toast to the Past Presidents

Entertainment

- Chelsea Simms
- Chatelaine

Creative Writing Awards - Mildred Luz & Fern Killeen

New Member Award - Phyllis Kosik

Handicraft Awards - Shirley Vice

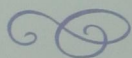
Closing Remarks - Mildred Luz



Past Presidents:
Beryl Ballhorn, Elizabeth Rushton, Betty Ballhorn,
Doris Northey, Kathryn Habberfield with Mary Mercer



Thank
You...



Pine Lake W.I. branch had several activities during the summer months. Three members attended the Hillsdown Tea in June. Fifteen of the 17 children's gardens had been completed, judged and awarded blue and white ribbon bearing the Alberta rose. A picture of the garden accompanied the judging sheet and was presented at the "garden party" windup held at the Hub Community Centre.

The summer outing in August included a picnic lunch at the home of Marilyn Wattenbarger, tour of the Cooege-Side Bethany Care Centre and the Sports Hall of Fame in Red Deer. Several members volunteered their time and help at the annual August Ag Fair.

The second annual Christmas Market sponsored by the Pine Lake W.I. will be held Saturday, November 27, 2004 at the Hub Community Centre between 11:00 a.m. - 3:00 p.m. Tables are available by called 403.886.4108

Agriculture was highlighted by Con-
vener Faye Nicholson at the October

Marion Brown will speak on the Afghan election.

Doris Warke had visited Hillsdown W.I. and these members have consented to assisting the Pine Lake W.I. in the quilt assembly for Alberta Women's Institutes.

The annual Christmas Market will be held Saturday, November 27th at the HUB Community Centre. Tables are being rented at \$15.00. A noon meal will be available with one complimentary meal ticket to each table vendor.

The Jelly Project will go ahead with the limited juice available. A basket of jelly will be donated to the HUB Race Nite.

The annual Christmas Family Supper will be held Friday, December 3, 2004 at the HUB Community Centre. The evening will take the form of a pot luck supper with the turkey being provided by the Pine Lake W.I.

In recognition of the International Year of Rice and World Food Day, the October meeting began with members enjoying a meal of "rice" dishes.

Pine Lake Women's Institute



Submitted by E. MARION BROWN

meeting. The leading problem in our Canadian society is the BSE problem with the discovery of the first case on May 20, 2003. Auctions, which were halted, have still not resumed their normal operations. Retail of beef has been down even with the strong support shown by the general population. For farmers anti depressants are up. It is recognized there must be an increase in meat packing facilities. Scientists are working on a break

though in BSE testing that can be accurate and timely. As for disposal of carcasses, the "digester" process operates more cheaply and breaks down the proteins making them harmless. Elk and sheep farmers have also been affected by BSE problem and chronic wasting disease. 19 million chickens had to be slaughtered affecting 25 farms because of the Avian Flu.

Farmers are also concerned about the environment and the expansion of industry such as coal bed methane on their agricultural lands. One final item of good news expressed by Ms. Nicholson was that honeybees can be trained to find land mines. Sugar is mixed with explosives and the bees zoom in on mine locations recognizing this odor.

Plans were made for a busy fall of activities. Kathleen Lawrence will be the official delegate to the Red Deer Constituency Conference Saturday, October 16, 2004 at the Red Deer Museum. The theme will be International Affairs and



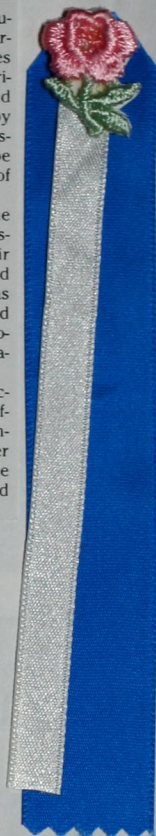
Garden Party Participants:

Parents & W.I. Committee with Children:

L-R: Doris Warke, (Marion Brown), Michelle Koster, Melissa Greening, Gertie Chambers, Triza Wattenbarger, Joyce Silbernagel, Kathleen Lawrence, Vicky & Faye Nicholson, *Bruce Greening*
Tara Byrtus

Middle row: Eric & Evan Koster, Cassandra Wattenbarger, Jeffrey Greening, Ali Silbernagel, Joanne Nicholson

Front: Ashley & Katrina Wattenbarger, Kayden & Rya Byrtus



Ali Sibernagel



Ashley Wattenbarger





Faye Mayberry reports on ACWW Tasmania Conference

L-R: Isabelle Beck, Millie Munro, Marilyn Wattenbarger, Rhonda Holt, Linda Holt, Ella Sawyer, Shirley Glover, Ada Fox, Roberta Peters



Red Deer Centre Women's Institute

Constituency Conference

Oct. 16/04



Red Deer & District Museum
4551 - 47 A Ave.
Red Deer, AB

Constituency Convener - Marcella Bacso



PINE LAKE

Submitted by

E. Marion Brown

The Christmas Spirit of GIVING to the less fortunate was exemplified by the action taken at the November meeting of the Pine Lake Women's Institute. Three shoe boxes each of \$25.00 value were packed for two girls and a boy for Central America under the Samaritan's Purse organization. Christmas MUGS were filled with pouches of food and drink to give the homeless of Red Deer an instant hot drink. Candy bags will

be assembled as token gifts to the children of our W.I. families who will meet on Friday, Dec. 3, 2004 for the annual Family Christmas Supper. The branch is also sponsoring a Christmas Market Saturday, November 27, 2004 to give the community a Christmas shopping opportunity. Past members will be remembered with a Christmas greeting and greetings were also sent to our overseas Australian friends. Our twin branch in Newfoundland will also be remembered. Kathleen Lawrence reported that 12 sets of

home made jelly have been completed filling the Christmas orders.

Kathleen Lawrence, Doris Warke and Marion Brown had attended the October 16, 2004 Red Deer Constituency Conference. Kathleen Lawrence expressed her pleasure with the well organized, informative meeting. Blanche Cunningham, District Five Director had brought greetings from the A. W. I. Office and Heather Jones, Nurse in Training, related her experiences in Calcutta as she served under the

Mother Teresa Foundation for five weeks this past summer. Each branch International Affairs convener spoke on the conference theme exemplifying the wide and varied fields of pertinent topics that can be studied.

Hillsdown and Pine Lake branches will co-host the October 2005 annual constituency conference celebrating 100 years of Agriculture and Canadian Industries in Alberta.

The conference will be held at the HUB Community Centre, Pine Lake.

2004 EVENTS (Continued)

FEDERATED WOMEN'S INSTITUTES OF CANADA

PLWI is supporting FWIC Convention 2006 by contributing \$50.00/year for three years. Branch made 24 quilt pockets, over thirty pot scrubbers and 116 "boxes of love" for the goodie bags. Marion Brown sits on the AWI Organizing Committee for FWIC Convention 2006 as Financial Chair. Adelaide Hoodless Homestead Fund supported at \$2.30/member

ASSOCIATED WOMEN OF THE WORLD

World Food Day, October 16, recognized with a pot luck supper featuring rice dishes.
Operation Christmas Child - Three boxes were donated
Sid Newton (brother of former pen friends) dies Sept. 6, 2004 at 89 years.
Pennies for Friendship

ROLL CALLS & FUN TIMES

Leap Year Custom
Getting Ready for W.I. - Noreen Olson
Have Fun, Don't Get Old - Reading
Christmas Crossword Puzzle
Hymns matched to Occupations



PINE LAKE WOMEN'S INSTITUTE

*s Submitted by
E. Marion Brown*

2004 is drawing to a close after another busy

year. The members have accumulated 1553 volunteer hours contributing to the success of the branch. Nine meetings were held during the year.

The recent Christmas Market was a huge success. Special thanks is extended to all the vendors who bought tables to bring their wares to the public. Lynn Kadar was the winner of the cloth bun basket crafted by Doris Warke. Winners of 50/50 draw were Jolyn Sulz and Zara Wattenbarger. Saturday, November 12, 2005 is the tentative date set for the "Centennial Year" market.

Over forty W.I. family and extended family members attended the annual Family Christmas supper

which was again held at the HUB Community Centre, Friday, December 3, 2004. After a delicious turkey supper, young and old enjoyed entertainment provided by the children followed by five games of Bingo. Toonie prizes were donated by Millie Munro. The visit from Santa rounded off the delightful evening with a special time for each child and a gift of a candy bag.

Christmas greetings were received from Lyn Reinke from Haden, Australia. It has been extremely dry again this year in their farming area but recent rains were encouraging for emerging crops. The "kangaroo" fridge magnet was won by

Millie Munro as a lucky draw.

Secret sisters were revealed through Christmas cards and gifts were exchanged in good fellowship and fun.

Officers elected to the 2005 positions were:

President,	Marilyn Wattenbarger
Secretary,	Marion Brown,
Treasurer,	Kathleen Lawrence

Directors, Doris Warke, Isabelle Beck, Millie Munro.

The 2005 program will be drawn up on Wednesday, December 29/04 at the HUB Community meeting room. Fees were paid for the upcoming year.

to Every
OF
Pinelake W.I.

Thank you for all
your work with
the Garden Club

From Jo
Nicholson



Seasons

Greetings



264 Reindeer
Haden, 4353
Queensland
29.10.04

Dear Pine Lake Ladies,
Christmas greetings to you. I trust that you have a happy and Holy Christmas. The year has just slipped away so fast, other than that, I am getting slower! We had so many plans for year 2004, but have achieved very little.

Here in Queensland and in many parts of Australia we are once again in the grip of drought it is hard to believe.



2005 EVENTS AND ACTIVITIES

OFFICERS — President---Marilyn Wattenbarger
 Vice-President—Faye Nicholson
 Secretary—Marion Brown
 Treasurer---Kathleen Lawrence
 Directors—Doris Warke
 Isabelle Beck
 Millie Munro
 Sunshine---Kathleen Lawrence
 Historian---Marion Brown
 Educational Conveners – Branch Level

Agricultural and Environment
 Citizenship and Education
 Handicraft
 Health
 Home Economics & Social Services
 International Affairs

No. of Meetings	10
No. of Active Members	10
Life Branch Members	3
Ave. Attendance	6.9
No. Perfect Att.	2
Ave. No. Visitors	.2
No. of donated hours	1,391

Faye Nicholson
 Ella Sawyer
 Doris Warke/Teresa Greening
 Isabelle Beck
 Kathleen Lawrence
 Marion Brown

MEMBERS: Isabelle Beck (G.), Marion Brown (R.), Lillie Clutton (R.), Teresa Greening (B.),
 Faye Nicholson (T.), Ella Sawyer (J.), Doris Warke (J.), Marilyn Wattenbarger (L)
Branch Life Members: Kathleen Lawrence, Millie Munro, Vera Pierce (E.)

THEME: INTERNATIONAL YEAR OF MICROCREDIT & YEAR OF THE VETERAN
 ALBERTA'S CENTENNIAL

SPEAKERS and their TOPICS:

Doris Warke – Handicraft – Displayed attractive fabric bowels, table runners and a quilted kitchen towel. Lead demonstration in art of napkin folding

Marcella Bacso, Constituency Convener – *Forget Your Memory* – Nutritional hints and techniques to exercise and heal the body and mind.

Marion Brown – International Affairs – Fair Trade Coffee such as the coffee grown in Nicaragua.

Kathleen Lawrence – Home Ec & Social Services – The history of Licence Plates, “Breakfast” and “Best Before” date on milk.

Isabelle Beck – Health – Alternative Medicine including medications and techniques.

Faye Nicholson – Ag & Environment- Nature Conservancy which allows land to stay in its natural state.

MINUTE REPORT TOPICS: December 24/04 tsunami, International Women’s Day, One Tonne Challenge, Food Safety Training Course, New meat processing plants in Alberta, 60th Ann. VE Day, Overseas Surgery, Kenya Milk Cow project, Ethanol fuels Fuel Wise tips, Rapid HIV Tests.

BRANCH AND COMMUNITY ACTIVITIES:

AWI Membership Dues: \$25.00/member (PLWI members pay \$5.00)

Fun Time with a hostess in charge each month

Secret sisters names drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for January, two for Feb., etc.

Heart Fund Card Party – 5 ¼ tables of whist with a \$403.00 donation

Cancer Fund -- \$305.00 collected at organizational events

Road Side Clean Up – Community event supported

W.I. Corner – Grass cutting funded and flowers planted

Children’s Garden Cub – 11/16 Centennial gardens were completed and judged by Doris

Warke and Kathleen Lawrence. Special recognition was given to participants who incorporated the Centennial

Submitted by
E. Marion Brown

Would you like to dress up your table for Valentine's Day? Make attractive heart shaped napkins as learned from "napkin art styles. Doris Warke, handicraft branch convenor, involved the members attending the January meeting in folding napkins in various napkin art styles. These included: pure and simple, lover's knot, decorative pocket, heart and geometric style.

She also displayed fabric bowls and easily made table runners to encourage members to enter handicraft articles in the upcoming Constituency Handicraft Competition.

The December 26th, 2004 tsunami has touched the lives of everyone. Marion Brown, convenor for International Affairs, spoke of the death toll of over 150,000, and the outpouring of relief support by organizations, individuals and children. We are all connected

as exemplified at the Ottawa memorial service on January 10, 2005.

The branch theme for 2005 is Alberta Centennial Year as well as acknowledging the International Year of Micro Credit.

Branch members are looking forward to the February 19th, 2005 presentation of the Alberta Women's Institutes quilt to the Alberta Legislature where it will hang for the Centennial year. The quilt blocks have been made by branch members from across the province and depict the growth and progress of Alberta through the 100 years. The presentation sponsored by District Five of Alberta Women's Institutes will take place at the Cottonwood-Gordon Hall.

Micro credit refers to a business with a small start and

with financial support expanding into a successful business. Women in third world countries with small income generating projects aided by the Associated Women of the World would be such an example.

Branch members along with Hillside Women's Institute will assemble a quilt in preparation for a raffle, the proceeds from which will go towards the FWIC Convention project. The quilting will be done at the HUB Community Centre.

Roll Call was answered by displaying or describing a treasured piece of handicraft. Many referred to handicraft from their grandmothers or friends. Clippers were presented and volunteer hours tabulated before the ladies were off to their homes ahead of wind and cold.

Quilt made

by local women will hang in legislative building



By PENNY CASTER
Advocate staff

A quilt stitched together by the Cottonwood Women's Institute near Innisfail is to hang in the provincial legislative building to help mark Alberta's centennial.

The individual blocks that make up the quilt were crafted by members of Women's Institutes from all over Alberta.

In addition to the blocks that went into the centennial quilt, enough blocks were created to make a total of 19 quilts, said Blanche Cunningham of the Cottonwood Women's Institute.

Besides the quilt celebrating Alberta's first century, the rest of the quilts were created as a fundraising effort because next year Alberta is to play host to the organization's national convention.

An official presentation of the centennial quilt will be made to Innisfail-Sylvan Lake MLA Luke Ouellette on Feb. 19 at the Cottonwood-Gordon Hall.

Feb. 19, it just so happens, is known as Founder's Day in the Women's Institute calendar, because it was on that day in 1897 that the first Women's Institute was established in Stoney Creek, Ont.

The organization had spread to Alberta by 1909.

Cunningham said the quilt blocks in the special quilt cover Alberta's 100-year history.

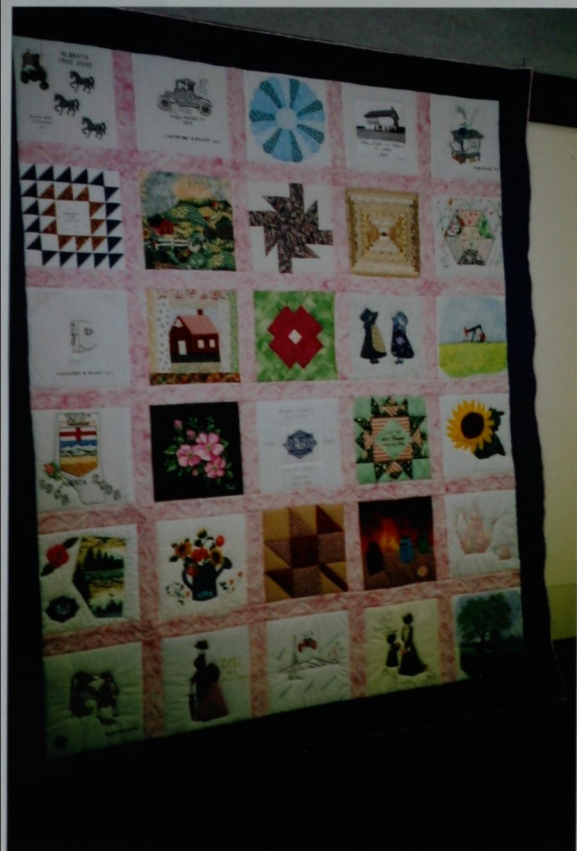
There's everything from Alberta's coat of arms and Alberta's Women's Institute crest and motto "for Home and Country," to early horse power, an oil well pumping in a canola field, the modern tractor, hand-milking, the farm kitchen including kitten and puppy, a schoolhouse, grain elevators and more.

The techniques used to create the blocks include quilting, piecing, embroidery, cross-stitching, appliqué and photo-transfer.

The quilt is to hang in the legislature for as long as it is needed, said Cunningham.

After that, the stipulation is that it be returned.

Blanche Cunningham and other Cottonwood Women's Institute members made this provincial centennial quilt, on display at the Cottonwood-Gordon Hall Thursday.







