

Soromundi . . .

THE EDMONTON YWCA
CONNECTION . . .
WORLD-WIDE



SOROMUNDI . . . SISTERS OF THE WORLD

We are each others sisters, six million women from all parts of the globe, through our membership in the Young Women's Christian Association.

Through our belief in improving the status of women world-wide, the YWCA recognizes the combined need for helping women develop as individuals and for social action aimed at eliminating civil, social and political discrimination against women.

MAKING CONNECTIONS

Through membership in the Edmonton YWCA we are also represented through the YWCA of Canada and the World YWCA whose office is in Geneva, Switzerland. More than 87 countries form the World YWCA and delegates are elected from local YWCAs to represent the membership at national and international events.

COOPERATING FOR DEVELOPMENT

The YWCA believes that 'all human beings are equal in worth and dignity and have the right to social and economic justice; all human beings must learn to live and work together as partners, sharing human gifts and skills along with cultural and material resources for the common good'.

Only through understanding development issues in our own country . . . what prevents some Canadians from living full and decent lives? — can we share the challenges faced by women in other countries . . . what prevents the majority of Third World peoples from living full and decent lives?

DO YOU MATTER?

As a YWCA member your voice and effort count. As an established world-wide organization, founded in 1855, the YWCA does have impact in the world community. As the largest women's group in the world the YWCA has significantly affected the outcome of issues relating to world health, peace, education and political injustice.

Member's efforts have assisted in the development of literacy, job training, health, food production and refugee projects world-wide.

HOW CAN YOU GET INVOLVED?

As a volunteer member of the Edmonton YWCA 'Cooperation for Development' Committee, your skills and time are valuable contributions in the areas of:

- local development education;
- researching social action issues;
- development of human and financial resources.

In recent years the Edmonton YWCA 'C for D' Committee has been involved in projects relating to literacy, world use of food resources, nuclear weapons and world peace, breast feeding and Third World infants, and development programs for women.

FOR FURTHER INFORMATION:

Write . . .

'Cooperation for Development' Committee
Edmonton YWCA
10305 - 100 Avenue
EDMONTON, Alberta
T5J 3C8



WNGA

Special Services

Recreation for Adults
and Children with Special
Needs . . .

Recreation for Adults and Children with Special Needs . . .

The Edmonton YWCA encourages the participation of individuals who are mentally or physically disabled in all YWCA programs. Assistance can be provided to ensure the successful participation of an individual in a variety of opportunities. If you would like further information regarding programs or require assistance in participating in other YWCA programs or services, please contact Suzanne Norris, Special Services Director at 423-9922.

Our Purpose . . .

To ensure that disabled individuals have equal access to the facilities, programs and services of the Edmonton YWCA.

Our Goals . . .

- To offer a variety of instructional/recreational programs for mentally handicapped individuals as a means of upgrading their individual, social, communication and activity skill level for future integration in community recreational programs.
- To provide leisure counselling assistance to individuals with special needs.
- To match clients with a trained volunteer who will assist them with choosing and participating in YWCA or other community programs.
- To educate staff and volunteers at in-services and orientations regarding the involvement of handicapped clients in YWCA programs and services in an effort to promote positive attitudes and encourage the acceptance of individuals with a handicap or disability.
- To educate the public regarding persons who are handicapped in an effort to improve attitudes and to encourage the acceptance of individuals with a handicap or disability

Who Might be Interested in Our Services? . . .

- Men, women and children who have special needs.
- Group Home Staff.
- Parents of mentally or physically handicapped children.
- Advocate organizations for the disabled.
- Rehabilitation organizations.
- Educators/recreation programmers and administrators.

Leisure Counselling Services . . .

The Special Services Department can provide leisure counselling and assistance to individuals with special needs.

What is Leisure Counselling? . . .

Leisure counselling assists an individual in matters of self-understanding, decision-making and problem-solving in relation to his/her leisure attitudes, interests and explores opportunities available in the community to meet the individual's leisure needs and interests.

Leisure Partners . . .

Leisure Partners is a new service being offered by the YWCA with the goal of matching a volunteer from the community with a disabled client who is interested in participating in community recreation programs and services. The role of the volunteer will be to offer support to the client and assist with his/her integration into community programs. For further information, please contact Suzanne Norris, Special Services Director at 423-9922.

Instructional/Recreational Programs . . .

The following programs are being offered for individuals who are mentally handicapped to help prepare them for participating in typical leisure activities in individual, family and community settings.

Adult Recreation Programs . . .

Cooking and Nutrition	Rock 'N Roll
Chinese Cooking	(Swing-Jive
International Cooking	Dancing)
Rug Hooking	Social Dance
Christmas Crafts	Aerobic Fitstarts
Leisure Awareness	Weekend Outdoor
Weight Training	Camping
Aquafitness	Experiences

Recreation Programs for Teens . . .

Leisure Awareness for Teens
Weekend Outdoor Camping Experiences

Children's Programs . . .