Centennial Quilt Presented

INNISFAIL PROVINCE - BOOSTER PHOTO by Ray Brinson

The Alberta Women's Institute (WI), District Five, celebrated Alberta's 100th Anniversary Saturday afternoon, February 19th at the Cottonwood-Gordon Hall west of Innisfail. This was also Founder's Day of the WI by Adelaide Hoodless in 1897. The Alberta WI was established in 1909. In recognition Alberta's 100th Anniversary a Centennial Quilt, made by WI ladies was presented to Luke Ouellette, MLA Innisfail/Sylvan Lake, to be hung in the Alberta Legislative Building in Edmonton. All the quilting blocks submitted by the ladies were mementos of Alberta. From left in the photo are Mildred Luz - Alberta WI President, Luke Ouellette and Blanche Cunningham - Director District Five WI. Below Florence Storch, Dundee WI, Hanna assists Luke Ouellette in the Anniversary Cake cutting. The event was hosted by the Cottonwood WI.

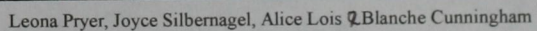


Tom Nicholson, John Warke and Roy Brown join PLWI members
Marion Brown, Faye Nicholson, Doris Warke and Marilyn Wattenbarger



E. Marion Brown

- Acadia 11-13
Hogadone 9-90
Trenista 5-5
Elizabeth-Veslyk - 2
Klaxner
blocks
essays



KNEEHILL VALLEY CONSTITUENCY
STATEMENT OF INCOME AND EXPENSES
FOR THE YEAR ENDING MARCH 15, 2005

Bank Balance as at March 15, 2004 3,554.33

RECEIPTS:

Dues		225.00	
Atco Electric Donation		100.00	
Conference - Float, Registration & Meal	884.00		
- Raffles	197.00		
- Pennies for Friendship	149.25		
- Dues	15.00		
- Donation	<u>115.00</u>	1,360.25	
Trochu & District Ag Society Donation		1,065.00	2,750.25

EXPENSES:

Float for Conference		75.00	
Judges		240.00	
Library Book re: Lois Hole		145.69	
Gifts		140.00	
AWI Tags Bought		29.00	
Ribbons Bought - Total Price	216.00		
Donation from D & J Silbernagel and Fred and Gerri Shadlock	<u>-100.00</u>		
Total Amount of Cheque #224		116.00	
Setting Meal and Clean-up		50.00	
Hall Rent in Trochu		375.00	
Hall Rent in Trochu - Show Case		10.00	
Reimburse Leona Pryer - Expenses (Stamps stationary, photo copy, mileage, phone calls, vases and jar opener)		189.20	
Joyce Silbernagel Expenses - phone calls, mileage, 50-50 ticket raffle		56.57	
June's Flowers		33.22	
A.W.I. Adelaide Hoodles Fund		49.25	
Pennies for Friendship		149.25	
District #5 Donation		49.25	
Groceries		180.11	
Engraving		10.70	
District Dues		50.00	
Adjustment to Milnerton		18.00	
Bank Charges		5.60	
		-1,971.84	
BOOK BALANCE AS AT MARCH 15, 2005		4,332.74	
+ O/S Cheque #244		<u>18.00</u>	
BANK BALANCE AS AT MARCH 15, 2005		<u>4,350.74</u>	



Marion Brown, Kathleen Lawrence & Faye Nicholson

Marion Brown

Alberta Women's Institute District 3 Conference Duhamel Hall

March 17, 2005



Alice Lowis District Director

Revisit the Past



Anticipate the Future



Thank You For Coming

On February 14, members of the Pine Lake W.I. branch and members of the Hillside W.I. branch joined together for their February meeting which was held at the home of Ada Fox. This was a special occasion because our Constituency Convener, Marcella Baeso, was our guest.

Marcella updated us on W.I. activities that are going on in our constituency and in our district. Of interest to all is the annual handicraft display and tea. Our handicrafts will be on display at the Red Deer & District Museum. The tea will be held from 2 to 4 PM on Saturday, April 23, at the museum. Everyone is welcome to attend. The District three workshop for all W.I. members will be held

at Duhamel, on March 17, 2005.

Marcella presented a report of interest entitled "Don't Forget Your Memory," a captivating title for a speech regarding dementia. What causes dementia and what can we do to prevent it? Antitoxins building up in the body cause forgetfulness. Therefore, we should eat foods that help to get rid of those antitoxins. Two such foods are fish and blueberries. Sage & lemon balm along with some health foods are also helpful. Music can be soothing to anyone suffering from forms of dementia. Tapping of the fingers and drumming can help to release their stress. To improve memory, we need adequate amounts of choline, a mem-

ber of the Vitamin B complex, nuts and brewer's yeast. Also helpful are ginseng and vitamin A. One should keep mentally and socially active and take part in leisurely activities. Games such as crib and scrabble help to keep one mentally alert. Other suggestions are to do crosswords, practice addition and memorize numbers. Apparently if you lose your sense of smell you may be in trouble.

Following Marcella's presentation, we learned about a publication Kathleen Lawrence had ordered entitled "One Tonnie Challenge." Since the Kyoto accord is now in effect, we are to endeavor to cut down on greenhouse gases. This publication will help anyone who is willing to try to reduce

greenhouse gases by one tonne.

From this topic the discussion switched to packaging. It seems in many cases packing of materials has gone to extremes, very bulky and difficult to open, but is it necessary to protect us from tampering?

Marion Brown told us a heart warming story of a conscientious science teacher and students from Cochrane School. They learned about solar heating and wondered if it was possible to use solar heat to heat their school. They became a dedicated group determined to change things. By approaching community members and groups as well as corporate sponsors, they were able to raise funding for this project.

When the time came to celebrate their success they thought who better than David Suzuki could they invite as a guest. The invitation was given and David responded by coming. How very delighted they were - a real success story!

Marilyn Wattenbarger shared a publication entitled "Membership Directory for the Alberta Family Mediation Society. Mediation is defined here as a family-centered conflict-resolution process in which an impartial third party assists the participants in negotiating a consensual, informed and fair agreement.

The Alberta Family Mediation Society is a non-profit organization promoting the development and proper use of mediation as an alternative to emotionally and financially costly court actions. This publication gives information helpful to anyone who is in need of mediation in their relationships. We also discussed new regulations soon in effect which affect Food Safety. Training sessions are now being given where participants learn about proper handling of food for public consumption. Anyone preparing and serving food for and to the public should be aware of the requirements coming into effect.

Several of the ladies had made very creative homemade valentines. Some were red napkins folded in the shape of a heart and mounted on a paper doily. One was a heart shaped potholder. Yet another set of pot holders was quilted in valentine-designed fabrics, shaped as a rectangle.

Pine Lake and Hillside ladies will be getting together soon to quilt a fund-raiser centennial quilt. The blocks for this quilt were prepared by members from various areas in Alberta and put together by Doris Warke. Monies made from the raffle of said quilt will go towards expenses for the FWIC

Convention which will be held in Red Deer in 2006.

Founder's Day for the Women's Institute is February 19. Several ladies from both branches along with many other members will be on that date attending a banquet to celebrate Alberta-100 years. The celebration will be held at Cottonwood-Gordon Hall. Following the banquet, a quilt designed and quilted to commemorate Alberta's Centennial will be presented to Luke Ouellette, M.L.A. for Sylvan Lake-Innisfail. This quilt will hang in the legislature in celebration of Alberta's first hundred years.

The Pine Lake W.I. is hosting their annual Heart Fund Card Party. It will be held at the Pine Lake Hub on Saturday, February 26 at 8 PM. Everyone is welcome.

The Hillside W.I. hosts card parties on most Saturdays at the home of Harold & Ada Fox. Everyone is welcome. For more information, please phone Ada Fox or Pauline Kell.

The date set for the annual Strawberry Tea at Hillside is Saturday, May 28 at 1:30 to be held at the Hillside Community Centre.

After a very enlightening and enjoyable meeting we had our usual contest followed by a very delicious lunch.



Alice Lewis passes gavel to Gloria Coates

**ALBERTA WOMEN'S INSTITUTE DISTRICT THREE
AGENDA MARCH 17, 2005**

- 9:00 - 9:30 AM Registration
- 9:30 AM. Call to order - opening
 Greetings - Alice
 O-Canada - Mary Stewart Collect
 Introduction of head table and guests
 Motion to change agenda *4 branches (9)*
 ✓ Constituency Reports - Ohaton - Mameo-Leduc-Wetaskiwin
 ✓ Memorial - Alix W.I. *5 branches (16)* 50
 Minutes of District Conference March 18, 2004
 District Directors report & financial statement *Bonner*
 ✓ Mildred Luz A.W.I. President
 Constituency Reports - Stettler and Red Deer Centre *6 branches (18)*
11:00 AM. *5 branches (9)*
 Blanche Cunningham - District Five Director
- W.I. Grace - pennies for Friendship
- 12:00 noon Lunch - time to see displays, buy raffle tickets, visit
- 1:30 PM. Roll call of Constituencies
 Draw for Door prizes & raffle prizes
 Mary Lawrence- International year of Microcredit
 Marian Brown - 2006
 ELECTION FOR DISTRICT DIRECTOR

ENTERTAINMENT

Constituencies - individuals

- ✓ Revisit the past --
Anticipate the future---

Courtesy Report - Helen Willams - Lacombe 4-point
Motion to adjourn

Did you know: 2005 has been declared the Year of the Veteran? Let's remember them.
Did you know: the earth travels through space at 17,340 km/h? No wonder I'm dizzy!
Did you know: 84% of household waste can be recycled?
Did you know you have so much to look forward to this year? A good year is your destiny - enjoy!
Thank you to everyone for all your support the past three years - it has been a great experience!

Alice Lowis

ALBERTA WOMEN'S INSTITUTE DISTRICT THREE
FINANCIAL REPORT
DECEMBER 31, 2004

TOTAL BANK BALANCE DEC.31/03 **\$4,228.56**

EXPENSE ACCOUNT

Balance per bank statement Dec.31/03 **\$ 2,607.16**

Income:

District Dues	\$ 200.00
Registration	1,185.00
Pennies for friendship	117.72
Robbery	<u>70.00</u>
<u>total income</u>	<u>\$1,572.72</u>

Expenses:

Flowers for memorial	\$ 18.46
Royal Purple meal	779.00
Pennies for friendship	117.72
Labor (set up tables)	20.00
Hall rent	200.00
Conference, & D.D. expenses	<u>119.95</u>
<u>Total expenses</u>	<u>\$ 1,317.13</u>

Balance-expense account per bank stmt.Dec.31/04 **\$ 2,862.75**

TRAVEL ACCOUNT

Balance per bank stmt. Dec.31/03 **\$ \$1,621.40**

Income:

Raffle	\$ 311.00
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Expenses:

District Director -Travel	-101.50
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Balance - travel acc. per bank statement Dec.31/04

TOTAL BANK BALANCE PER DEC.31/04 STMT.

Verified by Gerry Stoddart March 1,2005

Gerry Stoddart.

Pres. Mildred Luz, District Director Alice Lewis and Marion Brown



Pine Lake Women's Institute recognizes International Women's Day

Submitted by E. Marion Brown

International Affairs chairman, Marion Brown, acknowledged March 8th as International Women's Day and took the members of the Pine Lake Women's to a tobacco plantation in Nicaragua with a slide presentation. The coffee plants grow in the high hill forested area of the country. The coffee bean is picked by women who have greater dexterity in their fingers than men. The washing and drying process is usually carried out by the men. 2005 is the year of MICRO CREDIT and Fair Trade is an example of a system that mutually benefits relationships between producers, distributors and consumers. Producers of coffee in Central America can receive a fair price if consumers purchase directly from them.

Bridgehead is an alternative trading organization that links Canadians with farmers and artisans in the developing world through Fair Trade. These purchases make a global difference helping to fight poverty. Fair trade coffee can be purchased at the Red Deer & District Museum.

A reading, Celebrate the Wearing of the Green, traced the history and folklore surrounding St. Patrick. Born in Wales in about AD 385, he was sold into slavery at 16 years of age. Following his six years of captivity, he studied in a monastery and felt a calling to convert pagans to Christianity. He became a hero in his adopted country of Ireland after his 30 year mission and became known as St. Patrick. St. Patrick's Day was first celebrated in Boston in 1737 and the color GREEN became associated with his

death date of March 17, AD 461.

Four members and their husbands celebrated Founder's Day, February 19, 2005 and Alberta's 100th Anniversary with AWI District Five at Cottonwood-Gordon Hall. It was with pride they participated in the afternoon events which culminated with the presentation of the AWI Quilt to MLA Luke Ouellette which will hang in the Alberta Legislature.

The annual Heart Fund Card Party was held February 26, 2005. Thanks is extended to all who contributed to the over \$400.00 raised for the Heart and Stroke Foundation.

Marion Brown reported that she had received The Rural, Remote and Northern Consultation paper on child care via e-mail from Federated Women's Institutes

of Canada. The national organization was one of 52 participants at a national meeting concluding there was a need to develop a quality, universal, accessible and developmentally appropriate national child care system. The paper was forwarded to Roanne Bryant, a member of the Pine Lake Parents & Tots group.

Pine Lake W.I. will again sponsor a children's garden club. Seeds will be made available in early May.

Plans were made to attend the District III Conference at Duhamel March 17, Constituency Handicraft Tea and Display April 23, 2005 and Road Clean Up April 23, 9 to noon.

The roll call, Think Green, produced diet and environmental hints as well as wearing of the green.



L-R: Annie Van Lent, Mary Valckx, Doris Warke, Faye Nicholson, Winnie MacFadyen and Pauline Kell

Home Economics and Social Services Chairman, Kathleen Lawrence, presented a "pot luck" program tracing the history of the licence plate, the evolution of breakfast and the pasteurization of milk to give it a longer shelf life.

From 1895 when a red flag was carried 100 paces ahead of a vehicle, warned of its coming to present day personal plates, vast changes have occurred. In 1905 with Alberta becoming a province and the introduction of the Dept. of Highways, licence plates began to be regulated. By 1912 plates became uniform in size and were displayed in plain view. Operators had to have a permit to drive by 1915. Gradually the name of the province and date of year were added. In 1945 car insurance was introduced and by 1976 digits and letters solved the problem of demand.

The word "breakfast" means breaking the fast and was a ritual determined by social class. In 1909 the first toaster was invented. By 1919 the introduction of sliced bread was a boom to the soon automatic toaster. Only after 1970 with the

Pine Lake Women's Institute



Submitted by E. MARION BROWN

microwave was an instant hot breakfast convenient. Even with the introduction of frozen juice concentrates, only 12% of Canadians eat a balanced breakfast.

Mrs. Lawrence questioned how the "best before" date on milk cartons is achieved. This is accomplished by two methods of pasteurization - high temperature and ultra high temperature and with the addition of micro filtration, milk can be stored indefinitely on store shelves. Homogenized milk is accomplished by forcing the milk through tiny holes permanently breaking up the fat molecules.

Agricultural convener, Faye Nicholson,

reported on the rejection of the proposed meat processing plant in Sylvan Lake. The plant will process beef, buffalo and elk when established.

The Pine Lake W.I. will again sponsor a children's garden club. The children will be asked to create a Centennial Garden either in the shape of Alberta or have their garden bear the Centennial 100 year logo. In addition, the Pine Lake W.I. will award a prize for a collection of five vegetables at the Pine Lake Ag. Fair.

The provincial district competition of building a FWIC Ranch will take place at the annual AWI convention in June. The five districts will compete for the most points - \$500 animal purchase will count for one point. The winning district will win the Alice Lewis Ranch Trophy. All proceeds will go to the FWIC Convention fund. Members are asked to bring their donation and animal to the May meeting.

INTO THE NORTH is a FWIC project to assist women in the northern areas of Newfoundland and Labrador. The project will culminate at the 2006 FWIC Convention.

Members had attended the District III Workshop in Duhamel on March 17th. Gloria Coates from Aix will assume the District III director duties after the June AWI convention.

Three members also enjoyed the Kneehill Valley Constituency Conference at which Barb Clarke fully explained "Personal Directives" and urged everyone to have a directive to carry out his/her wishes when no longer able to do so.

Plans were made for the upcoming Handicraft Display and Tea at the Red Deer and District Museum April 23 and the Coffee Party Wednesday June 1 at the HUB Community Centre. Roll call was answered with, "What bugs me most" and "My first job". Soliciting telephone calls at meal time and litter topped the list of annoyances. First jobs were varied - hauling water for seniors, washing dishes, picking and shelling peas, milking cows, cleaning a restaurant, clerking and clothing factory work.

After listing ACWW countries from a Wordsquare quiz, members enjoyed birthday cake and tea.



Doris Warke presents Teresa Greening with Handicraft Certificate



ck, Teresa Greening, Marilyn Wattenbarger, Millie Munro, Doris Warke, Kathleen Lawrence, son and Marion Brown (insert)

Pine Lake Women's Institute



Nearly two-thirds of the North America adult population have recently used prayer or some form of alternative medicine according to a recent survey. It is hoped that the complimentary or alternative medicine will help treat and prevent disease and enhance quality of life. Such alternative medicine include acupuncture and chiropractic provided by an expert or self administrated therapies such as herbal or botanical supplements, special diets and megavitamins. Deep breathing, meditation, yoga and message could also be effective to reduce pain, anxiety and depression. Isabelle Beck, branch health convener, cautioned her listeners to make sure the alternative treatment will not react with conventional medicines that may cause serious side effects.

Millie Munro touched on the 60th Anniversary of VE Day and remarked on the recently aired informative T.V. programs of Hitler's attempt to starve the Dutch people and the extermination of the Jews.

Doris Warke gave a full report of the Constituency Handicraft Display and Tea held at the Red Deer and District Museum. The branch entered eleven articles of which ten placed first and one second. 124 attended the April 23rd afternoon tea and viewed the attractive display.

17 children will participate in the 2005 Children's Garden Club. Faye Nichol-

son purchased the seeds which were packaged at the close of the meeting. Melissa Greening has alerted and encouraged all the gardeners to participate in the W.I. Garden Club float for the June 11th Centennial Parade.

Doris Warke reported that the quilting on the AWI quilt has just about been completed. A special thanks is extended to the Hillsdown ladies, Pine Lake branch members and visiting ladies for their help in the project.

The Cancer canvas has been completed with over \$300.00 donated.

The annual morning Coffee Party will be held Wednesday, June 1, 2005 at the HUB Community Centre from 9 - 11 am. Come and enjoy coffee cake and muffins and good fellowship with your neighbours. Look for the unique display of Then and Now.

Doris Warke, Kathleen Lawrence and Marion Brown plan to attend the June 7, 8 & 9th AWI convention in Camrose. Marion Brown will be official delegate. The branch will participate in the handicraft competition and display. A jelly basket gift will be sent for the convention raffle. Members will help fill up the FWIC Farm for District III with eight animals.



**Thank you
for supporting
the Canadian
Cancer Society's 2005**

Door-To-Door Campaign.



Canadian
Cancer
Society

Société
canadienne
du cancer

**Without you, we could not do the work
that we do**

Together, strong

BRANCH & COMMUNITY ACTIVITIES Cont'd.

Theme into his/her garden plan. At the garden party in August, each child contributed veggies to create a delicious stew. Each participant received a personal picture, judging sheet, Centennial ribbon and button.

Coffee Party – 47 guests attended the annual event, viewed the *Then and Now* Centennial display and bought tickets on the Pine Lake/Hillsdown quilt. Doris Warke chaired the quilting and finishing of the quilt. Marion Younker won two books by Noreen Olson.

Pine Lake Centennial Celebration – June 11, 2005 at the HUB Community Centre and 100th birthday of Hugh MacFadyen. Children's Garden Club participated in the parade with a "garden" float. Marion Brown represented *Take Pride in Your Community* carrying a sandwich board of "Before" and "After" the road side clean up. Marion Brown was chair of the Centennial Committee and was Mistress of Ceremonies for the evening program. All members supported the event.

Jelly Project – Kathleen Lawrence filled orders with limited available juice.

Crossroads Ag Fair – PLWI sponsored the Needlecraft section. Alexander Silbernagel, garden participant, won a special prize for her garden entry.

HUB Race Nite – A basket of jelly was again the branch contribution.

Christmas Market – Nov. 12/05 with 15 tables sold to vendors. 50/50 draw, a door prize and lunch of soup, sandwiches and dessert all contributed to the net revenue of about \$300.00. Craft markets are drawing limited interest.

Red Deer Homeless – Nine Christmas mugs filled with instant ingredients and a sleeping bag were donated to the homeless through the Mobile Outreach Program.

Christmas Family Supper – Dec. 2/05 at the Hub Community Centre. Seven members and extended family members enjoyed the pot luck supper, Bingo and Santa Edward with candy bags.

Christmas greetings were sent to Lillie Clutton, Vera Pierce and AWI Executive members.

Branch Historian Marion Brown has kept the branch history up to date.

Monthly branch meeting reports have been printed by the Innisfail Province and R.D. County News.

CONSTITUENCY ACTIVITIES

Annual Constituency Handicraft Tea and Display – April 23, 2005 at the Red Deer Museum. Eleven articles were entered by six branch members.

Constituency Conference – October 15, 2005 at the HUB Community Centre and co-hosted by Pine Lake and Hillsdown W.I. branches. Attractive displays depicted the theme, "Agriculture in Alberta 1905 – 2005". Marion Brown was one of the guest speakers who described the annual Red Deer County Enterprising Tours. Marion Brown will also serve as Constituency Educational Convener for International Affairs. All branch members were present at the day long event. Evelyn Hardwick won the quilt and \$500.00 will be sent to FWIC Convention 2006.

Members attended the Balmoral and Hillsdown annual teas as well as the Delburne 90th branch anniversary.

ALBERTA WOMEN'S INSTITUTES

Founder's Day Quilt Presentation – Feb. 19, 2005 at Cottonwood-Gordon Hall. Four members and their spouses enjoyed the delicious beef dinner, entertainment and presentation of the quilt that will hang in the Alberta Legislature for the Centennial Year. Marion's photo transfer block of the Pine Lake #2 School was included in the quilt which traced pictorially the history of rural Alberta.

District III Workshop – Duhamel, March 17, 2005. Three members attended the day's meeting with the theme, "Revisit the Past, Anticipate the Future". Gloria Coates from Alix will serve as the next Director for District III.



Linda & Isabel Holt view display
Kathleen Lawrence sells quilt tickets
Lacombe ladies enjoy coffee and muffins



Pine Lake Women's Institute



The annual convention of the Alberta Women's Institutes was held June 7, 8 & 9 at the Norsemen Inn in Camrose, Alberta with the theme, "LET'S CELEBRATE ALBERTA 1905-2005. President Margaret Yetman, Federated Women's Institutes of Canada, brought greetings from the national organization and explained the project, "Into the North".

The first phase will assist women in the northern areas of Newfoundland and Labrador.

Other speakers included Brenda Ramstad, a motivational speaker, who brought the message, "You are a woman on a life mission" and Shellagh and Jen Ross. They told the story of Jen receiving a life saving liver transplant at the age of four years. They strongly support the Stollery Children's Hospital in Edmonton and Organ and Tissue donations.

Members of the Alberta Women's Institutes Council reviewed the last one hundred years, each covering a twenty-year period of change and progress in the province of Alberta. Marion Brown, branch delegate, further elaborated on the Fun Times, Successes Resolutions and Decisions. 370 arti-

words from the village. Ada MacLennan gave a brief history from July 1915 to present.

Our new Provincial President, Phyllis Kosik, travelled from Alberta Beach to bring greetings from the Provincial office and present Theda and Branch with a 90 years Certificate. Pat Neubeker, our Constituency convenor came forward with a few words.

Theda is a poetry writer and she started the program by reading us some of her poems about W.I. incidents - they are always enjoyed.

Goldie continued the program by introducing Wilma Treloar's grandchildren Kendalyn and Aleita Kowalchuk played

cles made up the Handicraft Display. Twenty quilts will be raffled by branches for FWIC Convention 2006. District II won the FWIC Ranch Challenge and Taylor Fox, a grade four student, won the essay contest written on the family history of her grandfather, Harold Fox.

Resolutions urged fines for littering highways, the protection and preservation of the ecosystem, outlawing of child pornography and recommended employment assistance for Licensed Nurse Practitioners.

WATKINS DAYS are proclaimed as March 21, June 21, and September 21. By using #334237 when placing an order, 19 per cent of the sales go to

FWIC. 2006 will have a shortened convention of one day.

Recent events attended by branch members include: Balmoral Geranium Tea, Hillsdown Strawberry Tea, Pine Lake Coffee Party and the Pine Lake Centennial Celebration.

Upcoming summer events include: Joining the Cottonwood bus tour to the Legislative Assembly to view the Centennial Quilt, Crossroads Agricultural Fair and Children's Garden Club Party. Have a great summer and Happy 100th Alberta Birthday!

SUBMITTED BY

E. MARION BROWN

DELBURNE WOMEN'S INSTITUTE BRANCH CELEBRATES 90 YEARS

Bonnie Peters and Elaine Sawin for working all day in the kitchen.

We would like to mention our other three members Susan Hilton, Wilma Treloar and Christine Kirbyson and past member Blanche Wells for working hard all day too - decorating and meeting and greeting. Thanks.

It was a beautiful day and lot's of visiting.

Delburne Branch did make the 90th Anniversary but with more members having to give up membership Delburne Women's Institute will have to say "Goodbye" and "Thanks Again" to the community.

piano and Harp together and solo, and Kerzeldenn and Jevennn played guitar and dulcimer - so much talent in one family.

A great half hour of music. These four were also great at helping with clean up at the end of the day.

Our Branch was so glad Margaret Gongaware, Life member from Stettler and Helen Ainsbe, long time member from Trochu Lodge were able to come for the afternoon and share cutting the cake.

Special thanks to Mildred Luz, Doris Northey, Alice Lewis and Pat Neubeker, Gerry Stoddart, and Darlene Wicks for sharing our special day too.

Refreshments and cake were served and that means we need to say many thanks to

by Ada MacLennan.

On Tuesday, July 27th, Delburne W.I. celebrated 90 years with more than 85 ladies, gentlemen and children in attendance at a "Tea" and program held at Delburne Community Hall. The Delburne Branch had many W.I. members come from Stettler, Camrose, Bashaw, Balmoral area, Hillsdown, Pine Lake and Lousana area.

Delburne W.I. Branch was also so happy to see all the people that came from our home area and "Thanks" to all you people who have supported us so many times for so many years.

Theda Lloyd, our Branch President opened the afternoon and introduced Ray Reckseidler, a village councillor, to bring

"Let's
Celebrate
Alberta"



Alberta's 100 Years

June 7, 8, 9th, 2005

at the

Norsemen Inn,

Camrose

6505 - 48th Avenue

780-672-9171

Fax-780-672-0130

E. Marion Brown

has been duly elected a delegate to the Provincial Convention
of Alberta Women's Institutes.

of *Pine Lake* Women's Institute

K

Branch Secretary

This portion to be retained
by the Delegate and held up
for voting.

No 0864

June 16, 2005
The Western Producer
www.producer.com

Hats off to women

Women at the Alberta
Women's Institute's
provincial convention June
7-8 in Camrose, Alta., were
encouraged to wear hats to
the conference to celebrate
the WI's history.

(WP photos by Mary MacArthur)



ALBERTA
WOMEN'S
INSTITUTE

FIRST





Marion Brown presents Federated History to FWIC Pres. Margaret Yetman on behalf of Past Pres. Faye Mayberry



Kathleen Lawrence wins a door prize from Kay Saastad



Alice Lewis with District III Ranch



Retiring Executive:
Pres. Mildred Luz, Marcella Bacso, Brenda Willsie, Vice Pres. Phyllis Kosik, Blanche Cunningham, Darlene Wicks, Alice Lewis, Irene Moir, Kay Saastad -Maxean Brigley to right

Alberta Women's Institute



Celebrating Alberta's Centennial

"Alberta"

Composed by Mary Kieftenbeld

Flatlands, rollin' plains
Clear blue skies, prairie rains:
A Tapestry of Colours in the fall,
Snow covered mountain tops,
Wheat fields, canola crops;
Alberta has it all.

Alberta is calling me.
Home sweet home, it's where I'm proud to be.
Alberta is calling me.
Livin' right I'm feeling free.

First Nations built the land
Fur trade, way back then.
We've come along way since that.
Agriculture, lumberjacks.
Oil derrick, natural gas;
There is no turnin' back.

Alberta is calling me
Home sweet home, it's where I'm proud to be.
Alberta is calling me.
Livin' right I'm feeling free.

Culture diverse as it can be.
This is the land of opportunity.
Welcoming friends, night and day.
That's the way I pray Alberta stays.

Alberta is calling me.
Home sweet home, it's where I'm proud to be.
Alberta is calling me.
Livin' right I'm feelin' free.

In Alberta



Jackie Clutton and Meagan McLeod with Mellissa Greening as driver



Marion Brown presents Millie Munro with Pinelake Centennial Certificate to Seniors over the age of eighty years





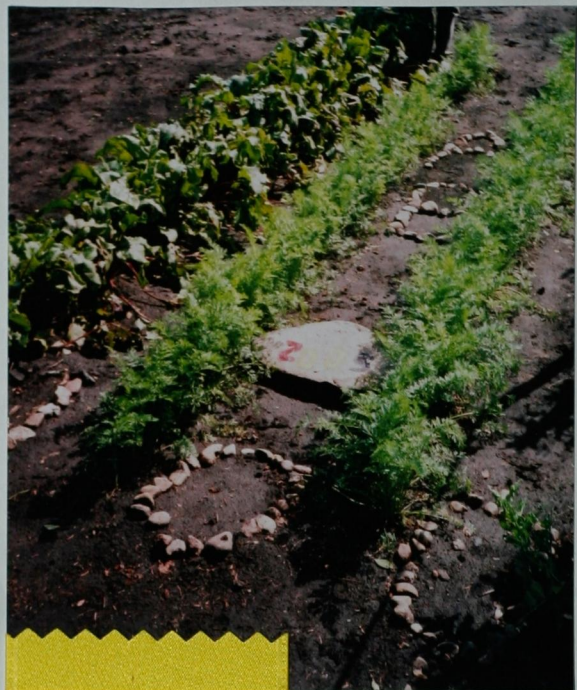
MLA Luke Ouellette brings congratulations to Sawyer Family of Francis Sawyer, Edith Richards, John & Ella Sawyer, Hazel and Don Sawyer



Crumflyn Ranch 1905 - 2005

Warke Century Farm

*Councillor Penny Archibald presenting
County Award Certificate to John & Doris Warke*



Gardens of Joanne Nicholson,
Evan Koster (Judge Doris Warke)
and Lane Nicholson



ALBERTA
100TH
ANNIVERSARY



PINE LAKE



L-R: Joanne, Zane, Lane & Vicky Nicholson, Ali Silbernagel, Marion Brown, Faye Nicholson, Kathleen Lawrence, Doris Warke, Teresa and Melissa Greening, Carol and Jackie Clutton, Jeffrey Greening



Garden Awards:

Jeffrey & Melissa Greening, Joanne Nicholson, Jackie Clutton
(Seated) Lane Nicholson, Ali Silbernagel





L. Purpur
4215-105 Ave
Edmonton AB
T6A 1A1



PIERCE,
Mr. Eric Romain Pierce, beloved
husband of Mrs. Vera Pierce
of Red Deer, passed away
peacefully on Tuesday, August
16, 2005 at the age of 95 years.
Eric was born on August 21,



Pine Lake W.I.

Sept. 15/05

Thank you very much for
the lovely flower sent to Mom
upon Dad's passing. It was
just the right timing and the
right size.

Thank you, too, for looking after
the lunch - saved us a lot of
worry. It was "gunning" and
served quickly, efficiently.
Linda Purpur on behalf of the
Pierce family - Nola Roy, Gerald,
Arnold and families, Vera

Submitted by**E. Marion Brown**

Pine Lake Women's Institute members held their first fall meeting after a busy summer.

Two members and one husband enjoyed the well organized Cottonwood W.I. tour to the Alberta Legislature to view the W.I. Centennial Quilt and tour the government building. The Devonian Gardens comprised the next stop followed by supper at the Nisku Inn.

Pine Lake Children's Garden Club participated in the Pine Lake Centennial Celebration by contributing a float to the parade. Eleven out of sixteen completed

gardens were judged with each participant receiving a personal picture and judging sheet of his/her garden as well as a Centennial ribbon and button. Alexandra Silhernagel is congratulated for entering the Crossroads Ag Fair vegetable collection and receiving the special W.I. award. A windy "garden party" at which each child contributed veggies to the stew supper completed the summer project.

Kathleen Lawrence took branch congratulations to the Delburne Women's Institute after 90 years of service to their community. An afternoon of history, poems and music delighted those in attendance on the late July afternoon anniversary.

Plans were formulated for hosting the annual Red Deer Constituency Conference on Saturday, October 15, 2005 at the HUB Community Centre, Pine Lake. Hillside W.I. will co-host the meeting of the six branches. Theme of the conference is Agriculture in Alberta over the last 100 Years. Displays, vegetable sale and a raffle of a basket of Alberta produce as well as a panel of speakers will attract anyone interested in attending the day long meeting beginning at 9:30 am.

AGRICULTURE was the theme for the fall meeting. Faye Nicholson, branch agriculture convenor, summed up the political overtones affecting present day agriculture.

Subsidized corn from the U.S. is flooding the Canadian market depressing the return on Canadian feed grains. Canada is also protesting import duties on soft wood lumber.

Farmers are now faced with excess rain as we move into the harvest season. Fuel costs are soaring.

A bright spot is the construction of a packing plant near Edmonton, partially funded with farmer investors.

Special thoughts were of Lillie Clutton, Ethel Sawyer, and Doris Warkie unable to attend.

Pine Lake Women's Institute



Submitted by E. Marion Brown 886-4892

The Pine Lake Women's Institute and Hillside Women's Institute guests recognized rural Women's Day, October 15th, and World Food Day, October 16th, with good fellowship over a potluck supper.

The main item of business was detailed planning for the upcoming Constituency Conference co-hosted by the Pine Lake and Hillside branches. The Centennial T-shirt will be a "door prize" and the HUB Centennial ribbons will be used at registration. Members were asked to contribute to the Alberta products basket as well as to the sale

of preserves, baking, fresh veggies etc. The AWI quilt raffle will take place, proceeds from which go to the FTWC Convention 2006.

The remainder of the evening included preparation of the attractive table consisting of a Centennial flag and agricultural grains and the assembly of the Agricultural Display of the last 100 years. Artifacts such as a cream separator, potato planter, egg crate and milk stool supported the attractive picture display.