Movin' - is a specialized gym program for children 6-10 years who have motor coordination problems. The purpose of the program is to have fun, interact socially and learn some basic physical skills. The emphasis is on non-competitive activities with time spent assisting the child in throwing and catching balls, running, climbing, jumping and activities to help improve coordination, strength and flexibility.

Many opportunities also exist for participating in other YWCA preschool and youth programs. Assistance may be available to allow children with special needs to more easily participate in these classes. Call Suzanne Norris at 423-9922.



The logo for WWGA is displayed in a large, white, stylized font. The letters are thick and have a slightly irregular, hand-drawn appearance. The logo is set against a solid blue background that forms a diagonal band across the top of the page. Above this band, the background consists of fine, parallel blue lines sloping downwards from left to right.

WWGA

Family Relief Service

**CARE IN YOUR HOME
FOR HANDICAPPED
INDIVIDUALS**

The **YWCA Family Relief Service** provides home-based relief care designed to reinforce the family and the community as the natural environment for the disabled individual.

The **YWCA Family Relief Service** can provide trained staff for short term or temporary relief care to allow the family to meet immediate support needs, fulfill vacation plans, or take a break from the demands of continuous care.

Family Relief Services include:

Companion/Sitters . . . who will provide personal care in the home for a few hours at a time.

Community Host Families . . . who will provide relief services in their own home.

Homemakers . . . who will provide twenty-four hour care in the home of the handicapped person to that person and other family members.

Who Qualifies for Services?

Those suited to using this service are families having children or adults who are mentally handicapped, physically disabled (including sensory disabled), or multiply handicapped. This may include caring for dependent elderly persons when other community services are not available.

We are unable to serve those persons who require specialized nursing care or whose behaviour is such that they are a threat to themselves or others. Staff will assist in referring to other appropriate resources in the community.

Cost for Service

A fee schedule is available from the Family Relief Service office.

Our Staff . . .

Our staff include a full-time Director, Client Services Coordinator and Secretary who coordinate the YWCA Family Relief Service and many part time Care Providers who are carefully recruited, interviewed and screened for suitability. The YWCA provides ongoing inservice training, evaluation and supervision for them. Care Providers are available to work flexible hours suited to your needs, including half days, evenings and weekends.

Requests for Service

Requests should be made by families to the **YWCA Family Relief Service** office. (423-9922).

Families are involved in the decision making and planning of relief care. A home visit is necessary to design an individualized care plan.



The YWCA Family Relief Service is funded by Edmonton Social Services through the Family and Community Support Services program.

YWCA

Drop In Childcare Service



Call Us!
423-9922

- **Quality hourly care for children infant - five years**
- **No reservations necessary**

Need a Break?

We specialize in part-time, short-term, emergency and casual day care for preschoolers. Use YWCA Drop In Childcare when you need the convenience of flexible, hourly care. No reservations are required.

Especially for Your Child ...

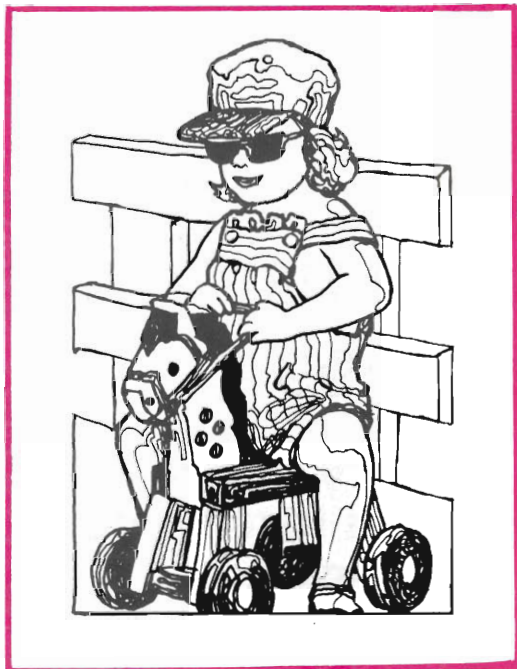
- warm sensitive staff
- safe, stimulating environment
- variety of indoor/outdoor activities
- mid morning and afternoon snacks
- an outdoor playground including carpeted deck for infants
- access to gym and swim classes

Hours ...

7:30 a.m. - 5:45 p.m. Monday - Friday

9:00 a.m. - 4:00 p.m. Saturday

Please allow 5 - 10 minutes to register your child.



Who Cares For Your Child?

Trained and supervised childcare workers with a staff/child ratio of ...

1:3 — 0-18 months

1:5 — 19-35 months

1:8 — 3-5 years



What to bring ...

- a packed lunch and/or bottles
- disposable diapers for infants and extra clothes for children under 4 years

Call Us!

423-9922

The YWCA reserves the right to turn away clients on the rare occasions when the facility is filled to capacity.

The YWCA is willing to negotiate with families requiring financial assistance. Please contact the YWCA Childcare Director.



The YWCA is a voluntary, non profit association. The Drop In Childcare Service is funded by user fees, The United Way, The Government of Alberta and YWCA fundraising projects.

**10305 -
100 Avenue
Edmonton,
Alberta
423-9922**