Roll call was answered with the tabulation of volunteer hours as well as revealing a newly discovered word. These included "mish, cacaphone, crunk and fanboys".

Final plans for the PL W.I. Christmas Market on Saturday, November 12th, 2005 will be made at the November meeting. Members are also requested to bring a mug for the homeless and gifts for the *Operation Christmas Child*.



Hillsdown Women's Institute



Carol Janssen president of the Hillsdown W.I. presented our award to Alicia Lemieux at the Delburne School Awards' Night on September 30. Alicia received second place in applied Math 30.

On October 11, members of the Hillsdown W.I. joined the Pine Lake W.I. at their monthly meeting. We prepared displays and centrepieces for the Red Deer Centre Constituency Conference, October 15, at the Hub in Pine Lake.

This constituency conference was hosted by Pine Lake & Hillsdown W.I. members and chaired by Marcella Bacso, constituency

convener. Vanessa Elliott, chairperson, Hub Community Association, brought greetings from the Pine Lake community. Gayle Olson gave morning thoughts. Members from Balmoral, Lacombe, Pine Lake, Hillsdown, Lesliville and Ridgewood were in attendance as well as visitors.

We were pleased to have our District 3 director, Gloria Coates, give a report on Alberta W.I. happenings. Convenerhip positions were filled as follows: Julia Zapletal handicrafts, Marion Brown International Affairs, Shirley Glover/Roberta Peters publicity, Ellen Fannon environment and conservation, Mary Lawrence health, home economics and social services and Vi Moore historian. However, we were unable to come forward with someone for Constituency Convener.

A panel of three members told of various types of farming they had experienced or observed. Marion Brown gave a very interesting account of the Red Deer County agricultural tours she has taken part in. Lubelle Taylor gave an account of dairying as she experienced it throughout her lifetime. Gayle Olson gave an interesting update on the growing and health benefits of blackberries.

Guest speaker Juanna Thompson from the Nature Conservancy of Canada told us of her work with this national organization. She is a land securement representative who works throughout the Parkland Region securing habitat for animals and birds. The conservancy works along with the landowner to preserve the native habitat. Handicraft awards for 2005 were

presented. Highest points went to Ridgewood first, Hillsdown second and Lacombe third. Individual awards in knitting, sewing, quilting, crocheting, thread art, painting, and photography were also presented as well as awards for outstanding articles.

Faye Mayberry gave an update on plans for the FWIC conference, which is coming up in June 2006 in Red Deer. Marilyn Wattenbarger gave the courtesy report. Doris Northey was the winner of the door prize, and Evelyn Hardwick of Calgary won the Pine Lake - Hillsdown quilt.

The theme of the conference was Agriculture in the last hundred years. There were several interesting artifacts and displays. The Pierces of Pine Lake served a very delicious noon lunch.



L-R: Pauline Kell, Marilyn Wattenbarger, Joyce Stibemagel, Kathleen Lawrence

Marion

Red Deer Centre Women's Institute

Constituency Conference

October 15 / 05



Pine Lake

Constituency Convener - Marcella Bacso



eth, Kathleen Lawrence with Baby Daughter Elliott
s on

Shirley Glover presents Centennial T-shirt to Doris Northey





Alice Lewis sells tickets on one of 19 quilts made by Alberta Women's Institute members as a fundraiser for the Federated Women's Institutes of Canada national convention to be held in June in Red Deer. (WP photo by Diane Rogers)

Nov 24, 2005

Red Deer set for national WI

By Diane Rogers
Saskatoon newsroom

CAMROSE — For a few weeks it appeared that the president of the Associated Country Women of the World was coming to Red Deer next June.

But Ursula Goh of Malaysia had to decide which Canadian meeting to attend in 2006. She dropped the Red Deer trip in favour of an ACWW Canada conference planned for Regina in October.

Canada's ACWW representative, Mildred Keith of New Brunswick, will take Goh's place in Red Deer when that city hosts the triennial meeting of Canada's Women's Institutes.

A committee of 14 Alberta WI members has been working on the Federated Women's Institutes of Canada conference for three years, said committee member Alice Lewis. While the national headquarters organizes the speakers, resolutions and business agenda, the Alberta women are in charge of entertainment, tours and accommodation.

The theme of the June 14-17 conference is "valuing our identity while adapting to change."

Lewis said 300 women are expected to attend, including a large contingent from Newfoundland who want to visit relatives working in the oil patch. While that is fewer than other FWIC conferences, Lewis said it is a reflection of the aging membership.

Lewis has been a member of AWI for 10 years and she appreciates meeting other women and learning leader-

ship skills. She said when she joined, she liked the fact that no one voted on whether she could be admitted. She also enjoyed the club creed written by Mary Stewart and read at the start of each WI meeting, which ends "let us not forget to be kind."

Lewis is in charge of the national conference delegate bags and T-shirt that will have a stylized Alberta with mountains in blue and white. The abstract was designed by an artist in Bashaw, Alta.

Meanwhile, AWI members are making items to give away to delegates, including cedar disks to scent clothes, little message boxes, dish clothes and soap bars with an embedded rose.

Tours will take WI members to a matting plant in Alix, Alta., a bird farm and a rodeo and barbecue at the Jack Daines ranch near Innisfail, Alta.

To register, write Brenda Willsie, FWIC convention registrar, Box 423, Bowden, Alta., T0M 0K0 or e-mail blwillsie2005@hotmail.com.


Speakers scheduled for the conference include:

Rona Maynard, former editor of *Chatelaine* magazine.

Beverly Leitter, University of Western Ontario professor, speaking on rural women's health.

Valerie Campbell, Alberta Justice official, speaking about family violence initiatives.

Shannon McDonald of Health Canada speaking about aboriginal and northern health needs.



CONGRATULATIONS

To

PINE LAKE W.I.

For Your Participation

In The

2005 AWI

Centennial Quilt

Project

Many Thanks

Blanche Cunningham



WI Cheque Presentation

Luke Ouellette - MLA, Innisfail/Sylvan Lake Constituency presents members of the Women's Institute (WI) with a \$75,000 cheque. From left: Ridgewood, Faye Mayberry - Immediate Past President, WI of Canada and Chairperson of Fundraising and Sponsorship, Pine Lake, Marion Brown - Conference Planning Financial Chairperson and Cottonwood, Blanche Cunningham - Conference Accommodation and Banquets.

Pine Lake Women's Institute year end report

Submitted by

E. Marion Brown

The members of the Pine Lake Women's Institute brought their year's service to a close with the December meeting on Tuesday, December 13, 2005. Meetings have been held each second Tuesday of the month since the formation of the branch in 1956. Marion Brown and Kathleen Lawrence had per-

fect attendance in the past year. 1,391 volunteer hours were tabulated by the branch members.

The fall session has been busy with the branch co-hosting the Constituency Conference in October with Hillsdown W.I. All six branches appreciated the amenities of the HUB Community Centre and attended the day's events organized under Constituency Convenor Marcella Basco with

the theme, Agriculture 1905-2005. One of the highlights of the day was the draw for the AWI quilt which was won by Pauline Kell's sister, Evelyn Hardwick. The \$500.00 proceeds will go towards expenses of the FWIC Convention 2006.

The Red Deer Constituency will operate with a committee of Branch Presidents and Constituency Education Chairmen for a period of one

year.

The annual Christmas Market was held in November giving vendors an opportunity to sell their crafts as buyers were presented with available gifts. The day, with a delicious noon lunch, is a fund raiser for the branch.

The branch supported the HUB Race Nite with a gift of a basket of home made jelly, a skill for which the branch is known.

Christmas represents helping the less fortunate. Two boxes were filled for Operation Christmas Child. Six mugs as well as a clean sleeping bag were delivered for the homeless in Red Deer. The annual family Christmas supper is held the first Friday of December and brings an awareness of Women's Institute activities to spouses and extended family members. A visit from Santa reflects the

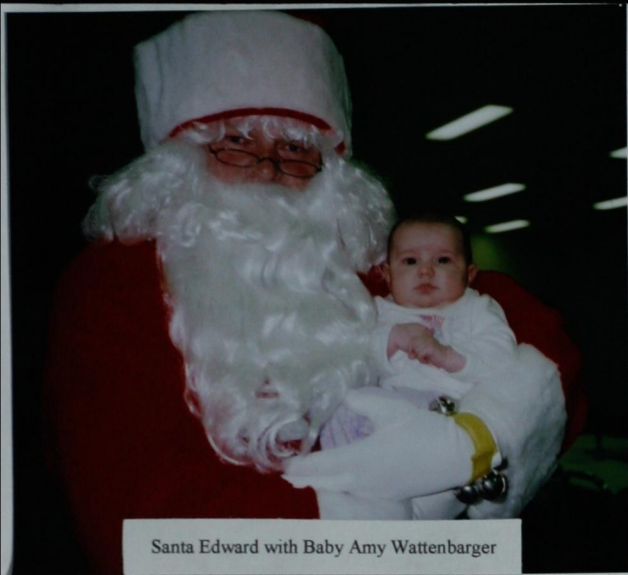
spirit of Christmas.

W.I. Friends are remembered in Twillingate, Newfoundland and Haden, Queensland, Australia.

On Saturday, April 15, 2006 the Pine Lake Women's Institute will mark 50 years of service to their community. Plans for the 50th Anniversary will unfold with the drawing up of 2006 program books in anticipation of the New Year.



Kathleen Lawrence, Isabelle Beck, Tom Nicholson, Gordon Beck, Roy Brown



Santa Edward with Baby Amy Wattenbarger



Clockwise: Lane Nicholson, Ashley Wattenbarger
Tristen Johanson, Luke Wattenbarger, Conner Wattenbarger,
Katrina Wattenbarger, Julia Wattenbarger, Lane Nicholson



Thank
You



Thank You



ALBERTA WOMEN'S INSTITUTES Cont'd.

Kneehill Valley Constituency Conference – April 2, 2005 at Trochu Hall. Three members attended to hear speaker Barb Clarke speak on "Personal Directives" exemplifying the AWI Mission Statement.

Office Fund – Branch contributed \$61.25

Alberta Women's Institutes Provincial Convention 2005 -- June 7,8,9, 2005 at Camrose with the theme, "*Let's Celebrate Alberta*". Marion Brown and Kathleen Lawrence attended. Pine Lake W.I. donated \$75.00 in animals toward the FWIC Ranch Competition. Marion Brown presented the completed 2000-2003 FWIC History to President Margaret Yetman who graced the convention.

Edmonton Legislative quilt viewing tour – July 14, 2005 – Faye Nicholson, Roy and Marion Brown enjoyed the bus tour which included, Edmonton, Devonian Gardens and Leduc supper. Roy and Marion Brown and Mervin and Roberta Peters were recognized as they celebrated their 53rd and 43rd wedding anniversaries respectively.

Jan. 06/05 – Lieutenant Governor Lois Hole dies at 71 years.

FEDERATED WOMEN'S INSTITUTES OF CANADA

FWIC Convention 2006 supported by monetary donation, love boxes etc. Marion Brown serves on the planning committee as Financial Chairman.

Adelaide Hoodless Homestead fund supported @ \$2.30 per member.

Continued correspondence with Twillingate W.I., Newfoundland via e-mail with Dianne Vatcher.

ASSOCIATED WOMEN OF THE WORLD

Pennies for Friendship-\$4.50

Operation Christmas Child – Two boxes

Australian Pen Friend – Lyn Reinke, Haden, Australia

Jan. 08/05 declared Canada Day of Mourning for the Dec.24/04 Tsunami. World Pres. Ursula Goh's home area affected. ACWW sets up Tsunami Disaster Fund.

Tornado Katrina wrecked havoc on Southern U.S. States especially New Orleans

ROLL CALLS AND FUN TIMES

Your passion

Think Green

What Bugs Me

My first Job

A Famous Mother

Executive Member of AWI

Newly Discovered Word

SPECIAL EVENTS & AWARDS

100TH FARM Anniversary Awards went to John and Ella Sawyer, John and Doris Warke and families. They were recognized with special Centennial Farm Plaques.

Brandy Leanne Lawrence was united in marriage to Robert Chad Butler Oct. 2, 2005.

Calvin Louis Wattenbarger married Jennifer Johnson July 16, 2005 creating a blended family of two sons and one daughter.

2006 EVENTS AND ACTIVITIES

OFFICERS — President---Marilyn Wattenbarger	No. of Meetings	10
Vice-President—Faye Nicholson	No. of Active Members	9
Secretary—Marion Brown	Life Branch Members	3
Treasurer---Kathleen Lawrence	Ave. Attendance	8.3
Directors—Doris Warke	No. Perfect Att.	3
Isabelle Beck	Ave. No. Visitors	.9
Millie Munro	No. of donated hours	2,094
Sunshine---Kathleen Lawrence	Book of Remembrance Honoree	
Historian---Marion Brown	Vera Jennette Pierce	
Educational Conveners – Branch Level		
Agricultural and Environment	Faye Nicholson	
Education	Ella Sawyer	
Handicraft	Doris Warke/Teresa Greening	
Health	Isabelle Beck	
Home Economics & Social Services	Kathleen Lawrence	
International Affairs	Marion Brown	

MEMBERS: Isabelle Beck (G.), Marion Brown (R.), Lillie Clutton (R.), Teresa Greening (B.),
 Faye Nicholson (T.), Ella Sawyer (J.), Doris Warke (J.), Marilyn Wattenbarger (L)
Branch Life Members: Kathleen Lawrence, Millie Munro, Vera Pierce (E.)

THEME: PINE LAKE W.I. CELEBRATES 50 YEARS
 ALBERTA HOSTS FWIC CONVENTION IN RED DEER

SPEAKERS and their TOPICS:

Raye St. Denis and Irene Joseph—Social Services—Shining Mountains Living Community
 Services of Red Deer. Supports the homeless in all segments of society.
Doris Warke—Engaged all members in making heart shaped pot pourri sachets from paper doilies.
Marion Brown—International Affairs—Central Alberta Rotary Clubs deliver 280 wheel chairs to
 the Philippines.
Faye Nicholson—Agriculture and Environment—Agriculture must preserve our “natural capital”
 midst the hustle of the oil boom.
Priscilla Riemer—Samaritan’s Purse Christmas Boxes delivered to Nicaragua and Costa Rica.
Doris Warke—Handicraft—Displayed festive decorations and each member made an angel and a
 Rudolph Christmas decoration
.AWI Newsletter—Information on Finland with emphasis on Turku, the oldest city in Finland.

MINUTE REPORT TOPICS: Neuroblastoma Cancer Cells, Engineers without Borders, Kimako, Changing times
 in Agriculture, Wild Flower seeds make contain Noxious Weed Seeds.

BRANCH Fund Raisers: Coffee Party, Stocking Fund, Catering to Funerals

BRANCH AND COMMUNITY ACTIVITIES

AWI Membership Dues: \$25.00/member (PLWI members pay \$5.00)
Thought for the Month sets tone for each meeting
 Fun Time – the responsibility of the hostess
 Secret Sisters names drawn for remembering birthdays and anniversaries
Stocking Project continues with one dime for Jan., two for Feb., etc and allocated
 to the three levels of Women’s Institutes—AWI, FWIC., ACWW

Pine Lake Women's Institute

Submitted by

E. Marion Brown

"Every successful person got to where he/she is by starting from where he/she was." This was the theme for the first 2006 Pine Lake Women's Institute meeting held on Tuesday, January 10 at the HUB Meeting Room.

Social Services under the convenership of Kathleen Lawrence was the topic for the meeting. Mrs. Lawrence introduced Raye St. Denis and Irene Joseph. Raye St. Denis is Executive Director and Irene Joseph is known as the "Community Grandmother" for the

Shining Mountains Living Community Services of Red Deer. This organization was set up eleven years ago to help aboriginal families but now serves all cultures. In 2000 the Tawow (Welcome) House offered healing for families mainly with addiction problems

and a motor home provided a safe, warm place to the homeless for a warm drink, sandwich or even a needle exchange. All segments of society are served in a non judgemental manner for all months of the year. The program is funded by various government agencies but local assistance is greatly appreciated. There is a consistent need for socks,

mitts, long johns, bedding, towels, etc. Kathleen Lawrence will donate a knitted lap robe to the organization.

Kathleen Lawrence in a "minute report" told of a book titled, "You Can't Let Cancer Ruin Your day" which was inspired by an eight year old boy who suffered from cancer of the nerve cells.

Doris Warke read the article, "I Remember, a Tradition Too Good To Trash" which traced the life of an newspaper from reading material to use as garden protection. We know this as recycling!

Members described their 2005 Christmas cherished event before the evening came to a close.



Pine Lake Women's Institute

Submitted by
E. Marion Brown

Pine Lake Women's Institute met February and followed the St. Valentine theme. Thought for the month, "A name engraved on hearts will outlast those engraved in marble." Handicraft Conveners Doris Warke, and Teresa Greening engaged the members in making heart shaped pot pourri sachets from

attractive paper doilies and ribbon. Members added poems, quizzes and stories for the Valentine meeting. Millie Munro received a special Valentine telephone call from her daughter, Linda, who is holidaying in Australia.

Marion Brown, International Convener, explained the work of Engineers Without Borders (EWB) a volunteer group out of the University of Alberta. Danny Howard, engineering student, became involved in the program and spent the summer of 2005 in Ghana designing a diesel powered grinder to grind maize, hull nuts and process

rice. This frees women from the arduous labour of walking kilometres to the nearest mechanical grinder for preparing staple food. There are 23 chapters of EWB with more than 10,000 members across Canada.

Plans were formulated to celebrate the 50th branch anniversary on Saturday, April 15, 2006. Members of the constituency, past members, AWI executive members, husbands and family members are to be invited to celebrate the special occasion.

Upcoming W.I. events include the Heart Fund Card Party Saturday,

February 25 at 8:00 pm at the HUB Community Centre and the Red Deer Constituency Handicraft Tea at the Red Deer Museum Saturday, April 29 from 1:30 - 4:00pm.

Greetings were received from Newfoundland pen pal Dianne Vatcher who will be attending the FWIC Convention in Red Deer in June 2006.

The branch was saddened by the death of Vera Jeannette Pierce at age 98 years. Mrs. Pierce was a Charter and Branch Life Member of the Pine Lake Women's Institute and will be missed after a very long and outstanding service.



Vera J. Pierce 1907 - 2006

The Pine Lake Women's Institute Branch was saddened by the death of Vera Jennette Pierce on January 26, 2006 at age 98 years. Mrs. Pierce was a Charter and Branch Life Member with a long and outstanding service. She had 26 years of perfect attendance. She served at the various branch and constituency levels. She excelled in penmanship as exemplified in the hand written branch programs and branch history. Ada Newton of Haden QCW, Queensland, Australia became her pen pal in 1963 and this pen friendship continued until Ada's death in 1999.

Vera was born May 4, 1907 on the family homestead west of Didsbury, Alberta, the youngest daughter of Walter Guy and Mary Jane Houston. She took her schooling in Red Deer and excelled in sports. She was a member of the highly successful *Red Deer Amazons Women's Hockey Team*. Vera Pierce graduated from Camrose Normal School and taught in rural schools. She came to the Pine Lake area as the neighbouring Grassy Lake School teacher. Here she met Eric Pierce to whom she was married in 1936. Together on their farm they raised two daughters and two sons. Vera was supportive in her community and active in the Holy Trinity Church and Sunday School, Community Organization and Ghost Pine 40+ Club. She enjoyed art classes and her travels with her husband. She was predeceased by her husband of 69 years in August 2005. She will be lovingly remembered by all her children, ten grandchildren and seven great grandchildren.



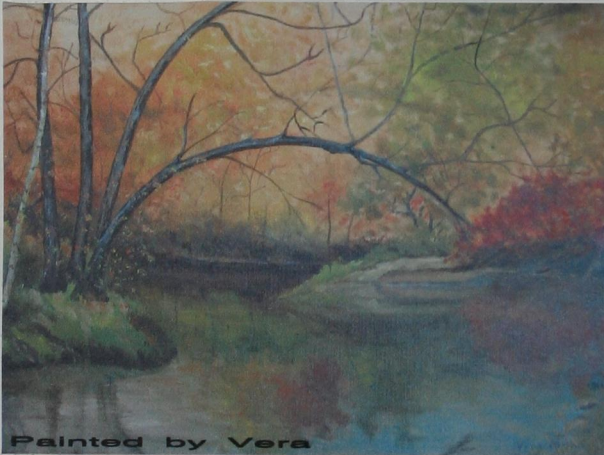
March 1, 2006

Pine Lake Women's Institute

Again, thank you very much for looking after the lunch following Mom's funeral. Once again it was served quickly, efficiently and was delicious. Saved us worry!

Mom was very proud of her Charter and Branch Lifetime membership. Thank you to each one of you for your comraderie and in later years, extra caring and patience.

The Vera Pierce family -
Nola Roy, Gerald, Arnold and
myself, Linda Purpur & families.



Painted by Vera

ber Me

ber me
sunshine
as each
day

hen the
sunset
your
away.

right
ou on a
and
right...

her in
nd, a
guiding
t.

Gaul



In Memory of

June Doreen Gratton

Hughenden

Bertha Muriel Hartman

Heather Brae

Alice Katherine Kushnerik

Round Hill

Delia Elvira (Vera) Lawrence

Hilldown

Helen McDonald

Ridgewood

Vera J. Pierce

Pine Lake

Ruth Polay

Lacombe

Family stay for coffee break.





Pine Lake W.I. news

Decked out in green nine members met at the home of E. Marion Brown for the regular monthly meeting. The theme for the March gathering was, "Keep an open mind but be careful what you let in". Think Green roll call produced timely environmental hints and members' traditions of marking St. Patrick's Day.

Due to a lengthy meeting, the International Affairs program was postponed but Marion Brown asked members to identify various souvenirs in her living room that the Browns had acquired from nineteen provinces and world countries. Marilyn Wattenbarger was the winner.

The annual Heart Fund card party had been a success with community neighbours enjoying a social evening along with contributing \$257.00 to the heart fund.

Gifts in kind to the value of approximately \$75.00 were donated to the Red Deer Homeless via Shining Mountains Living Community Services.

Detailed plans were finalized for the District III Workshop at Alix, March 30, 2006; Constituency Handicraft Tea April 29, 2006; Pine Lake W.I. 50th Anniversary celebration April 15, 2006.

- Submitted by
E. Marion Brown

March '06



Pine Lake Women's Institute

April 2007

The focus of the 50th anniversary meeting of the Pine Lake Women's Institute was the Philippines presented by Branch International Convener, Marion Brown. The Philippines was the destination for 280 wheel chairs from Central Alberta Rotary Clubs. Small gifts of pencils, balls and small toys were first given to exuberant children in various towns and villages. The gifts of wheel chairs seemed to overwhelm recipients with joy. The country comprised of over 7,100 islands with a dense population of 84,000,000 experiences extreme poverty under a crushing debt. Even under such harsh conditions, the Filipino spirit will survive by their generous and hospitable nature and outside help.

Marion Brown also informed the meeting of the ACWW project,

"Kimako". World women will support this Tanzanian project to promote health and education for child survival.

Four members had attended the District III Workshop in Alix on March 30. Cheryl Howell told of receiving life saving islets from a donor pancreas which were injected into her liver. Her body produces its own insulin although anti rejection drugs will have to be taken life long. Another islet transplant may be necessary in the future.

The keynote speaker of the Kneehill Constituency Conference was Lindsay Parker. As a fifteen year old student she had traveled with a student group to the Antarctic.

She supported her presentation with slides and emphasized the need to keep the region in its pristine state. In addition Marion Brown and Doris Warke enjoyed the outstanding display of handicraft, baking, photography and plants and W.I. hospitality.

Final preparations were made for the upcoming 50th Anniversary branch celebration and Constituency handicraft tea.

The branch will again sponsor the children's garden club.

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ANIMAL
NUTRITION**

**Preferred Animal Nutrition
Services Inc.**

"Putting Science into Practice"

Arnold B. Pierce, Ph.D.
Principal and Senior Consultant

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fax: (403) 228-5774
e-mail: apierce@preferred@telus.net

Marion Brown report
Childred
S & Signs Ltd.
with small town service

IDA

Marion Brown
Teresa \$15.00 pd.

DER

**DA & HOLLY HOLMES
EN'S INSTITUTE
F ALIX MAYOR Pap. 225
& OFFICIALS
DA**

FAMILIES

ERENCE MARCH 17, 2005

- ✓ **DIRECTORS REPORT & FINANCIAL STATEMENT** *Pat Kuebler*
- ✓ **CONSTITUENCY CONVENERS REPORTS AWI - DARLENE WICKS** *Deon B. - 4 branches 5 members*
- ✓ **FWIC CONFERENCE BRENDA WILLISIE** *123 2007 252 full Pot holders*
- **AWI GRACE - PENNIES FOR FRIENDSHIP** *"Take this job & love it"*

12:00 NOON - TIME TO BUY OFFICE SUPPLIES, RAFFLE TICKETS - VISIT

- **PRESENTATION TO GUEST SPEAKER**
- **THANK YOU TO CATERERS**
- **ROLL CALL OF CONSTITUENCIES**
- **DRAW FOR DOOR PRIZES**
- * - **GUEST SPEAKER - CHERYL HOWELL**
- **DRAW FOR CANDY BOUQUET**
- **COURTESY REPORT**
- **MOTION TO ADJOURN**
- **GOD SAVE THE QUEEN**
- **COFFEE & COOKIES**

(3) Roberta Peters 6 branches 70 members

(4) Mary L (Post minutes)

(5)

*Qu. 1. \$7 new members
Handicraft items for sale
Reg. May 28/06
associate member has vote*

P. 403-747-3748 F. 403-747-3749
Box 116 4534 - 51 Ave.
Alix, Alberta T0C 0B0
e-mail: caps@incentre.net

P. 403-741-4748 F. 403-742-4042
Box 1262 #6 5002 - 51 Ave.
Stettler, Alberta T0C 2L0
e-mail: caps2@incentre.net

ALBERTA WOMEN'S INSTITUTE DISTRICT 3 FINANCIAL REPORT MARCH 29, 2006

OPENING BALANCE *4,693.65* 5259.46

EXPENSE ACCOUNT 3179.31

INCOME 740.00

DISTRICT DUES - 155.00 *100.00*

REGISTRATION - 585.00 *1,263.40*

TOTAL INCOME - 740.00

EXPENSES

POSTAGE - 26.25

CAPS PHOTO COPIES - 9.31

TOTAL EXPENSES - 35.56

1,463.40

35.56

907.89

5,259.46

BALANCE AS OF MARCH 29, 2006 3883.75

TRAVEL ACCOUNT JUNE 24, 2005 2080.15

DISTRICT DIRECTOR - MILAGE 764 x .35 267.40

BALANCE AS OF MARCH 29, 2006 1812.75

BANK BALANCE AS OF MARCH 29, 2006 5696.50

VERIFIED BY DARLENE WICKS MARCH 29, 2006

PLEASE MAKE CHEQUES FOR THE DISTRICT TO:

*ALBERTA WOMEN'S INSTITUTE DISTRICT 3

Financial Statement follow calendar year Jan 1 - Dec 31

Marion Brown

KNEEHILL VALLEY CONSTITUENCY
53rd ANNUAL CONFERENCE
SATURDAY APRIL 1, 2006
TROCHU COMMUNITY HALL

8:30 – 9:00 **REGISTRATION** – Coffee and Muffins

9:00 – 9:15 **OPENING EXERCISES**

“O CANADA”

✓ Mary Stewart Collect

✓ Minute of silence

✓ Flag salute

✓ Welcome from Trochu Community Association

✓ Greetings from the town of Trochu

✓ Introduction of Head Table

Tom Christie
Cousin Proger

✓ 9:15 – 9:20

READING OF MINUTES AND ADOPTION

✓ 9:20 – 9:40

PROVINCIAL REPORT (Phyllis Kosik)

*June 14/2hr. con.
org resolutions
AWI
Adopt a Village
Fr. Chip*

✓ 9:40 – 9:50

DISTRICT DIRECTOR REPORT (Brenda Willsie)

✓ 9:50 – 10:00

CONSTITUENCY CONVENORS' BUSINESS & REPORTS

✓ 10:00 – 10:10

MEMORIAL SERVICE

✓ 10:10 – 10:30

STRETCH BREAK! (Coffee and Muffins)

*President 1912 org.
Valley
Milton 1917 org.*

✓ 10:30 – 10:50

ROLL CALL OF MEMBERS AND VISITORS

Branch secretary reports

✓ 11:00 – 12:00

Guest speaker Lindsay Parker traveled to Antarctic

\$ 10,000

12:00 – 1:00

GRACE WILL BE SAID LUNCH

1:00 –

ROLL CALL OF MEMBERS AND VISITORS

✓ 1:00 – 1:30

Entertainment - The Thompson family -

✓ 1:30 – 1:45

NEW BUSINESS, RESOLUTIONS AND ELECTIONS

✓ 1:45 – 2:15

EDUCATION REPORTS

Alberta Women's Institutes

50th ANNIVERSARY

This certificate is presented to

Pine Lake W. I.

In commemoration of 50 years of service

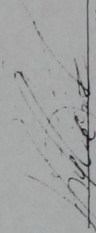
April 17th, 1956 to April 17th, 2006

For 'Home & Country'

Dated this 15th day of April, 2006

Alberta Women's Institutes




President - Phyllis Kosik

50 years

IN RECOGNITION

The Pine Lake HUB Community Centre Association

Honors

The Pine Lake Women's Institute

"For Home and Country"

For 50 years of dedicated service to the Pine Lake
Community

April 17, 1956 - April 17, 2006



Pine Lake W.I. Memberships 2006

L-R: Ella Sawyer, Millie Munro, Isabelle Beck, Marilyn Wattenbarger, Kathleen Lawrence, Doris Warke, Teresa Greening, Faye Nicholson, Marion Brown, Lillie Clutton

Pine Lake Women's Institute celebrates it's

submitted by E. Marion Brown,

Secretary Pine Lake W.I.

On April 17, 1956 the Pine Lake Women's Institute was formed at the home of E. Marion Brown.

Fifty years later present members hosted an afternoon celebration at the HUB Community Centre to mark this important event. Approximately seventy men, women and children attended.

Surrounded by displays, mounted table pictures, balloons and flowers, members' husbands and families, AWI representatives, past members and constituency friends enjoyed an afternoon of reminiscing, music, good food and fellowship.

AWI President, Phyllis Kosik and AWI Vice President, Darlene Wicks and District Director, Gloria Coates brought provincial and district greetings respectively. President Kosik presented PLWI President Marilyn Wattenbarger with the branch 50th Anniversary Certificate as well as presenting each of the ten present members with PLWI name tags bearing the AWI pin.

Sandra Pierce representing the HUB Community Centre presented a certificate acknowledging the fifty years of service to the Pine Lake Community.

Marion Brown briefly reviewed the branch history acknowledging the pres-

ent charter members of Marion Brown, Ella Sawyer, Doris Warke and past charter member Frieda Bragg. From the first meeting with nine members joining the organization, membership grew to a maximum of 22 members in the late 1970s. Over the years sixty-five women have contributed to the branch.

Kathleen Lawrence conducted a memorial to the seventeen branch members who have passed away. Branch Life Members, Kathleen Lawrence and Millie Munro were presented to the gathering. All members of the Pine Lake Women's Institute have shared the branch executive positions and educational chairmanships. Kathleen Lawrence, Marion Brown, Doris Warke and Marilyn Wattenbarger have served as Constituency Conveners at the next organizational level.

Several branch members have served as Provincial Educational Chairmen and Marion Brown has completed one three year term on the Federated Women's Institute of Canada board as Executive Officer for Alberta. She also completed the 2000-2003 history for the National Organization.

The conferences for the world organization for women, Associated Women of the World, have been attended by various members and one husband, Roy Brown.

In 2003, Roy Brown received the Erland Lee Award for outstanding contribution and support to Women's Institutes.

Women's Institutes indeed opens the door to the world. World friendships have developed by pen friends and travel. By strengthening the home, the community is strengthened.

The members of the Pine Lake Women's Institute have indeed lived up to their motto, "For Home and Country" for these fifty wonderful years.

A special thank you is extended to Jackie Clutton who played the piano, to Zak Nicholson on the trumpet and Zak Brabbins on the violin, to Ashley Wattenbarger on the guitar and to Ron Underwood who brought the program to

a close with his vocals and his guitar.

The anniversary cake made by Sandra and Percy Pierce was cut by Teresa Greening.

Beverly Cardinal recorded the events with her camera. Thanks to those who helped financially for the celebration, go to the Family of the Late Vera Pierce, Marion Brown and Martha Mosher.

Frieda Bragg surprised Marion Brown with a bouquet of beautiful vibrant roses to express her appreciation for Marion's dedication and work over the years.

A final thanks to all who came and participated in any way.

Thank you for your beautiful cards and good wishes. You made the afternoon truly one to remember!



Pine Lake W.I. Past & Present Members

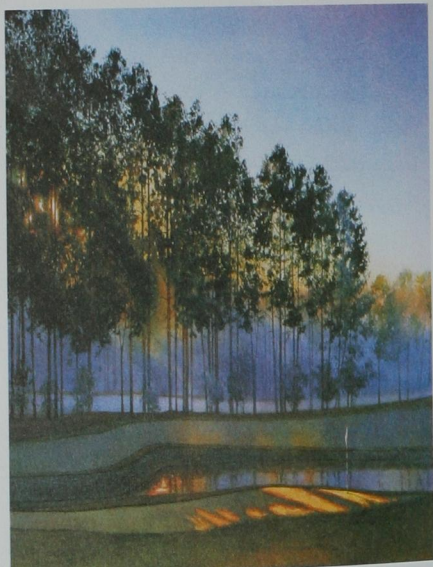
Back L-R: Doris Warke, Ella Sawyer, Joyce Armstrong, Kathleen Lawrence, Faye Nicholson, Teresa Greening

Middle L-R: Marilyn Wattenbarger, Marion Brown, Wanda Andrews, Frieda Bragg, Isabelle Beck, Beth Smith, Margaret Underwood

Front L-R: Millie Munro, Lillie Clutton, Blanche Mitchell, Mildred Dreesen

50th ANNIVERSARY

See Separate Album



*Harry Klepper died
April 14, 2006
@ 69 years*



Constituency Handicraft Competition & Tea – Doris Warke reported on a very successful afternoon with tea served to over eighty participants in the Stewart Room. Handicraft Convener, Jutta Zapletal, presented the awards with the first branch placing going to Pine Lake W.I. 8/9 members participated. Congratulations go to Doris Warke and Marilyn Wattenbarger for the outstanding pieces of handicraft – Doris' quilt and Marilyn's bag. Pine Lake entered 18 articles with 11 placing first and 7 second. A special thanks to Doris Warke and Teresa Greening in handling the handicraft.



In Loving Memory of
Blanche Matilda Mitchell

BORN

Friday, January 31, 1913
 at Elnora, Alberta

PASSED AWAY

Saturday, October 14, 2006
 at Red Deer, Alberta

AGE

93 Years

PALLBEARERS

Tony Connelly Smiley Douglas
 Dan Blackmore Herman Dreeshep
 John Charlton Glen Turple

HONOURARY PALLBEARER

Peter Massie

Following the Interment,
 Relatives and friends are invited to meet for refreshments

FUNERAL SERVICE

St. Leonard's On The Hill Anglican Church
 Friday, October 20, 2006 at 1:00 p.m.

OFFICIATING

Reverend Gordon Jackson

ORGANIST

Elaine Rowthorn

CHOIR

St. Leonard's Anglican Church

HYMNS

Be Still My Soul
 Just As I Am

Just A Closer Walk With Thee

SOLOIST

Tony Connelly
 Amazing Grace

POETRY READING

BraeAnne Lacroix - Great Granddaughter

INTERMENT



Certificate of Recognition

Presented to:

Pine Lake Women's Institute

for

Highest Points for Branch Participation

by The Red Deer Centre Women's Institute



April 20, 2006

DATE

Z. Leppert

HANDICRAFT CONVENOR



Pine Lake

Women's Institute

Submitted by: E. Marion Brown

June 2007

The final meeting before the summer break was held following the annual coffee party on June 7. The branch would like to express its appreciation to the community

and neighbouring W.I. branches for their support in the fund raising event.

It has been a busy time for the branches with Pine Lake celebrating its 50th anniversary and Balmoral marking its 80 years of service. The annual Hillsdown Strawberry Tea and Bake Sale attracted a nice crowd as speaker Barbara Rowland told of her experiences with Samaritans Purse in Central America.

Members were looking forward to the mini-annual Alberta Women's Institutes conference held June 13,

and also the four-day triennial Federated Women's Institutes of Canada (FWIC) convention to follow. Central Alberta was highlighted at the FWIC convention, as members from all across Canada assembled at the Capri Hotel in Red Deer.

June 14 was Alberta Day with buses showing guests the area and completing the day at the Daines Rodeo in Innisfail.

Pine Lake W.I. has donated the story of the 2000 tornado for a lucky draw on the bus on which Marion Brown and Susan Gorrill will be hostesses.

The children's garden club has attracted twelve paid members. The tentative date for the "garden party" is August 9. Children are

encouraged to participate in the local Crossroads Agricultural Fair. There is a special class in honour of the Pine Lake W.I. 50th branch anniversary. The branch will again sponsor the Needlecraft Section of the fair.

The summer outing for the Pine Lake branch members and guests will be a visit to the Danish Canadian National Museum and Tea House. Members will assemble at the Innisfail Co-op shopping centre at 10:30 am Tuesday August 8.

An appropriate thought for the month read, "Go anywhere as long as it is forward. A tourist is a person who travels for days to get a picture of himself standing by his car".

Balmoral
Women's Institute

80th Anniversary

1926 - 2006



Saturday May 6, 2006

The
Balmoral Women's Institute
requests the honour of your presence
at their



80th Anniversary

To be held at the
**Balmoral
Community Hall**

1/2 mile south of
Parkland Nursery and Garden Centre

Saturday, May 6, 2006
From 2:00 p.m. to 4:00 p.m.



Balmoral W.I. 80th Anniversary – May 6/06 at the Balmoral Hall—Kathleen Lawrence and Shirley, Doris Warke, Ella Sawyer, Marion Brown, Faye Nicholson attended

*Balmoral Women's Institute
80th Anniversary 1926 - 2006*

BRANCH AND COMMUNITY ACTIVITIES Cont'd.

Heart Fund Card Party (\$232.00) and Cancer Canvas (\$250.00)

Knitted Cancer 17 Caps for Men

Road Side Clean Up supported and W.I. Corner beautified and grass cutting funded.

Flower bed seeded to grass for easier maintenance in 2007.

Children's Garden Club—Sponsored and judged twelve completed gardens. Gardens followed 50th Anniversary theme.

Donation to HUB Race Nite

Love Boxes for FWIC "Goodie" Bags

12 Christmas Mugs and blankets donated to the Red Deer homeless.

11 pr. Mitts, 1 toque, 1 baby sweater, set of hat and bootees, and a baby blanket donated to the Red Deer Women's Shelter

Sponsored Needlecraft Class for Ag Fair, children's class & PLWI 50th Ann. Display

Served lunch for two funerals in the community

CONSTITUENCY Services and Activities:

PLWI 50th Anniversary celebrations Saturday, April 15, 2006 at the HUB Centre. All past members, constituency members, AWI executive, husbands, and family members celebrated the branch's 50 years of service to the community. The 50th Anniversary Certificate will hang in the HUB meeting room. See separate album of anniversary activities.

Participated in annual Handicraft Tea and display

Attended and presented Mini ACWW Regina report at Constituency Conference Oct.28/06

Marion Brown was a participant from the Pine Lake branch.

Supported Balmoral, Hillsdown and Lacombe branches at their 80th and 60th anniversaries

Attended Hillsdown annual tea and Balmoral's Christmas party.

AWI Activities & Services:

District III Workshop – Alix, March 30/06 with four members in attendance.

Kneehill Valley constituency Conference – April 2/06 – Two members attended.

AWI Provincial Convention – Red Deer June 14/06 attended by three members.

Central Alberta branches were instrumental in hosting the FWIC Convention in Red Deer.

Members served on the planning committee, headed tours, and help host the 400 members from across Canada

Marion Brown participated in the *Run for the Cure* under the AWI Banner.

Office Fund Donation \$41.50.

FWIC Activities & Services:

Donation Adelaide Hoodless Homestead Fund--\$18.40

Connected with Twillingate W.I. Newfoundland: See "twin" photo at conference.

FWIC Convention 2006 supported and attended by four members.

Marion Brown serves as Financial Chairman on Planning Committee for 2006 Conference.

ACWW Activities & Services:

Donation to Pennies for Friendship--\$31.00

Operation Christmas Child – Three boxes

Australian Pen Friend –Lyn Reinke

Roll Calls & Fun Times:

A Christmas Memory

Make words from **VALENTINE** to fit a definition

Valentine poem, quiz or story

Easter tradition

F.W.I.C. CONVENTION 2006

JUNE 14 - 17
RED DEER, ALBERTA



*Valuing our Identity
while
Adapting to Change*

To our guests...

*The members and board
of Alberta Women's Institute
welcome you to Convention 2006*

*We trust you will find it to be
interesting and informative
and that you will enjoy
the venue, social interludes
and interaction with members
from across Canada.*

*We are honoured to host you
in our beautiful province of Alberta
and hope you will stay awhile
to enjoy some of what it has to offer.*

SEVENTEENTH NATIONAL CONVENTION
FEDERATED WOMEN'S INSTITUTES
OF CANADA

"Valuing Our Identity While Adapting to Change"

Agenda

TUESDAY, JUNE 13

Noon - 8:00 PM Registration desk open in Convention Lobby

WEDNESDAY JUNE 14

9 AM- all day Registration: (Convention Lobby)
Pre-convention City Tour available

3:00-4:30 PM Displays and Craft/Sales Open

5:00-6:00 PM Dinner: (Exhibition Hall)

7:00 PM **OPENING CEREMONIES:** (Tuscany Room)

Parade of Flags Provincial Presidents

Presiding Margaret Yetman, *President*

"O Canada"

"Mary Stewart Collect"

"God Save the Queen"

Welcome Phyllis Kosik, *President*, Alberta Women's Institute

Greetings from Dignitaries

President's Address: Margaret Yetman

Theme Speaker : **Rona Maynard**

Mary Stewart Collect

Keep us, O Lord, from pettiness; let us be large in thought, in word and deed.
Let us be done with fault finding and leave off self seeking.

May we put away all pretence and meet each other face to face, without self pity and without prejudice.
May we never be hasty in judgment and always generous.

Let us take time for all things; make us grow calm, serene, gentle.

Teach us to put into action our better impulses, straight forward and unafraid.

Grant that we may realize that it is the little things that create differences: that in the big things of life we are one.

And may we strive to touch and to know the great human heart common to us all.

And, O Lord God, let us not forget to be kind.

National convention comes to Red Deer

Federated Women's Institutes of Canada will hold their triennial convention in Red Deer, June 14 to 17. Approximately 400 members of Women's Institute branches from across Canada will gather at the Capri Hotel and Convention Centre to exchange ideas, hear experts speak on issues within our society, discuss ways to help, review their last three years and formulate plans for the next three.

Women's Institutes is an organization of women

who study issues relating to Home and Country (their motto), discuss solutions and act on their resolutions by social activism and/or education. Speakers at the convention are experts in such fields as Family Violence Law, First Nations and Inuit Health, Rural Women's Health and Community Empowerment in Solving Youth Problems. These and other issues will be discussed and the information taken back to home branches across Canada, where appropriate government

branch organizations and agencies will be lobbied... in small communities, city halls, Provincial Legislatures and Federal Government. Alberta Women's Institutes are proud hosts. The delegates will be shown a slice of Alberta throughout the convention with an evening of entertainment, tours to many places of interest in Central Alberta and a Barbecue and Rodeo as part of "Alberta Day."

Submitted by
E. Marion Brown



FWIC Pres. 2000-2003,
Margaret Yetman, presents
her husband, Eric Yetman
with the Erland Lee Award



FWIC Pres. Margaret Yetman
pins ACWW Life Membership
on Margaret Munro



Sheila Needham
FWIC Pres. 2003-2006



Barbara Sheardown
FWIC Executive Secretary



Beverly (Sawyer) Cardinal
Conference Photographer with
Pianist Trudy Downing

TWILLINGATE (SHOAL HARBOUR)



Faye Nicholson and Marion Brown
share a meal with Twillingate W. I.
member Dianne Vatcher

The Institute Ode

A good thing it is to meet
In Friendship's circle bright
Where nothing strains the pleasure sweet
Nor dims the radiant light,
No unkind word our lips shall pass
No envy sour our mind,
But each shall seek the common will,
The good of all mankind.

*"A Step
in Time"*



June 14th, 2006
Capri Hotel &
Convention Centre,
3310 – 50 Avenue
Red Deer, Alberta
T4M 3X9
1-800-662-7197


An Anniversary Invitation



For 60th Anniversary
 Date July 29, 2006
 Time 1:30 - 4 p.m.
 Place Hillsdown Hall
 Given by Hillsdown W.I.
 R.S.V.P. by July 19 to Ada
749 2072 or Helen
@ 347-0697
 Hope you can come!



Charter Members Alice Murray & Kate
 Svederus, Pres. Carol Janssen, AWI Pres.
 Elect Darlene Wicks, District 3 Director
 Gloria Coates



Creative Arts thanks these
Women's Institutes for
their entries:

Ridgewood Women's
Institute

Pine Lake Institute

Balmoral Women's
Institute



Thank You



2006 Garden Club Members
Back L-R: Jackie Clutton, Cassandra Wattenbarger
Evan Koster, Julia Wattenbarger, Ashley Wattenbarger
Joanne Nicholson, Luke & Katrina Wattenbarger,



Agriculture and Environment dominated the program in the first fall meeting of the Pine Lake Women's Institute. Faye Nicholson, her husband, son and daughter-in-law have just returned from a trip across northern Saskatchewan and Manitoba. In her presentation, Mrs. Nicholson remarked on the contrast of pace of life as they again entered Alberta. The oil industry has created a fast hustle and bustle of high speed dense traffic, deteriorating infrastructure and unpleasant odours. She cautioned Albertans to preserve our "natural capital". This can partially accomplished through the biofuel revolution, wind energy and diversification. The speaker also touched upon the fluctuating price of wheat, diminishing B.C. fruit crops, Anthrax outbreak in



Pine Lake Women's Institute

Submitted by:
E. Marion Brown

Sept. 2006

Saskatchewan, River buffalo dairy and new slaughter plants coming on stream in Saskatchewan and Manitoba.

Fifty years of service have been completed by the Pine Lake branch and members were recognized for their dedication. Marion Brown presented 50 year **service pins** to Ella Sawyer and Doris Warke. (Marion Brown proudly wears her mother's 50 year pin.) 40 year pins were presented to Kathleen Lawrence and Lillie

Clutton; 30 year pins to Millie Munro and Isabelle Beck and Marilyn Wattenbarger received her 20 year pin. The summer months have been busy for the members.

Four members attended the FWIC Convention held in Red Deer in early June. Tours, speakers, entertainment and fellowship delighted those in attendance.

Alberta Women's Institutes can be proud of the success in hosting over 350 delegates from across Canada.

Nine gardens were completed in the children's garden club. Congratulations to Joanne Nicholson and Ashley Wattenbarger who received prizes for their entries in the annual Crossroads Agricultural Fair.

Five members joined Hillsdown W.I. in their afternoon 60th anniversary celebration. It was a pleasure to congratulate our

neighbouring branch on their years of service to Home & Country. The name of the late Vera Jennette Pierce will be submitted for entry into the Alberta Women's Institute's Book of Remembrance.



CIBC Run for the Cure

CANADIAN BREAST CANCER FOUNDATION

Marisa

Who are you running for?



Sunday, October 1, 2006

Time of Run: 10:00 am

Run Site Location: Lindsay Thurber Comprehensive High School
Red Deer

You can do something about breast cancer.
The donations you raise will make a difference.

Walk or Run, 5k or 1k

To register, fundraise or donate,
visit www.cbcbf.org

CANADIAN
BREAST CANCER
FOUNDATION*



FONDATION
CANADIENNE DU
CANCER DU SEIN*



For what matter





Pine Lake Women's Institute

Submitted by: E. Marion Brown

Samaritan's Purse Christmas Boxes was the program topic for the October meeting of the Pine Lake Women's Institute. Priscilla Riemer told her story of personally delivering the Canadian boxes to Nicaragua in 2000 and later to Costa Rica. The Christmas boxes are stored in a warehouse in Calgary,

double checked for suitability and sent by volunteers to the country of destination.

Although this project falls at the Christmas season for Canadians, they are presented to children at any time of year. Ms. Riemer related how these "miracle" boxes fit the recipients. One destitute mother received a box containing T-shirts, sleepers, etc to clothe her naked child. Another little girl had her wish granted when her box contained a Barbie doll.

Ms. Riemer participated in an all *Mother and Daughter* tour to Costa Rica where three distributions were completed each day and they never ran out of the gift boxes. Tupper ware boxes can be substituted for the shoeboxes. These are put to good use

by the family and are long lasting. Ms. Riemer encouraged her audience to include toques, socks and mitts for even hot countries have higher elevations that require warm clothing.

The Pine Lake ladies welcomed six guests to share a potluck supper in this "World Food Day" month and to share in the special presentation. Branch members will bring articles for the Christmas Boxes next month to fill two boxes, one for a boy and one for a girl 5-9 years.

Plans were finalized for the Constituency Conference at Ridgewood Saturday, October 28, 2006. Guest speaker, Barb Kingscot, will speak at 11:00 am. Her story of her travels across Canada on horseback is open to the public.



Kathleen Lawrence, Linda Holt,
Carol Janssen, Shirley Glover,
Doris Warke



Marion Brown, Marilyn
Wattenbarger, Teresa
Greening

Helen Vincent, Mary Valckx, Millie Munro
Priscilla Riemer



Marion Brown had participated in the CIBC Run for the Cure in Red Deer. She joined four other W.I. members and next year the organization will aim for a fun team of ten. The Alberta Women's Institute members had also assembled a "Run for the Cure" scarecrow for the Trochu competition.

A basket of jams and jellies will be donated to the HUB Race Nite. Each member also contributed \$4.50 for Associated Women of the World by emptying their mini stockings in which dimes are deposited each month.

Marion Brown

Associated Country Women of the World

Canadian Area Conference, Regina, Sask. Oct. 13 – 15, 2006

"Working With Women Worldwide"

Friday

7:30 p.m. Reception with proceeds to *1,000,00*

Sunday

- 9:00 a.m. Morning Worship Service / Kathleen Stangland
- 9:30 a.m. Resolutions & Business - *U.R. Biodiversity - Rev. Revolution 2007*
- 10:30 a.m. Coffee Break (time for room checkout)
- 11:00 a.m. Mildred Keith Canadian Area President ACWW
- 11:20 a.m. Unfinished Business
- 11:30 a.m. Jeanne Martinson
- 12:30 p.m. Wrap up and Brunch

*National ovarian
Cancer Organization*

10 yrs old

① support women

② awareness early detect

③ fund raise research

20 million

"Listen to the Whispers"

ACWW CANADIAN AREA CONFERENCE
WORKING WITH WOMEN WORLDWIDE

MARION BROWN
PENHOLD, AB



Brenda Willsie, Fern Killeen, Marion Brown, Florence Bernakevitch, Darlene Wicks, Faye Mayberry



Alberta Delegation



Past World Pres. Ellen McLean with Ursula Goh



World Pres Ursula Goh & ACWW
Treasurer Louise Nichols (USA)
With RCMP Personnel



Pres, Elect Ruth Blenkhorn & FWIC
Pres. Sheila Needham with Graduating
Officer

Mason

Red Deer Centre Women's Institute

Constituency Conference
October 28, 2006



Ridgewood Community Hall
Hosted by Ridgewood W.I. and Balmoral W.I.



Speaker and Author
Barb Kingscote



Pat Mayne, Mary Lawrence & Gayle Olson Entertain





W I

60TH ANNIVERSARY TEA

1946 - 2006

LACOMBE FOUR-POINT WOMEN'S INSTITUTE

THE KOZY KORNER

5024 - 53RD STREET

LACOMBE, ALBERTA

NOVEMBER 18TH, 2006

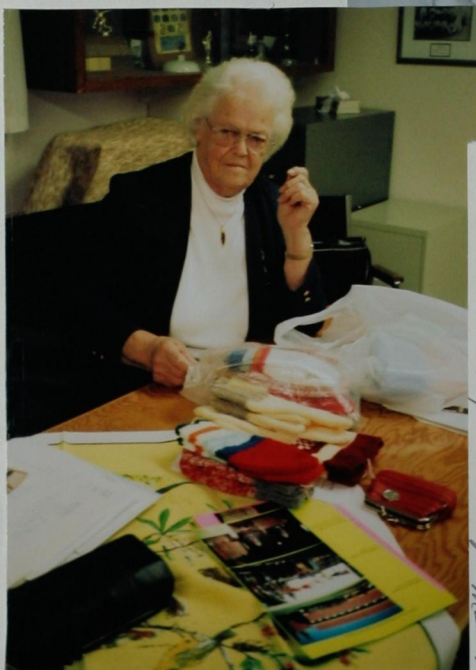
Helen Williams receives 60th Anniversary
Certificate from Director Brenda Willisie



Clem Woods Presented with service Pin
from District Director, Gloria Coates



LACOMBE FOUR-POINT
WOMEN'S INSTITUTE
60TH ANNIVERSARY TEA
NOVEMBER 2006



Thanks again for
 gifts. Staff presents of the Carol Center
 purple & yellow - 11/18/88
 11/18/88



Roll Calls & Fun Times Cont'd.

Canadian cities from scrambled letters

Name an executive member of FWIC

Animal quiz

Christmas Family Supper with extended family at the HUB Community Centre

Garden Party windup with "veggie" stew and ice cream

Hands on activity of making a pot pourri sachet from paper doilies

Constructed an angel and a Rudolph Christmas decoration

SPECIAL EVENTS & AWARDS

Vera Jennette Pierce passed away January 26, 2006 at the age of 96 years. Branch members were honoured to assist the family by serving lunch at the funeral February 3, 2006. The charter member was honoured at the Constituency and District meetings with a short history of her life and contributions to the community. Her name was also submitted to be entered into the Provincial Book of Memories.

Past member Blanche Mitchell passed away October 14, 2006 at the age of 93 years. It was a delight to have Blanche attend our 50th branch anniversary in April 2006.

Teresa Greening was saddened by the death of her father, Leo Wesley Campbell December 13, 2006 at the age of 80 years. He was predeceased by his wife, Audrey, on December 23, 2005.

Marilyn and Lewis Wattenbarger welcomed new granddaughter December 2, 2006. Proud parents are Calvin and Jennifer Wattenbarger.

E. Marion Brown



SANTA with CHILDREN at
ANNUAL CHRISTMAS W.I.
SUPPER

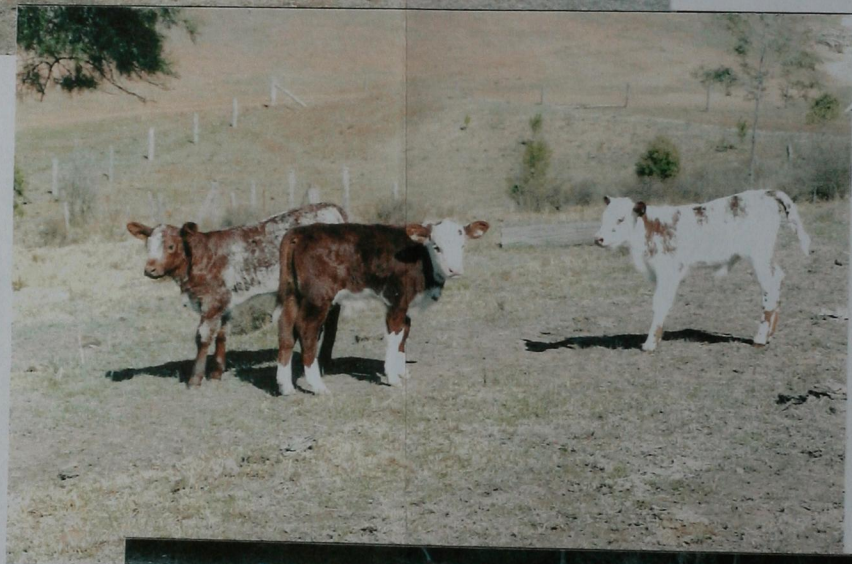
L-R from back: Cassandra holding
Amy Wattenbarger
Katrina, Julia, & Luke Wattenbarger
Jeffrey Greening
Jarrett & Brenna Nicholson, SANTA,
Conner Wattenbarger
Tristen Johannson & Ashley
Wattenbarger

2006

The countryside
at
Haden.



Spring
calves.



From
prolonged
drought!



Our Grandchildren: 2006

Lindsey
&
Karina



David,
Daniel,
Phillips,
Benjamin

December, 06.

Dear *Marion and Lachie,*

Christmas greetings to you, we trust you had a good year. 2006 has been another very dry one for us - it is not only in Our area, it is wide spread. It just goes on and on, life on the farm is getting harder, feeding hay to the cattle is a daily routine. We have weaned or sold most of this years calves to help the cows survive.

I have been working as the Haden School cleaner since July, It ties me down a fair bit but I enjoy the company and the money. Graham is kept busy with the farm, He turned 65 during the Year, so I suppose we will have to think about moving off the Farm before too much longer. We can still do the work but it Takes longer. Graham's knees are starting to give him trouble.

In April a Reinke Family Reunion was organized at the Goombungee Show Grounds, as this is one of the areas where Many Reinkes settled. The day was well attended and we met Up with relatives we hadn't seen in a long while and some we Had never met before. An interesting book was published. The original Reinke family arrived in Australia in 1876 from Prussia.

Our Grandchildren are all growing up, David was 12 in October- A teenager next year, he likes art, computer and soccer. Daniel does well in Sport, running and high jumping and is a good student. Benjamin likes to be doing things- a hands on person Can do nearly any thing. Phillip started school this year. The girls Are doing well too, Lindsey is a little lady, she was ten, is a keen Student, and likes swimming. Karina is a live - wire and a lovely Loving kid, she likes to do what her sister is doing, she started school this year too. The boys are involved in the Boy's Brigade and The girls are in the Girl's Brigade, they are run by the combined Christian Churches.

Last week Graham and I went on a bus excursion organized By the Boy's Brigade, we visited the Ipswich Railway Museum. It was and interesting day.

We were involved with an Accordion Festival in October at MacLagan, players come from far and wide, there are many very Talented players. An old time dance was held at night.

The end of year parties have all started, it becomes rather hectic. We still play indoor bowls and I still do some folk art with a couple Of friends. Have run out of paper !

19.12.06

Dear Marion, Thank you for the lovely card and letter and news of the Pine Lake Women's Institute. I read it all with interest, I plan to pass it on to Phillis and Betty.

Sorry I am running late with my Christmas mail.

Thankfully, we received almost 3 inches of rain last week so it is surprising how the countryside has a green tinge so quickly. Our Christmas wish is for another good fall by the 25th. Australia is drought stricken in many areas and the dams that supply the water to the towns and cities are extremely ~~low~~ low. Some under 30%. Water restrictions are in place, (Level 5)!

Merry
Christmas



2007 EVENTS & ACTIVITIES

OFFICERS — President---Marilyn Wattenbarger
 Vice-President—Faye Nicholson
 Secretary—Marion Brown
 Treasurer---Kathleen Lawrence
 Directors—Doris Warke
 Isabelle Beck

Sunshine---Kathleen Lawrence
 Historian---Marion Brown
 Educational Conveners – Branch Level
 Agricultural and Environment
 Citizenship and Education
 Handicraft
 Health
 Home Economics & Social Services
 International Affairs

No. of Meetings	10
No. of Active Members	9
Life Branch Members	4
Ave. Attendance	6.7
No. Perfect Att	3
Ave. No. Visitors	3
No. of donated hours	818
Book of Remembrance Honoree	Alvina Lillie Clutton

Faye Nicholson
 Isabelle Beck
 Doris Warke/Teresa Greening
 Ella Sawyer
 Kathleen Lawrence
 Marion Brown

MEMBERS: Isabelle Beck (G.), Marion Brown (R.), Lillie Clutton (R.), Teresa Greening (B.),
 Faye Nicholson (T.), Ella Sawyer (J.), Doris Warke (J.), Marilyn Wattenbarger (L)
Branch Life Members: Kathleen Lawrence, Millie Munro, Doris Warke, Ella Sawyer

THEME: CLIMATE CHANGE –Are you doing your bit?

BRANCH Fund Raisers: Coffee Party, Stocking Fund, Donations from members

SPEAKERS and their TOPICS:

Faye Nicholson—Agriculture and Environment—INTERNATIONAL POLAR YEAR

Plight of polar bear with melting ice; Ellesmere Island iceberg collapse

Millie Munro—Life of Mary Mercer, now 100 years old

Gloria Coates—ACWW Conference at Turku, Finland

Doris Warke—Christmas Craft Ideas; Cinnamon Stick Candle holder

MINUTE REPORT TOPICS: The clothesline campaign; e-waste; Impact of solar activity; 5th Year of Australian drought; Rededication of Vimy Ridge; Re-cycling building material; Antique posters found under floor boards; Two row Millhouse Barley—bread flour and noodle milling qualities.

BRANCH AND COMMUNITY ACTIVITIES

AWI Membership Dues: \$25.00/member plus \$5.00/member for *Home & Country*
 (PLWI members pay \$5.00)

Thought for the Month sets tone for each meeting

Fun Time –Responsibility of hostess or as indicated on the program



PINE LAKE Women's Institute

submitted by: E. Marion Brown

Branch Life Memberships were awarded to Doris Warke in person and Ella Sawyer in absentia at the March meeting of the Pine Lake Women's Institute. Both ladies are charter members of the branch and have served the community with this organization for over fifty continuous years. They have held executive positions at branch level and supported the organization at all levels. Doris Warke has served as Constituency Convener for Red Deer Centre and Educational Convener at provincial level. Congratulations were extended over birthday cake and tea as both ladies celebrate their eightieth birthdays this month. Husbands joined in the party as well as did Doris' daughter, Susan Cumby, from Comox. B.C. The Pine Lake Women's Institute branch has adopted the theme, "Climate Change –

Are you doing your bit? " in this International Polar Year. Shrinking arctic ice, northern ice shelves collapsing into the sea, the threat to

polar bears as access to their hunting and breeding grounds diminish are all being discussed and studied. The ladies all participate in every day recycling acts in their homes to better the environment. At the March meeting Pres. Marilyn Wattenbarger posed the question, "What impact has solar irradiance of increased solar activity on global warming?" We also asked, "What is the impact of our world population of 6.3 billion on our earth's resources?" Marion Brown read correspondence from Australian pen friends. The Haden area near Toowoomba, has suffered severe drought for five years. "Level Five" water restrictions are in place with all dams under 18% capacity. There is no watering of gardens so trees and shrubs have to make it on their own.

\$295.00 was contributed to the Heart Fund through the annual Heart Fund card party as well as other community donations.

Doris Warke informed the branch of changes in the Handicraft list as members prepare for the Constituency Handicraft Tea on April 28 at the Red Deer and District Museum. Plans were also formulated to participate in the 60th anniversary celebrations for Ridgewood W. I. On March 24 and District III Workshop on March 31 at Ponoka.



Doris Warke and Ella Sawyer receive Branch Life Memberships

from President Marilyn Wattenbarger





L-R: Marion Brown, Marilyn Wattenbarger, Doris Warke, Kathleen Lawrence, Faye Nicholson



April 10/07
 Members of Pine Lake, Inc.
 Thank you so much
 for the Branch Life
 membership, the "surprise"
 party and the lovely
 cake. Thank you for
 all the effort everyone
 put in. It means
 so much.

Sincerely,
 Doris Warke.

Marion

Pine Lake Women's Institutes 2007

International Polar Year

Theme for Year 2007:
Climate change – are you doing
your bit?

*Program booklets made
by Marilyn Wattenbarger*

March 13, 2007

Dear Pine Lake W. I. Friends:

Thank you for seeing me through
these last two and one half months. I
appreciated your telephone calls, baking,
thoughts and prayers! Thanks Marilyn
for your visit as you personally delivered
the amaryllis that spaced up into four
beautiful blooms! Thanks for taking care
of all my duties in my absence.

Marion

Final surgery

Reveal all carcinoma in node





60th Anniversary Tea 1947-2007 Ridgewood Women's Institute

March 24, 2007

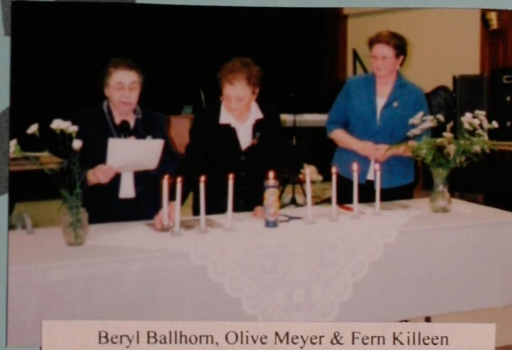


M.C. Faye Mayberry
Welcome Vi Moore
Congratulatory Messages
Ridgewood Hallboard Pat Moore
AWI Gloria Coates
Presentations
Photo Opportunity
History Dorothy Bickley
Entertainment Chatelaine
Reading Lynn Armstrong
Anniversary Cake

L-R: Evelyn Cressey, Sec; Bev Thomson, Nelly Moore, Vivian Stickland, Treasurer;
Yvonne Hogberg, Dorothy Bickley, Lynn Armstrong, Trudy Downey, Faye Mayberry,
Pres; Vi Moore

E. Marion Brown

**ALBERTA WOMEN'S INSTITUTE
DISTRICT 3 WORKSHOP/CONFERENCE
MARCH 31, 2007**



Beryl Ballhorn, Olive Meyer & Fern Killeen

**25th TRIENNIAL CONFERENCE
THEME - WOMEN IN MOTION**

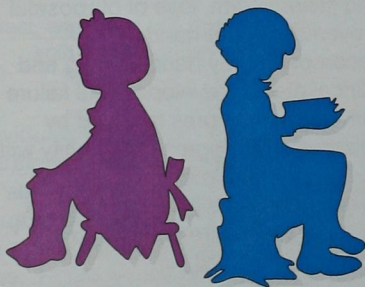
DIRECTOR - GLORIA COATES

Autism Inspirations

Consulting and Presentations



*Kitty Parlbay
Consultant & Speaker*



FRAUD

FRAUD

RECOGNIZE IT.

REPORT IT.

STOP IT.

March 2006

Fraud by telephone, Internet and mail is a serious international problem. It steals your money, your identity and even your self-respect. Protect yourself by learning to recognize fraud. Familiarize yourself with tips and information contained in this booklet.

PHONE BUSTERS

The Canadian Anti-Fraud Call Centre
Le centre d'appel anti-fraude du Canada

1-888-495-8501

www.phonebusters.com

RECOL.ca

Reporting Economic
Crime Online

**heads
up**

Fraud Prevention Information
www.heads-up.ca

Certificate of Recognition

Presented to:

Pine Lake Women's Institute

For

3rd Highest Points for Branch Participation

by The Red Deer Centre Women's Institute



April 20, 2007

DATE

J. Fyfe

HANDICRAFT CONVENOR

BRANCH AND COMMUNITY ACTIVITIES Cont'd.

Secret Sister names are drawn for remembering birthdays and anniversaries

Stocking Project continues with one dime for Jan., two for Feb., etc and allocated to the three levels of Women's Institutes—AWI, FWIC, ACWW

Heart Fund Card Party (\$295.00) and Cancer Canvas (\$170.00)

Roadside Clean Up supported and grass cutting on "W.I. Corner" funded

Annual Coffee Party—The morning event was again presented to the community to enjoy muffins and coffee cake over a cup of coffee and fellowship. Three men were welcomed. Tom Nicholson was the lucky winner of the Dahlia plant and Emily Benedict from Balmoral won the *Thingamaboob* key chain.

Children's Garden Club—Sponsored and judged six completed gardens. In addition the branch co-sponsored a "container workshop" at which nine participants assembled nine containers of flowers under the direction of Barb Curvollo of Parkland Nurseries. Gloria Beck of Parkland Nurseries presented garden gloves and \$10.00 gift certificate to Joanne Nicholson and Jeffery Greening for their winning containers. Each child received a garden satchel complete with tools as a gift from Community Savings, Red Deer at the wind up "garden party" August 28/07.

Crossroads Ag Fair—Sponsored Needlecraft Class of which Linda Holt was the winner. Sponsored two children's classes in the garden section and awarded \$15.00 prizes.

Donation of a basket of preserves to the annual HUB Race Nite

Red Deer Women's Emergency Shelter—Assembled \$150.00 worth of supplies for a "start up" basket instead of the Christmas Mug donation for the homeless

CONSTITUENCY SERVICES & ACTIVITIES

Red Deer Centre Constituency Handicraft Tea and Display—April 28, 2007 at the Red Deer Museum. Doris Warke and Marilyn Wattenbarger participated in the judging day and represented the branch on April 28. Pine Lake took third place in the branch standings. A quilt made by Doris Warke was placed on the "outstanding" table

Constituency Conference—October 13, 2007 hosted by Leslieville and Lacombe W.I. branches. Six members attended the daylong meeting with the theme, "Home Ec, and Social services" A. Lillie Clutton was honoured in the Remembrance Service.

Three members supported the Hillsdown branch at their annual May 26th tea and six Pine Lake members attended the Balmoral annual Christmas noon turkey dinner and afternoon of games and cards on Thursday, December 6, 2007.

Wild Rose Program for Constituency Conference April 14, 2007.

Registration and coffee 9:00-9:30

- 9:30 Opening ceremony.
Introduction of visitors
Address of welcome *Jane Bennett*

Ellen Butler

- 9:50 ✓ Memorial service
✓ Minutes of 2006
✓ Old business

- ✓ Financial report (on handouts)
✓ Secretaries + Education Reports *Nephne Edmondson*
✓ Bit of fun by Pat Van Tetering (Sec.)
✓ New business + CC report

Administration

*Committee of 2 members
from each of 3 branches*

Penpines for Friendship
\$70.54

monies go to the ACWW projects

10:30 Coffee break

- 11:00 Guest speaker: Karen Falk, Safety in action

Water Valley Fire Fighters' Emergency Service 51 women
your book 1) Heart Attack 2) Stroke

12:00 - 1:15

Lunch and browse.

Roll Call

- 1:20 ✓ Guest speaker: Local Author Marilyn Halvorson

*don't forget 911 - Use land line
don't panic - Emergency # by phone
dialing 911 - Address Bk
of patients involved
any hazards
what's the problem?*
*Campagna Hon't Cry
the 1st of Long I. Gabriel org
Date 'Cows Can't Fly'*

- 2:20 ✓ Laughing break with Jo

- 2:30 ✓ AWI -- Gloria Coats.

- 2:45 Entertainment by: E-Strings. *behind*

- 3:10 Homeward bound thoughts by Noreen Olson

Shopping Bags -

*Good Brothers
Tamar
- Siberia -
Cassio Rust Fly
Cabbag Root Fly*

Have a safe drive home

*stroke
brain
head pain
blurred/double vision
vision pupils
speech blurred
one side paralysis*
*speak a sentence
lift arms (equally)
squeeze hand ("")
patient comfort
nothing to eat or drink
arrived*

*CPR
not breathing
can hear heart beat
push hard / push fast*

Mary Stewart Collect

Keep us O Lord from pettiness,
Let us be large in thought, in word and deed,
Let us be done with fault finding
And leave off self-seeking,
May we put away all pretense and
Meet each other face to face,
Without self pity and without prejudice,
May we never be hasty in judgment
And always generous,
Let us take time for all things,
Make us grow calm, serene and gentle,
Teach us to put into action our better impulses
Straight forward and unafraid.
Grant that we may realize that it is the little things
That creates differences,
That in the big things of life we are one,
And may we strive to touch and know the great
Human heart common to us all; and
O Lord God, let us not forget to be kind.

Flag Salute.

I salute the flag, the emblem of my country,
And to Her I pledge my love and loyalty.

W.I. Grace

We thank thee Father, for they care,
Food, friends and kindnesses we share.
May we forever mindful be,
Of Home and Country and of Thee.

Continuing the Journey

In - Education

- Membership*
- Helping Others*
- Community*

Improvements

- Leadership Skills*

May 15, 16 & 17, 2007

Norsemen Inn,

6505 - 48 Avenue

Camrose, Alberta

T4V 3K3

1-877-477-9171

780

The Pine Lake garden club participants will be challenged to assemble a floral container as the special project for 2007. Gloria Beck of Parkland Nurseries is very interested in the garden club and has offered to do a "hands on" floral container demonstration for garden participants at the end of June or the beginning of July. Maximum cost will be \$5.00. Parkland Nurseries will award a prize to the best container at the end of the season.

Kathleen Lawrence reported that \$170.00 had been submitted to the Cancer office for the April fund raising drive from the Pine Lake community. Mrs. Lawrence had received a complimentary *Thingamaboo* kit visually displaying the size of lumps found in potential cancerous breasts. Only the very tiny lumps can be detected by regular mammograms, the next largest by clinical examinations, and the marble size by self-examination.

The AWI Constituency Handicraft Tea and Display held at the Red Deer Museum of April 28, 2007 had been enjoyed by over 80 in attendance. Pine Lake W.I. placed third in branch standings. Doris Warke is to be congratulated for her quilt that was placed on the outstanding table and for which she received double points. The

two special classes of "scarf" and "pyjama" attracted many entries. Vera Gingell, a new member from Leslieville W.I. was the winner of the door prize.

Marion Brown will be the official Pine Lake branch delegate for the AWI Provincial Convention at Camrose May 15, 16 and 17. The theme for the



Pine Lake Women's Institute

submitted by: E. Marion Brown

convention will be, *Continuing the Journey*. Speakers will be Christian Educator, Anne Zimmerman, Author/Speaker/Joyologist, Rosabelle Daugela, and Editor/Reporter, Kevin Weedmark.

A resolution regarding increased funding for Second Stage Women's Shelters will be one matter for discussion.

The annual Coffee Party will be held on Wednesday, June 6, 2007 from 9:00 to 11:00 am at the HUB Community Centre. Come and enjoy fellowship over a cup of coffee. Baking and plants will be for sale.



L-R: Aiden & Evan Koster, Barb Curvollo, Jeffrey Greening, Ashley & Luke Wattenbarger

Katrina Wattenbarger, Joanne Nicholson

WITH A HEART OF GOLD



***Alvina Lillie
Clutton***
1929 ~ 2007

CLUTTON

Alvina Lillie passed away at the Valley Park Manor in Red Deer on Saturday, June 23, at the age of 78 years. Lillie will be lovingly remembered by her husband Roy of 52 years, her daughters Betty-Anne (Matt) Payette of Calgary, Patsy (Ken) Ehrmann of Olds, her son Ken (Carol) Clutton of Pine Lake, four grandchildren David Ehrmann, Alex and Jackie Clutton and Amanda Payette. Lillie will also be missed by her three sisters Marion (Roy) Brown, Juliana (Roy) Schafer, Blanche (Norrie) Cunningham, and her brother Frank (Barb) Dallaire. Lillie was predeceased by her parents Frank and Edith, and infant brother Stephen Dallaire. Lillie was a teacher for over 30 years, and taught mainly in Delburne AB. Lillie was a member of the Women's Institute since 1958 and was actively involved in many community organizations.

Lillie was known for her arts and crafts in which she received numerous awards for. Lillie and Roy were active farmers in Pine Lake until moving to Red Deer in 1999. A Celebration of Life Service will be held at Gaetz Memorial United Church located at 4758 Ross Street on Thursday, June 28, 2007 at 2:00 p.m. with Reverend Fran Hare officiating. Memorial Donations may be made to the Donor's choice in memory of Lillie. Condolences can be forwarded to the family at www.parklandfuneralhome.com. In living memory of Alvina Lillie, a tree will be planted in the Parkland Funeral Home and Crematorium Memorial Tree Park, Red Deer County.

CHERISHED ALWAYS

Alvina Lillie Clutton

BORN

Friday, March 22, 1929
Red Deer, Alberta

PASSED AWAY

Saturday, June 23, 2007
Red Deer, Alberta

AGE

78 Years

HONOURARY PALLBEARERS

All Of Lillie's Loving Friends And
Family That Are Present Today.

GRAVESIDE SERVICE

Was Held At The Red Deer Cemetery,
Red Deer, Alberta
Thursday, June 28, 2007
At 11:00 A.M.
Plot U-264



CELEBRATION OF LIFE

Thursday, June 28, 2007
At Gaetz Memorial United Church
4758 Ross Street
Red Deer, Alberta
At 2:00 P.M.

OFFICIATING

Reverend Fran Hare

TRIBUTE

Frank Dallaire ~ Brother

ORGANIST

Miriam Pratt

HYMNS

"In The Garden"
"Unto The Hills" Page 842
"How Great Thou Art" Page 238

Family And Friends Are Invited To Share
A Time Of Fellowship In The
Gaetz Memorial United Church Hall
Following The Memorial Service.



PINE LAKE WOMEN'S INSTITUTE

The Pine Lake Women's Institute children's garden club has just completed a very successful summer. In addition to the gardens, nine children participated in a "container" workshop hosted by Parkland Nurseries of Red Deer. Barb Curvollo instructed the gardeners in placing various flowered plants in a container to make an attractive outdoor planter. The children tended the container over the summer and Gloria Beck and Barb Curvollo presented Joanne Nicholson with a prize at the garden club party in late August for her winning entry. Ella Sawyer was the winner of the adult prize and member of the sponsoring group.

Thanks is extended to Doris Warke and Kathleen Lawrence for judging all the gardens and preparing the attractive score sheets complete with ribbons and Alberta Rose stickers for each participant. Doris Warke was in charge of making the stew from the children's vegetables and Kathleen Lawrence supplied the ice cream, cones, and raspberry/rhubarb topping for the wind up party supper. In addition each child received a garden satchel complete with tools as a gift from Community Savings, Red Deer. Thanks to Vanessa Elliott for making this gift possible.

Plans were formulated for the Red Deer Constituency Conference Saturday, October 13, 2007 at the Leslieville Community Hall 9:00 - 4:00 pm. Leslieville and Lacombe W. I. branches will co-host the constituency meeting with the theme, Health, Home Ec and Social Services. Each branch will contribute to the display and supply a gift item.

Other summer activities included sponsoring and supplying a gift for the Handicraft Class for the Crossroads Agricultural Fair. Linda Holt was the winner.

A memorial tribute was made in the name of Alvina Lillie Clutton to the Alberta Women's Institute Handicraft Fund. Lillie was a long time member of the Pine Lake branch who passed away June 23, 2007.



Back: Unknown, Bernice Willsie, Blanche Cunningham, Marion Brown

Juliana Schafer, Patsy Ehrmann, Betty-Anne Payette



To the ladies of the
Pine Lake WI

*Your thoughtfulness
was appreciated.*

Thank-you for your donation
to the Alberta Women's
Institute
Roy & family.



Linda Holt wins W.I. Handicraft prize by

Marilyn Wattenbarger

Marion Blount

Red Deer Centre Women's Institute

Constituency Conference
October 13, 2007



L-R: Barbara Jahraus, Helen Williams & Marcella Bacso

conduct Memorial Service

Leslieville Community Hall

Hosted by Lacombe Four Point W.I. and Leslieville W.I.



PINE LAKE WOMEN'S INSTITUTE

by E. Marion Brown

The Pine Lake Women's Institute welcomed Hillsdown W.I. guests Helen Vincent and Roberta Peters to their "pot luck" supper and hear the presentation of District III Director, Gloria Coates. Ms. Coates related her first hand experiences as she attended the ACWW 25th Triennial Conference in Turku, Finland June 2-10, 2007. She was thrilled to visit this Scandinavian country that lies primarily above the 60th parallel. The two official languages are Finnish and Swedish with the younger population fluent in English. The 5.3 million population has a density of seven per square kilometer. 2/3 live in the urban areas and 1/3 in the rural area where 6% of the land mass is cultivated. Finland is environmentally conscious preserving its thousands of lakes and islands. Agriculture and forestry make up the main occupations but technology is exemplified by the Nokia cell phone company. 97% of the people use cell phones. Education is held in high esteem in a country with compulsory education for all children 7-16 years of age. Twenty universities and twenty-nine polytechs meet the need for higher educational training.

The conference theme, "Winning the Way for Women", dwelt on equality, development and peace. World President Ursula Goh said the tsunami challenged the world women and urged everyone to continue the support of women who are developing new skills to cope with the tragedy. Mrs. Goh will serve an additional three years. Margaret Yetman from Newfoundland is Canada's representative. Members of the Pine Lake W.I. each contributed \$4.50 toward the ACWW Pennies for Friendship fund.

Branch members made plans to attend the annual Red Deer Centre Constituency Conference October 13, 2007 at Leslieville Community Hall. Members will bring display items and a gift basket around the theme. Health, Home Ec. and Social Services.

Plans are in place for the upcoming annual Christmas Family Supper and the Community Race Nite event.



Doris Warke, Roberta Peters, Helen Vincent



Isabelle Beck, Teresa Greening, Millie Munro, Faye Nicholson



Gloria Coates, District III Director

AWI ACTIVITIES AND SERVICES

District III Workshop—Ponoka, March 31, 2007 with four members in attendance. PLWI supplied a jelly gift basket. Inspirational speakers spoke on *Autism*, *Identity Theft* and *Wind Power*. Conference under the direction of District Director Gloria Coates.

AWI Provincial Convention—Camrose, June 7-9 attended by one member. Joyologist Rosabelle Daugela, and Reporter Kevin Weedmark presented, 'Secrets on the Joy of Living' and slide presentation of Afghanistan respectively. Darlene Wicks has assumed the duties of President of AWI with the resignation of Phyllis Kosik.

\$5.00 Office Fund Donation from each member and a \$51.00 donation to the AWI Handicraft Fund in memory of A. Lillie Clutton who passed away June 23, 2007.

FWIC ACTIVITIES AND SERVICES

\$2.30 donation from each member to the Adelaide Hoodless Homestead Fund.

FWIC Past President Margaret Yetman is presently serving as Area President for Canada on ACWW

ACWW ACTIVITIES AND SERVICES

Donation to *Pennies for Friendship*

Operation Christmas Child – A plastic container was filled for a boy 6-9 yrs. and a girl 10-14 yrs. Postage of \$7.00 was covered for each container.

Continued contact with pen friend Lyn Reinke of Haden, Australia. Correspondence has continued with the Haden ladies for over forty years.

ROLL CALLS AND FUN TIMES

Love story about a person, animal etc.

Think Green! Environment, What are you doing?

Bring an Easter treat to share for lunch.

Exchange a seed package or a bedding plant

Name a member of ACWW

Christmas Family supper at the HUB Community Centre

Pot luck lunch at member's home followed by the "container workshop"

Garden Party windup with "veggie" stew and ice cream



L-R: (Men) John Warke, Tom Nicholson, John Sawyer, Lewis Wattenbarger, Gordon Beck, Roy Clutton, Roy Brown

Faye Nicholson, Marilyn Wattenbarger, Isabelle Beck, Kathleen Lawrence

(Seated) Doris Warke, Millie Munro, Teresa Greening, Ella Sawyer, Marion Brown



Sandra & Percy Pierce cater to W.I. Christmas Supper







L-R: Kathleen Lawrence, Millie Munro, Faye Nicholson, Marion Brown, Marilyn Wattenbarger,

(Teresa Greening), Doris Warke

Gifts for

C.A.W.E.S.

Central Alberta Women's Emergency Shelter

P.O. BOX 561 RED DEER, ALBERTA T4N 5G1



TWELVE KOALAS CLIMBING

ELEVEN POSSUMS PLAYING

TEN SLEEPY SWAGGIES



NINE LIZARDS LEAPING

EIGHT WOMBATS DIGGING



SEVEN BLACK SWANS GLIDING

SIX PLATYPUS SWIMMING

FIVE KANGAROOS

FOUR PINK GALAHS

THREE COCKATOOS

TWO EMUS FEEDING

AND A KOOKABURRA

... UP A GUM TREE



BRANCH LIFE MEMBERSHIPS were awarded to Doris Warke in person and Ella Sawyer in absentia as both ladies celebrated their 80th birthdays. Both ladies are charter members of the branch and have served the community with this organization for over fifty continuous years. They have held executive positions at branch level and supported the organization at all levels. Doris Warke served as Constituency Convener for Red Deer Centre and Educational Convener at provincial level. Congratulations were extended over birthday cake and tea with husbands and Doris' daughter, Susan Cumby from Comox, B.C. in attendance.

A Lillie Clutton passed away on June 23, 2007 at the age of 78 years. She was a long time member of Pine Lake W.I. serving for 49 years. Lillie's special gift in creating beautiful handicraft was recognized with a memorial gift to Alberta Women's Institute Handicraft Fund.

After 51 years of service to the Pine Lake community the decision was made to disband. Money will be dispersed to the various levels of Women's Institutes and charities. An engraved plaque will hang in the HUB Community Centre documenting the life of the branch.

Pine Lake Women's Institute disbanding

By E. Marion Brown

Pine Lake Women's Institute will disband at 11:59 p.m. on Monday, Dec. 31, 2007 at the age of 51 years, 8 months and 14 days. Pine Lake W.I. was formed at 2:30 pm on Tuesday, April 17, 1956 at the home of E. Marion Brown and continued to meet the second Tuesday of the month for the life of the branch.

The branch met at the members' home and in later years at the HUB Community Centre to carry out its program for Home and Country. The Pine Lake Women's Institute is survived by members: Isabelle Beck (33 years), E. Marion Brown (52 years), Teressa Greening (9 years), Kathleen Lawrence (42 years), Millie Munro (40 years), Faye Nicholson (8 years), Ella Sawyer (52 years), Doris Warke (52 years) and Marilyn Wattenbarger (24 years).

Final respects were paid to the branch at the Christmas Family Supper on Dec. 7 and at the final meeting Dec. 11. An engraved plaque will hang in the HUB Community Centre documenting the life of the branch.